

Below is an extensive list of recommended reading for further learning. The resources are grouped under the following headings (click to jump to each):

- [Health Literacy](#)
- [Aboriginal and Torres Strait Islander health beliefs](#)
- [Other culturally and linguistically diverse health beliefs](#)
- [Patient centred care approach](#)
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Health literacy

Title	Summary	Type (academic/other...)	ED-specific?	Country
Zarcadoolas, Christina, Andrew Pleasant, and David S. Greer. "Elaborating a definition of health literacy: a commentary." <i>Journal of Health Communication</i> 8.S1 (2003): 119-120.	Defines and explores a framework for understanding what health literacy is	Article	No	US
Jordan, Joanne E., Rachelle Buchbinder, and Richard H. Osborne. "Conceptualising health literacy from the patient perspective." <i>Patient education and counseling</i> 79.1 (2010): 36-42.	Interviews with patients, including ED patients, on their perspectives on what is necessary for health literacy; focusses on assessment of health literacy needs	Article	Partial	Australia
Shohet, L. I. N. D. A. "Health and literacy: Perspectives." <i>Literacy and Numeracy Studies</i> 13.1 (2004): 65-83.	Explores history of development of health literacy and relevant aspects, including education fields	Article	No	US
http://www.healthliteracy.com/articles.asp		Range of articles exploring health literacy issues and approaches	No	US
Nutbeam, Don. "Health literacy as a public health goal: a challenge for contemporary health education and communication strategies into the 21st century." <i>Health promotion international</i> 15.3 (2000): 259-267.	Discussion on components of health literacy and explores strategies for improvement	Article	No	UK
Singleton, Kate, and E. Krause. "Understanding cultural and linguistic barriers to health literacy." <i>OJIN: The online journal of issues in nursing</i> 14.3 (2009).	Explores the relationship between language, culture and health literacy; includes detailed definitions	Article	No (nursing)	US
Pignone, Michael, et al. "Interventions to improve health outcomes for patients with low literacy." <i>Journal of general internal medicine</i> 20.2 (2005): 185-192.	Systematic Review of the literature exploring association of health literacy and poorer health outcomes	Article	No	US
DeWalt, Darren A., et al. "Literacy and health outcomes." <i>Journal of General Internal Medicine</i> 19.12 (2004): 1228-1239.	Systematic Review of the literature exploring association of health literacy and poorer health outcomes	Article	No	US

Basu, A, Brinson, D, Ali, W and Smartt, P. Interventions to mitigate the effects of low health literacy: a systematic review of the literature. HSAC Report; 2010; 3(21)	What works and what doesn't in attempting to improve health literacy	Article	No	NZ
Adams, Robert J., et al. "Risks associated with low functional health literacy in an Australian population." <i>Med J Aust</i> 191.10 (2009): 530-534.	Explores demographic and illness related risks with levels of functional health literacy within general Australian population via cross-sectional survey	Article	No	Australia
Australian Bureau of Statistics. Health literacy, Australia. Canberra: ABS, 2008. (ABS Cat. No. 4233.0.) via http://www.abs.gov.au/AUSSTATS/abs@.nsf/DetailsPage/4233.02006	Report on health literacy rates in Australian population and demographics by ABS	Report	No	Australia

Aboriginal and Torres Strait Islander health beliefs

<u>Title</u>	<u>Summary</u>	<u>Type (academic/other...)</u>	<u>ED-specific?</u>	<u>Country</u>
Vass, Alyssa, Alice Mitchell, and Yurranydjil Dhurrkay. "Health literacy and Australian Indigenous peoples: an analysis of the role of language and worldview." <i>Health Promotion Journal of Australia</i> 22.1 (2011): 33-37.	Explores in depth the relationship between language, culture and health literacy	Article	No	Australia
Podcast: Health and Cultural Beliefs – A Torres Strait Island example via https://www.acem.org.au/Education-Training/Educational-resources/Indigenous-Health-Cultural-Competency-(IH-CC).aspx	A case study exploring Torres Strait Island health beliefs and relevancy to clinical practice	Video podcast	No	Torres Strait, Australia
Honeyman, Peter T., and Eva A. Jacobs. "Effects of culture on back pain in Australian aboriginals." <i>Spine</i> 21.7 (1996): 841-843.	Explores expression of pain in Aboriginal patients	Article	No	Australia
London, Jason A., and Steven Guthridge. "Aboriginal perspectives of diabetes in a remote community in the Northern Territory." <i>Australian and New Zealand Journal of Public Health</i> 22.6 (1998): 726-728.	Qualitative analysis of interviews with remote Aboriginal community members on their understanding of diabetes and include arguments for a mutual understanding approach for improving management	Article	No	NT, Australia
Ralph-Flint, J. "Cultural borrowing and sharing: aboriginal bush medicine in practice." <i>The Australian journal of holistic nursing</i> 8.1 (2001): 43.	Overview of ways in which Aboriginal people of the Northern Territory continue to approach health related issues by integrating traditional and modern lifestyles and sharing information.	Article	No	Australia
Pearn, John. "The world's longest surviving paediatric practices: some themes of Aboriginal medical ethnobotany in Australia." <i>Journal of paediatrics and child health</i> 41.5-6 (2005): 284-290.	Explores in depth a range of applications of traditional medicines and practices in diverse Aboriginal communities	Article	No	Australia

Morgan, Douglas L., Malcolm D. Slade, and Catherine Morgan. "Aboriginal philosophy and its impact on health care outcomes." <i>Australian and New Zealand Journal of Public Health</i> 21.6 (1997): 597-601.	Explores multitude of elements associated with health beliefs and interactions with Western health settings, including a focus on "shame", identity, concrete constructions and relationship	Article	No	Australia
Maher, Patrick. "A review of 'traditional' Aboriginal health beliefs." <i>Australian journal of rural health</i> 7.4 (1999): 229-236.	Excellent in-depth exploration of Aboriginal health beliefs and their interaction with Western models of care	Article	No	Australia
Garvey, G., et al. "Is there an Aboriginal bioethic?." <i>Journal of medical ethics</i> 30.6 (2004): 570-575.	Discusses in depth the general foundations of aboriginal constructs of health and wellbeing and how these discourses differ/interact with Western models	Article	No	Australia
Shahid, Shaouli, et al. "Research" If you don't believe it, it won't help you": use of bush medicine in treating cancer among Aboriginal people in Western Australia." <i>J Ethnobiol Ethnomed</i> 6 (2010): 18.	Explores use of and meaning attached to traditional healing practices	Article	No – oncological	Australia
Boddington, Paula, and Ulla Räisänen. "Theoretical and practical issues in the definition of health: Insights from Aboriginal Australia." <i>Journal of Medicine and Philosophy</i> 34.1 (2009): 49-67.	Descriptive discussion on the concept of "health" and how it is posited in policy, international definitions and Aboriginal contexts	Article	No	Australia
Kingsley, Jonathan, et al. "Developing an Exploratory Framework Linking Australian Aboriginal Peoples' Connection to Country and Concepts of Wellbeing." <i>International journal of environmental research and public health</i> 10.2 (2013): 678-698.	Discussion on various models for understanding Aboriginal connections to Country and its relationship to wellbeing	Article	No	Vic, Australia

Other culturally and linguistically diverse health beliefs

Title	Summary	Type (academic/other...)	ED-specific?	Country
Maori Health models via: http://www.health.govt.nz/our-work/populations/maori-health/maori-health-models	NZ Ministry of Health website exploring the wholistic framework of Maori health models	Website	No	NZ
<i>Anne Fadiman. The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures. Farrar, Straus and Giroux 1998</i>	Explores interactions between Western and Hmong health beliefs and epilepsy treatment; insightful exploration of how culture impacts on health	Book	No	US
NZ Ministry of Health "Maori health models - Te Whare Tapa Wha" http://www.health.govt.nz/our-work/populations/maori-health/maori-health-models/maori-health-models-te-whare-tapa-wha	Explores Maori health models	Website	No	NZ

Flores, Glenn. "Culture and the patient-physician relationship: achieving cultural competency in health care." <i>Journal of Pediatrics</i> 136.1 (2000): 14-23.	Explores cultural competency from perspective of Latino's health beliefs in US	Article	No	US
Burrows Simpson, Peggy. "Family beliefs about diet and traditional Chinese medicine for Hong Kong women with breast cancer." <i>Oncology nursing forum</i> . Vol. 30. No. 5. Oncology Nursing Society, 2003.	Exploring chinese beliefs about cancer causation and treatment	Article	No - oncology	Hong Kong
Thorne, Sally. "Health belief systems in perspective." <i>Journal of advanced nursing</i> 18.12 (1993): 1931-1941.	Critical analysis on the positioning of western and non-western health beliefs	Article	No	Canada
Roy, Lonnie C., Diana Torrez, and Juanita Conkin Dale. "Ethnicity, traditional health beliefs, and health-seeking behavior: Guardians' attitudes regarding their children's medical treatment." <i>Journal of Pediatric Health Care</i> 18.1 (2004): 22-29.	Explores diversity within and between Hispanic, African American and White Americans regarding beliefs and use of home remedies vs Western care	Article	No (although references acute care)	US
Lovering, Sandy. "Cultural attitudes and beliefs about pain." <i>Journal of Transcultural Nursing</i> 17.4 (2006): 389-395.	Explores cultural attitudes, beliefs and behaviours regarding pain in Saudi Arabia and its relationship to understandings of pain within multi-cultural health teams	Article	No	Saudi Arabia
Ismail, Hanif, et al. "Religious beliefs about causes and treatment of epilepsy." <i>The British Journal of General Practice</i> 55.510 (2005): 26.	Explores health beliefs about epilepsy in South east Asian communities in the UK	Article	No	UK
Furnham, Adrian. "Explaining health and illness: lay perceptions on current and future health, the causes of illness, and the nature of recovery." <i>Social Science & Medicine</i> 39.5 (1994): 715-725.	Qualitative study exploring diversity of health beliefs and behaviours matched against demographics; in context of literature around health beliefs generally	Article	No	UK
Leong, Kai'En, Tracey J. Weiland, and Andrew W. Dent. "Exploring beliefs of the four major ethnic groups in Melbourne regarding healthcare and treatment." <i>Australian Health Review</i> 34.4 (2010): 458-466.	Explores and compares perspectives of patients and doctors on their health care experiences; interview based study	Article	Yes	Vic, Australia
Intercultural Competency for Medical Specialists: E-Learning Modules via ACEMs moodle site	Module 6: Explanatory Models	Module	No – specialist level education	Australia

Patient centred care approach

<u>Title</u>	<u>Summary</u>	<u>Type</u> <u>(academic/other...)</u>	<u>ED-specific?</u>	<u>Country</u>
Lang, Forrest, Michael R. Floyd, and Kathleen L. Beine. "Clues to patients' explanations and concerns about their illnesses: A call for active listening." <i>Archives of Family Medicine</i> 9.3 (2000): 222.	Explores clinical approach to eliciting the patients explanatory model of illness	Academic	No but principle based	US
Stevenson, A. C. "Compassion and patient centred care." <i>Australian family physician</i> 31.12 (2002): 1103.	Explores the clinical approach to patient centred care	Academic	Primary Care – principle based	Australian
McDonald, Heather. "East Kimberley Concepts of Health and Illness: A contribution to intercultural health programs in northern Australia." <i>Australian Aboriginal Studies</i> 2 (2006): 86.	Explores broadly health beliefs and frameworks of East Kimberly Aboriginal people and argues for an approach to health communication/education that incorporates/engages both Western and Indigenous models of health	Article	No	WA, Australia
Helen Osborne , "In Other Words...Using Visuals and Other Creative Tools to Make Health Messages Clear" <i>On Call Magazine</i> , May 8, 2008 Via http://www.healthliteracy.com/article.asp?PageID=7409	Understanding how visual representations not universally understood	Magazine article	No	US
Steffensen, Margaret S., and Larry Colker. "Intercultural misunderstandings about health care: Recall of descriptions of illness and treatment." <i>Social Science & Medicine</i> 16.22 (1982): 1949-1954.	Underpins the importance of developing shared narrative to encourage compliance; compares American women and Australian Aboriginal women's recall	Article	No	Aus/US
Weiner, Saul J., et al. "Patient-Centered Decision Making and Health Care Outcomes An Observational Study." <i>Annals of internal medicine</i> 158.8 (2013): 573-579.	Explores specific changes in health outcomes following a patient centred care approach to clinical interactions	Article	No –veterans affairs internal medicine clinic; principles relevant	US
Clark, Lauren, et al. "Cultural competencies for graduate nursing education." <i>Journal of Professional Nursing</i> 27.3 (2011): 133-139.	Explores a range of models for taking a "cultural history"	Article	No – principle based	
Kurtz, Suzanne, et al. "Marrying content and process in clinical method teaching: enhancing the Calgary-Cambridge guides." <i>Academic Medicine</i> 78.8 (2003): 802-809.	Explores adding taking a cultural history to the standard Calgary-Cambridge guide to clinical communication	Article	No – principle based	
Gilbert, M. Jean, ed. <i>Principles and recommended standards for cultural competence education of health care professionals</i> . The Endowment, 2003.	Includes an appendix that outlines a range of models for taking a "cultural history"	Guideline	No – principle based	

Resources recommended in other modules that are also relevant for this module's topics

<u>Title</u>	<u>Summary</u>	<u>Type</u> <u>(academic/other...)</u>	<u>ED-specific?</u>	<u>Country</u>
Benson, Jillian. "Concordance, an alternative term to 'compliance' in the Aboriginal population." <i>Australian family physician</i> 34.10 (2005): 831-834.	Explores the concept of "compliance" and the complexity of provider and patient factors	Article	No	Australia
Engel, Kirsten G., et al. "Patient comprehension of emergency department care and instructions: are patients aware of when they do not understand?." <i>Annals of emergency medicine</i> 53.4 (2009): 454-461.	Explores factors in communication that affect patient comprehension and recall of their visit in ED, diagnosis and discharge plan	Article	Yes	US
Carrillo, J. Emilio, Alexander R. Green, and Joseph R. Betancourt. "Cross-cultural primary care: a patient-based approach." <i>Annals of Internal Medicine</i> 130.10 (1999): 829-834.	Describes one curriculum of cross cultural patient centred care Introduces some key concepts	Article	No but principle based	US
Johnstone, Megan-Jane, and Olga Kanitsaki. "An exploration of the notion and nature of the construct of cultural safety and its applicability to the Australian health care context." <i>Journal of transcultural nursing</i> 18.3 (2007): 247-256.	Explores concept of cultural safety as relevant to Australian context	Article	No but principle based	Australian
Aspin, Clive, et al. "Strategic approaches to enhanced health service delivery for Aboriginal and Torres Strait Islander people with chronic illness: a qualitative study." <i>BMC Health Services Research</i> 12.1 (2012): 143.	Explores barriers to accessing care (culturally unsafe health services) and strengths of culture that support health	Article	No but focuses on non-Indigenous health services and principle based	Australia
Garrett, Pamela Wish, et al. "What do non-English-speaking patients value in acute care? Cultural competency from the patient's perspective: a qualitative study." <i>Ethnicity & health</i> 13.5 (2008): 479-496.	Analysis of focus groups exploring patient perspectives; details important elements of "cultural competence" for providers to understand	Article	Acute care/hospital – principle based	Australia
Centre for Ethnicity, Culture and Health: http://www.ceh.org.au/	Range of resources for working effectively with culturally and linguistically diverse patients and communities	Website	No	Australia
The provider's guide to quality and culture via http://erc.msh.org/aapi/cc1.html	Explores Asia Pacific health and culture including cultural competency, taking a history, health beliefs and communication	Website	No but principle based	US
Creative Spirits: http://www.creativespirits.info/	Offers insights and resources regarding Aboriginal culture, history, art and issues	Website	No – specialist level education	Australia
Intercultural Competency for Medical Specialists: E-Learning Modules via ACEMs moodle site	Module 4: Cultural Values: Self and others	Module	No – specialist level education	Australia
Durey, A., S. C. Thompson, and M. Wood. "Time to bring down the twin towers in poor Aboriginal hospital care: addressing institutional racism and misunderstandings in communication." <i>Internal Medicine Journal</i> 42.1 (2012): 17-22.	Explores impact of communication factors, including health beliefs and culturally unsafe hospitals	Article	Hospital general-principle based	Australian

Shahid, Shaouli, Lizzie Finn, and Sandra C. Thompson. "Barriers to participation of Aboriginal people in cancer care: communication in the hospital setting." <i>Med J Aust</i> 190.10 (2009): 574-579.	Qualitative (interview based study) exploring communication factors that impact on access to care	Article	WA – rural and urban; primary or tertiary care cancer patients Principles relevant	Australia
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