

Below is an extensive list of recommended reading for further learning. The resources are grouped under the following headings (click to jump to each):

- [Context for drug and alcohol use, violence and self-harm](#)
- [Motivational Interviewing](#)
- [De escalation](#)
- [Statistics](#)

Context for drug and alcohol use, violence and self-harm

<u>Title</u>	<u>Summary</u>	<u>Type</u> (<u>academic/other</u> <u>...</u>)	<u>ED-</u> <u>specific?</u>	<u>Country</u>
Cripps, Kyllie. "Child Abuse and Family Violence in Aboriginal Communities-Exploring Child Sexual Abuse in Western Australia." (2002).	Review of the literature and commentary on family violence and child abuse associated with Indigenous peoples in Western Australia, with particular reference to child sexual abuse.	Research paper	No	Australia, WA
The Elders' Report into Preventing Indigenous Self-harm & Youth Suicide https://bepartofthehealing.org/EldersReport.pdf	What makes this Report different from other mainstream investigations into these issues is that the solutions come from the people. They have not been watered down, marginalised or interpreted by outside 'experts' or governments. What is most striking is that from one side of the country to the other, the speakers in this project share the same views about what is causing the rise in youth suicide and the solutions needed to halt the loss of young lives	Report	No	Australia
Promoting Community led solutions to Indigenous Youth Suicide http://www.cultureislife.org/	Campaign video – Be Part of the Healing	Video	No	Australia

Royal Australian and New Zealand College of Psychiatrists, Australian Indigenous Mental Health Modules Series http://indigenous.ranzcp.org/index.php	Excellent modules on Indigenous mental health	Website	No	Australia
Hunter, Ernest. "Disadvantage and discontent: A review of issues relevant to the mental health of rural and remote Indigenous Australians." Australian Journal of Rural Health 15.2 (2007): 88-93.	This research paper provides an overview of the mental health of Aboriginal and Torres Strait Islander residents of rural and remote Australia and to identify associated factors.	Research paper	No	Australia

Motivational Interviewing

Screening, Brief Intervention, and Referral to Treatment (SBIRT): Toward a Public Health Approach to the Management of Substance Abuse http://focus.psychiatryonline.org/data/Journals/FOCUS/4266/foc00111000130.pdf	This paper describes research on the components of SBIRT conducted during the past 25 years, including the development of screening tests, clinical trials of brief interventions and implementation research	Journal article	No	USA
Drug and alcohol review (March 2007), 26, 109-117 The development and validation of the Indigenous Risk Impact Screen (IRIS): a 13-item screening instrument for alcohol and drug and mental health risk http://www.health.qld.gov.au/atod/documents/irisresearchpaper.pdf	Study aimed to assess the psychometric properties of the Indigenous Risk Impact Screen (IRIS) as a screening instrument for determining the presence of alcohol and drug and mental health risk in Indigenous adult Australians and the cut-off scores that discriminate most effectively between the presence and absence of risk	Research paper	No	Australia

JA Ewing (1984) 'Detecting Alcoholism: The CAGE Questionnaire', <i>Journal of the American Medical Association</i> 252: 1905-1907.	Useful questionnaire in helping to make a diagnosis of alcoholism. The questions focus on Cutting down, Annoyance by criticism, Guilty feeling, and Eye-openers.	Questionnaire	No	USA
Department of Veterans' Affairs, Alcohol Screen (AUDIT) http://www.health.nt.gov.au/library/scripts/objectifyMedia.aspx?file=pdf/63/68.pdf	Audit model for screening	PDF	No	Australia

De-escalation

Rintoul Y, Wynaden D, McGowan S, Managing aggression in the emergency department: promoting an interdisciplinary approach. - <i>Int Emerg Nurs</i> - Apr 2009; 17(2); 122-7	Based upon a review of the literature this paper outlines the causes of aggression and provides an interdisciplinary action plan for intervening with aggressive patients in the emergency department.	Research paper	Yes	Australia, WA
WorkSafe Vic, "A handbook for workplaces: Prevention and management of aggression in health services", Edition No. 1 June 2008 via https://www.worksafe.vic.gov.au/data/assets/pdf_file/0012/10209/Aggression_in_health_care.pdf	This handbook provides a framework to identify, prevent and manage aggression and violence in health industry workplaces.	Handbook	No	Australia, Vic
De-escalation Tips http://www.crisisprevention.com/Resources/Knowledge-Base/General/De-escalation-Tips	Written specifically for law enforcement professionals, but professionals in any field can better prevent crises and benefit from verbal de-escalation training in their workplace	Webpage	No	USA

Statistics

<p>MacRae A, Thomson N, Anomie, Burns J, Catto M, Gray C, Levitan L, McLoughlin N, Potter C, Ride K, Stumpers S, Trzesinski A, Urquhart B. <i>Overview of Australian Indigenous health status, 2012.</i></p> <p>http://www.healthinfonet.ecu.edu.au/uploads/docs/overview_of_indigenous_health_2012.pdf</p>	<p>Comprehensive summary of the most recent indicators of the health of Indigenous people.</p>	<p>Research paper</p>	<p>No</p>	<p>Australia</p>
<p>Wand, Anne PF, Melissa Jane Corr, and Sandra J. Eades. "Liaison psychiatry with Aboriginal and Torres Strait Islander peoples." <i>Australasian Psychiatry</i> 43.6 (2009): 509-517. http://informahealthcare.com/doi/abs/10.1080/00048670902873649</p>	<p>This study describes the referral patterns, assessment and suggested management of Aboriginal and Torres Strait Islander peoples referred to an inner-city general hospital psychiatry service.</p>	<p>Research paper</p>	<p>Yes</p>	<p>Australia</p>