



Member support and wellbeing

Andrea Johnston, Continuing Professional Development Manager



Year in Review 2018

FACEM advocates



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BLOG(INSIDE ACEM)

Creating a work-life balance

Before every shift, FACEM Dr Mark Hussey rises an hour before his family, has breakfast on his own, makes a coffee and lies on his sofa.

Sheila Bryan
Andrew Dean David Greene
Justine Miller
Rebecca Davis Ruth Large
Mike Cameron
Una Harrington Steve Parnis
Suzi Hamilton Nick Simpson
Bill Lukin Bethany Boulton
Melanie Rule
Shahina Braganza
Rick Brennan Sue Ieraci Gary Tall
Betty Chan Simon Judkins
Ashwini Amaratunga
Mike Nicholls
Rachael Coutts
Alan Giles

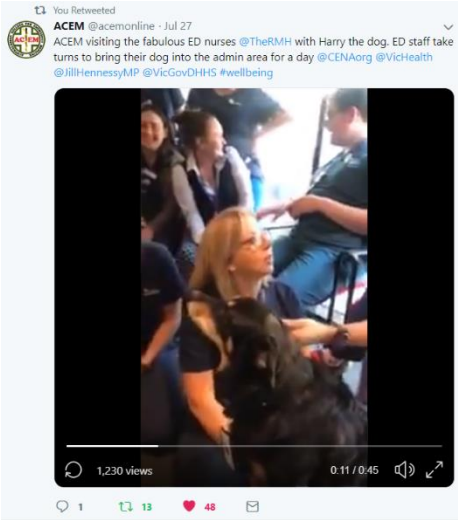


NEWS

Exploring different ways to achieve wellness

As head of the clinical toxicology unit at Prince of Wales Hospital in Sydney, FACEM Associate Professor Betty Chan observes that colleagues rely on different interests to help them balance life and work.

ED visits



External initiatives



ACEM Social Media



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Member health and wellbeing

Emergency medicine is a highly-rewarding yet challenging career. The constant exposure to patient ill health and injury and heavy physical and emotional demands can affect your wellbeing. ACEM supports the health and wellbeing of its members.



Wellbeing Discussion Forum

Welcome



About this Space

This is a space for discussing topics relating to the wellbeing of people working in Emergency Medicine. It has been set-up to facilitate the sharing of ideas. We look forward to interacting with you and hope that you find that this space assists you.

Member support



- support of individual FACEMs
- ACEM meetings and symposiums
- Converge International assistance program
- Advocacy for systemic solutions to access block
- Campaign to improve access to mental health services
- Policy submissions and revised Standards
- Strategic Plan consultation
- ACEM Wellbeing Award



The Next Phase



Strategic Priority

ACEM will represent and support members
in their professional life
in a manner that enables longevity
of emergency medicine professionals
and sustainability
of the wider emergency medicine workforce.

Wellbeing Strategy



ACEM will provide members and trainees:

- activities that contribute to your wellbeing
- appropriate support to your regional faculty
- peer networking opportunities
- a formal mentoring program
- support for you to meet regulatory requirements
- continued advocacy, policy and standards



Australasian College for Emergency Medicine

34 Jeffcott St
West Melbourne VIC 3003
Australia

t +61 3 9320 0444

f +61 3 9320 0400

admin@acem.org.au

acem.org.au/member-wellbeing