

WAIHEKE ISLAND SKILLS EXPERIENCE (*WISE 2021 + EMUGS*)
EMERGENCY MEDICINE

VENUE: Waiheke Island Resort, Palm Beach, Waiheke Island, New Zealand

DATES: (20th – EMUGS ELGS course), 21st and 22nd October 2021

Organisers: Peter Freeman, Ruth Large and Lynn Theron



Waiheke Island Skills Experience is approved for 14.5 ACEM CPD hours

PRE-WISE2021 PROGRAM (Details will be available soon on EMUGS website)

Date and Time	Topic	Provider	Location
Wednesday 20th			
EGLS Course	Start time to be confirmed by EMUGS		
All day	Echo Guided Life Support Course https://www.echoguidedlifesupport.com/	EMUGS	Mawhitipana Room
Evening	Dinner at Resort	On account	Restaurant

WISE is pleased to support and welcome again the EMUGS group who are planning to run an Echo Guided Life Support (EGLS) course on Weds 20st October at the same venue. This event is separately organised and funded but if you wish to Register please use link: <https://www.emugs.org/events>

WISE2021 PROGRAM

Date and Time	Topic	Provider	Location
Thursday 21st			
8.30 9.00 2 x 30 mins Break 30 mins 3 x 40 mins	Welcome and Introductions Being President – an unpredictable journey Telling stories Topic discussions SMO feedback – the good, bad and ugly Medicine, Poetry and Happiness Medical Tribalism	Peter, Ruth, Lynn John Bonning Clare Skinner Led by Ruth Vanessa Thornton Jeremy Dryden Page Hudson Robin Chan	Palm Room
12.30 – 13.30	Walk 'n Talk Lunch		Restaurant
Thursday 21st			

13.30 – 17.00 Break 30 mins	Critical Crisis Management 'Que Sera Sera' - is not enough! Interactive workshop	Sandra Johnston	Palm Room
19.00 Evening	Dinner	Included (exclusive of alcohol)	Vineyard

Date and Time	Topic	Provider	Location
Friday 22nd			
9.00 – 12.30 4 x 45 mins + break	'Looking to the Future' Life after Leadership – career transition Digital Tools for Busy Clinicians Parents People The Power of Compassion Financial planning	Led by Lynn John Bonning Matt Valentine Peter Freeman Chris Swasbrook	Palm Room
12.30 – 13.30	Walk 'n Talk Lunch		Restaurant
13.30 – 15.30 15.30	ACEM core skills workshop Afternoon tea	Lynn Theron Supported by KARL STORZ	Mawhitipana Room
16.00	Depart unless staying over		

Enjoy a long week-end (Monday is Labour Day)!



Workshop sessions

Thursday 21st March 09.00 – 12.30

Topic Discussions (new item)

Led by **Ruth Large** – Emergency Physician and Clinical Director Information Services and Virtual Health Care



Following feedback from the last WISE meeting we have included a session which is aimed to allow discussion on a range of Topics. This session will include:

Being President – an unpredictable journey

Telling stories – an Introduction to the next ACEM President (hopefully in person or by zoom)

SMO feedback – the good, bad and ugly

Medicine, Poetry and Happiness

Medical Tribalism

John Bonning – ACEM President and Emergency Physician at Waikato Hospital



John is the current ACEM President and becomes the immediate past President in November 2021.

He has led the College during an unprecedented period with a global pandemic that he could never have imagined would have dominated his term. The College has been forefront in leading the response to COVID19 as well as the on-going challenge of access blocked EDs and its members have benefited from strong leadership, advocacy and clear information during this time.

John will share some of his Presidential journey as he approaches the end of his term.

Clare Skinner – ACEM president elect and Emergency Physician at Hornsby Ku-ring-gai Hospital, Sydney



Clare is the ACEM President elect and takes over from John in November 2021.

She is a strong supporter of Emergency Medicine in New Zealand, has visited many times and loves Waiheke.

She has a web page which she invites us to visit if we wish to know more about her.

<https://clareskinner.com/2020/02/22/https-clareskinner-com/>

Clare describes herself as Emergency Physician, Story Teller and Health Reform Advocate

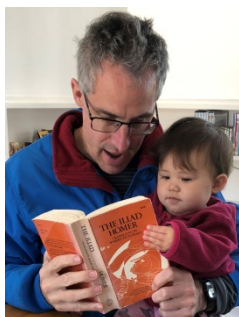
Vanessa Thornton – Clinical Director (Division) and Emergency Physician at Middlemore Hospital

and **Jeremy Dryden** – Clinical Head (Emergency Department) and Emergency Physician at Middlemore Hospital.



Vanessa and Jeremy are both Clinical Leaders at Counties Manakau DHB. They have both had many trials and tribulations in delivering SMO feedback. We are all encouraged to perform regular appraisals for our colleagues however the use of 360 feedback or performance measures is controversial. They hope to provide some topics for further discussion based on their experience leading a large team of Emergency Physicians at Middlemore Hospital.

Page (Richard) Hudson – Clinical Lead and Emergency Physician Gisborne Hospital

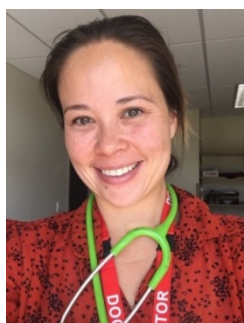


Page was a professor at University of Vermont for 20 years, a poet and career father.

He moved from Vermont to Gisborne in November 2015. He has worked tirelessly to build the local Emergency Medicine team and now leads a group of 8 Emergency Physicians who work alongside a skilled group of Urgent Care clinicians, Rural Hospital specialists and GP's.

He will share some poems and link medicine poetry and happiness.

Robin Chan – Rural Hospital Medical Specialist, Taupo Hospital



Robin is one of five Rural Hospital specialist at Taupo Hospital who work closely with the Emergency Physicians

Robin is also the GP liaison in the community and has an interest in how teams (tribes) work together or sometimes against each other.

She has done some research on the topic and presents her thoughts on the subject acknowledging she is presenting to a different tribe!

Thursday 21st October 13.30 – 17.00

Critical Crisis Management

Sandra Johnston - Approved Advanced Trainer CIMA (Crisis Intervention & Management Australasia)
Interactive Workshop - Critical Crisis Management: 'Que Sera Sera' - is not enough!



Sandra retired from her position as National Trauma Services Manager for a NZ Workplace Wellbeing organisation at the end of February 2018 after 34 years. She now has her own practice particularly focussing on Professional Supervision, Crisis Response and Training. Sandra is CIMA's current Training Co-ordinator and its immediate Past President.

Sandra is currently the Anglican Priest at Papamoa East Anglican Church

During the Christchurch earthquakes Sandra led a Group of Trauma Response Teams for over 22 months and was personally assigned to provide support to one of the USAR Teams and to the Coroners. Seven years on she found herself back in Christchurch leading again a Trauma Response Team after the Terror attack on the two Mosques.

Sandra has been committed over many years to the field of psychological trauma and supporting the mental health of people at work who have been through or witnessed a traumatic event.

In 2018 Sandra was awarded the Thompson Reuters NZ Health & Safety Lifetime Achievement Award.

Sandra is also the recipient of the Whaea Taonga carving from Ngai Te Rangi for her work with members of the Iwi after a major incident.

Her passion is to continue to contribute to lifting of the standard of training for Crisis Responders and others in the field.

Friday 22nd October 9.00 – 12.30

'Looking to the Future' – discussions on our Future. Led by Lynn Theron.

John Bonning – Emergency Physician and ACEM President



Life after Leadership – career transition. The College has been doing some work on career progression. John himself has been an ED Director, Chair of Faculty and now ACEM President. Next is immediate past president but what then? What awaits us after we move on from leadership positions?

The College has a program in support of career transition and many FACEMs have their own journeys with experiences to share.

Matt Valentine – Emergency Physician and self-proclaimed IT geek



~~Digital~~ Tools for Busy Clinicians Parents People
How our lives are can be made more simple in the digital revolution.

Matt will present some practical tools – have your smart phones ready! This will be an interactive session, so you have a favourite app or service that you find very useful, please feel free to give a quick pitch for it.

Peter Freeman – Emergency Physician and Clinical Director, Clinical Effectiveness, Lakes DHB



The Power of Compassion – a discussion of the essential role of compassion in our work in Emergency Medicine. We are often asked if we get 'numb' to the traumas of our patients but if this happens we lose one of our most powerful qualities. There is good evidence that showing compassion is not only good for our patients but is good for us as clinicians.

Financial planning – ask the expert

Christopher Swasbrook – Managing Director & Founder of Elevation Capital Management Ltd



Chris graduated from The University of Auckland with a BCom (Economics) in 1996. As Portfolio Manager of the Elevation Capital Global Shares Fund, he has been recognised as Morningstar International Equities Fund Manager of the Year – 2017 in New Zealand and was a finalist for the same award in 2012. His in-depth research and investment approach have also been referenced in a number of international publications (Barron's, Value Investor Insight) and the book (The Manual of Ideas) in recent years and he is well-known as an activist investor in the New Zealand Capital Markets.

13.30 – 16.00

ACEM Core Skills Workshop (back again by popular demand!)

Lynn Theron



Led by Lynn Theron, Emergency Physician, Auckland City Hospital and supported by **KARL STORZ**

Emergency physicians will often allow trainees or junior doctors to get experience with the core procedural skills in ED (airway, breathing and circulation plus basic CPR). However we all need to maintain our personal skill set in these core competencies. The workshop will cover all the annual core skills requirements in a collaborative training/practice setting. Using a peer review arrangement each pair will take turns to supervise or perform the procedure based on a simple scenario. This workshop received great feedback in previous WISE meetings. Participants will be sent an e-certificate confirming completion of all skills completed to the satisfaction of your workshop partner and activities will be automatically credited to your ACEM CPD account. This makes completion of the annual CPD core procedures very straight forward and is a non-threatening way of maintaining skills 😊.

How to Register for WISE 2021

1. E-mail: peter.freeman@lakesdhb.govt.nz to book place at WISE. I will respond to confirm a place
2. Pay Fees: 2 day Registration \$600 (includes refreshments, lunch and vineyard dinner on Thurs night – alcohol orders on night not included in cost)

Barista coffee is included in refreshment costs!

Those that have credit (\$300) from WISE 2020 due to unclaimed refund please deduct

If you plan to bring a partner to the vineyard dinner please add on \$100 to make a total of \$700

Please pay by Online Banking (no credit card payment facility)

Account name: **W I S E** Account number: **03 0430 0454889 000**

In the Reference box put your **Surname** and code is **WISE21**

A Tax receipt will be E-mailed to you as confirmation of your Registration once payment is received

Any surplus funds after expenses are donated to the ACEM Foundation

3. Accommodation to be booked direct with Resort quoting conference reference **68547**

Please note: Accommodation has been blocked out for the WISE 2021 meeting so bookings need to be made via the E-mail or phone below as the online booking system will show booked out

See next page for bookings

Waiheke Island Resort



Room rates (special rate offered for this year's WISE):

One Bedroom Studio - \$242(inc gst) per night per studio

Two Bedroom Villa - \$332(inc gst) per night per villa

To make a booking contact the Resort reservation team by Email:

reservations@thewaihekegroup.co.nz

Quote booking reference - **68547**

or Ph: 09 372 0011 press 1 *(during winter Resort office is on reduced hours and email will be the best contact)*

Individual accommodation booking conditions - A credit card is required to secure your booking. Payment is not due until 14days prior to arrival. Credit card payments incur a 2% charge. Cancellations are free up until 14days prior to your arrival. Cancellations made within 14days of your arrival will incur the full cost of your booking and your credit card on file will be charged plus the 2% surcharge. Covid Cancellation Policy - Should the New Zealand Government place us back into levels 3 or 4, the resort will either provide a credit note valid for one year or refund all money received. Our check in is 2pm and check out is 10am. We will provide guest luggage storage for all arrival and departures outside of these hours.

Waiheke Island Palm Beach (7mins walk from Resort)



Getting there:

Coming by plane – catch SkyBus from airport (unless you want to spend a fortune on taxi!) and get off at Ferry terminal (or closest stop).

Coming by train – Britomart station is a 2 mins walk to Ferry terminal.

Catch Fullers passenger ferry to Waiheke – see timetable for departures. 35 mins direct or 45 mins via Devonport
At Matiatia Wharf – there are buses, shuttles and taxis. It will take 10 mins to Resort and taxi fare should be no more than \$25 (check before you ride as Waiheke taxis are opportunistic!). Suggest WAICABS 0800924222

<https://www.fullers.co.nz/timetables-and-fares/?from=AUCK&to=WAIH>

If you plan to bring a car (can be expensive): Car ferry is Sealink from Half Moon Bay. 1 hour ferry to Kennedy Point then 7 min drive to Resort.

<https://www.sealink.co.nz/timetables-fares/waiheke/half-moon-bay-waiheke>