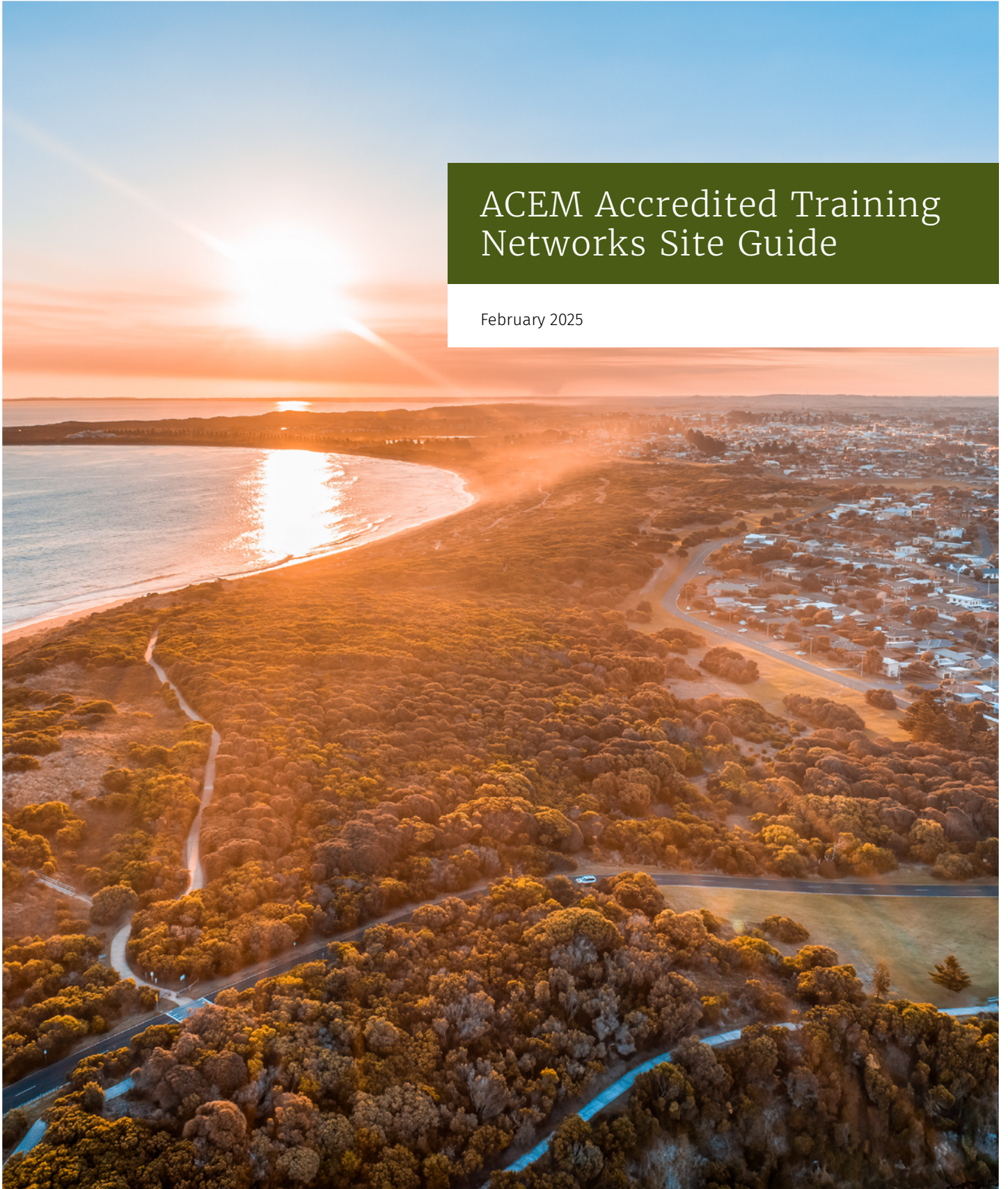


# Australasian College for Emergency Medicine

[acem.org.au](http://acem.org.au)

## ACEM Accredited Training Networks Site Guide

February 2025



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The Australasian College for Emergency Medicine (ACEM) is the not-for-profit organisation responsible for training emergency physicians and advancement of professional standards in emergency medicine in Australia and Aotearoa New Zealand.

Our vision is to be the trusted authority for ensuring clinical, professional and training standards in the provision of quality, evidence-based, patient-centred emergency care.

Our mission is to promote excellence in the delivery of quality emergency care to all of our communities through our committed and expert members.

Acknowledgement

The Australasian College for Emergency Medicine (ACEM) acknowledges the Wurundjeri people of the Kulin Nation as the Traditional Custodians of the lands upon which our office is located. We pay our respects to ancestors and Elders, past, present and future, for they hold the memories, traditions, culture and hopes of Aboriginal and Torres Strait Islander peoples of Australia.

In recognition that we are a bi-national College, ACEM acknowledges Māori as tangata whenua and Treaty of Waitangi partners in Aotearoa New Zealand.

College contacts

Rebekah Carter  
Project Manager, Accredited Training Networks  
[rebekah.carter@acem.org.au](mailto:rebekah.carter@acem.org.au)

Ranya Khullar  
Project Officer, Accredited Training Networks  
[ranya.khullar@acem.org.au](mailto:ranya.khullar@acem.org.au)

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Background

**The ACEM Accredited Training Networks (ATN) project is federally funded (2025-26) via the Flexible Approach to Training in Expanded Settings (FATES) funding stream. The objective of the project is to pilot two regional/rural accredited training networks which increase training time that can be undertaken rurally, extend the settings in which training can be undertaken and raise accreditation time at sites.**

The goal is that these integrated emergency medicine (EM) accredited training networks will provide a comprehensive training program experience which delivers safe, high-quality training that ultimately contributes to the development of a sustainable rural/regional EM workforce.

ATNs differ from existing Emergency Medicine Training Networks in that ATNs also support rotation of trainees through ATN sites and work with unaccredited sites within the ATN footprint to prepare for and work towards accreditation.

By participating in this pilot, ACEM trainees receive tailored, flexible, and high-quality training across a variety of settings, equipping them for a diverse range of EM careers and ensuring they are prepared for independent practice. More specifically, the network aims to provide the following:

- + High-quality training across multiple sites
- + Consistency and equity in training standards
- + Hybrid and flexible learning models
- + Bespoke support in structured and flexible career pathways
- + Equitable resource allocation
- + Tailored career support and mentorship
- + Opportunities for professional development, training and growth
- + Valued regional and rural placements
- + Workforce and placement support

This resource provides information on the pilot sites that are currently part of our two ATNs across Victoria and New South Wales (NSW).

If you are interested in learning more about the ATN Pilot, or have any questions about a specific site, please do not hesitate to get in touch with our project team.

Please note that all opportunities listed under the 'training opportunities' section are accredited but may not be available for a term allocation. Similarly, sites may have other opportunities available which may not be listed in this document. Availability and timing of rotations and opportunities is subject to negotiation at the site level.

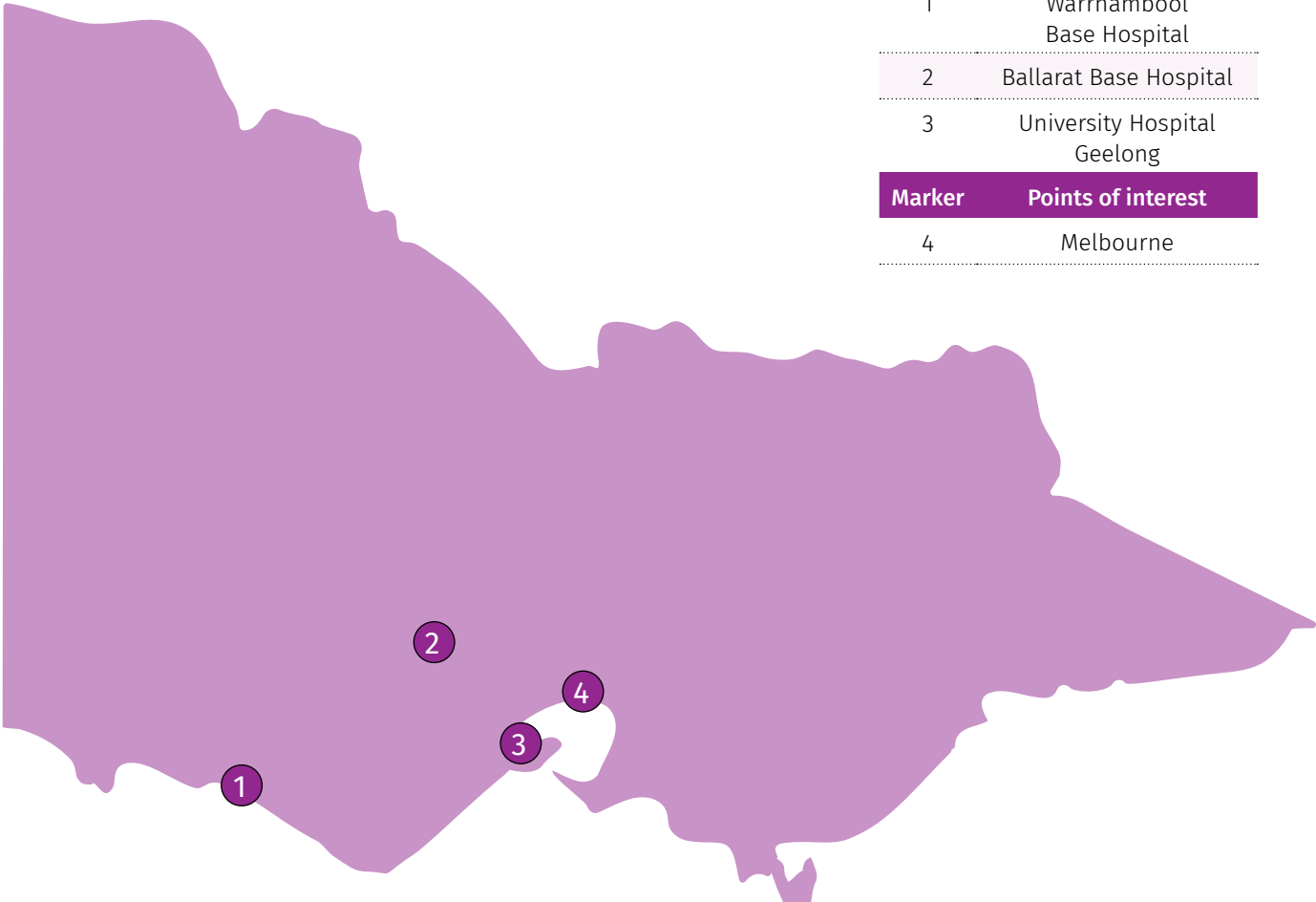
Trainees should confirm the length of training and available opportunities for non-ACEM training opportunities on their relevant college website.



# Victoria

## Locations of ACEM Accredited Training Network sites in Victoria

Marker	Victorian ATN sites
1	Warrnambool Base Hospital
2	Ballarat Base Hospital
3	University Hospital Geelong
Marker	Points of interest
4	Melbourne





# Warrnambool Base Hospital

Warrnambool (VIC)

**Residential population:** ~35,500  
**MM Zone:** 3  
**Delineation:** Non-Major Referral  
**Accreditation Tier:** 2  
**TS4 Accreditation:** Core ED  
**Annual ED Presentations:** ~25,300  
**Annual CAT1 Presentations:** ~120  
**Annual CAT2 Presentations:** ~3550

## Warrnambool Base Hospital

Part of South West Healthcare, Warrnambool Base Hospital is a large 212-bed hospital with a 24-hour ED and dedicated 10-bed paediatric unit. With a high presentation-to-trainee ratio, Warrnambool Hospital offers trainees a great opportunity for responsibility and independence while training. As a trainee, you will be supported by a highly experienced consultant team, which includes emergency specialists, GP anaesthetists and sports physicians, as well as experts in retrieval medicine, ultrasound, trauma, toxicology and research. For more information on Warrnambool Base Hospital, click [here](#). For more information on events and what's on in Warrnambool, click [here](#).

## About Warrnambool

Warrnambool is a vibrant coastal city in south-west Victoria, about 260 kilometres from Melbourne. This stunning seaside city has a friendly, community-orientated vibe, a thriving food scene, and offers something for every trainee – from family-friendly to adventure seeker. Known for its beautiful beaches and rugged cliffs, Warrnambool is situated on the Great Ocean Road and offers access to outdoor adventures, including gorgeous hikes along scenic trails, whale watching and surfing. This picturesque destination offers a pristine location for trainees. For more information on what to do in Warrnambool, click [here](#).

## Training opportunities

**ACEM Emergency Medicine:**  
24 months (ACEM) | TS4 Accredited  
**ACEM Paediatric Logbook/  
Emergency (ACEM)**  
**Anaesthetics:** 12 months (ANZCA)  
**Rural Generalist Paediatrics:** 12  
months (RACGP)  
**Advanced Specialised Training:**  
Emergency Medicine (ACRRM)

## Things to do around Warrnambool

### Places to study

Hospital library  
Warrnambool library  
Deakin Sherwood Park Campus

### Food and drink

Allee Espresso  
Rough Diamond  
Toto Town  
The Kiosk  
Pavillion cafe & bar  
The Cally Hotel  
Hotel Warrnambool  
Bank St & Co (Port Fairy)  
Farmer's Wife Cafe (Port Fairy)  
Gregory's (Port Fairy)  
Merrijig Inn (Port Fairy)  
Yve (Port Fairy)  
Blake's (Port Fairy)

### Walks, biking and day trips

Foreshore Path  
Thunder Point Path  
Hopkins Falls  
Port Fairy Rail Trail  
Tower Hill  
Dunkeld  
Mud-Dadjug  
Wurgarri  
Great Ocean Walk  
Cape Bridgewater  
Bocara River  
Lower Glenelg National Park

### Activities

Deep Blue Hot Springs  
Warrnambool tours (Whale watching)  
Logan's Beach (Whale watching)  
Warrnambool Breakwater  
(Seal and Whale watching)

Two Mile Bay (Surfing)  
Easter Reef (Surfing)  
Coonawarra Wine Region

### Events

Fresh Market Warrnambool  
Port Fairy Folk Festival  
Archie Fresh Produce Exchange  
Solstice Search Party

### Social

Warrnambool parkrun  
Make & Meet  
Warrnambool Chess Club  
Cars and Coffee Warrnambool  
Warrnambool and District Football  
and Netball League  
Warrnambool Moyne and District  
Cricket Association

### Family

Lake Pertobe Adventure Playground  
Warrnambool Wildlife Encounters  
Warrnambool Botanic Gardens  
Flagstaff Hill Maritime Village  
Lighthouse Theatre

### Wellness

Warrnambool 24/7 Gym & Fitness  
Iron Armour Gym 24/7  
BFT Warrnambool  
Body Blitz Fitness Centre  
AquaZone  
Warrnambool Wellness Centre  
For Rest-Thai Massage

### Childcare

Koala Childcare & Early Learning  
Warrnambool  
Goodstart Early Learning  
Warrnambool  
Goodstart Early Learning Dennington

### Schools

King's College (Secondary)  
Emmanuel College (Secondary)  
Warrnambool College (Secondary)  
King's College (Primary)  
Warrnambool Primary School  
Warrnambool East Primary School



# Ballarat Base Hospital

Ballarat (VIC)

Residential population: ~118,000  
MM Zone: 2  
Delineation: Non-Major Referral  
Accreditation Tier: 2  
TS4 Accreditation: Core ED  
Annual ED Presentations: ~53,000  
Annual CAT1 Presentations: ~564  
Annual CAT2 Presentations: ~9900

## About Ballarat

Ballarat is a historic gold rush city located 90-minutes northwest of Melbourne. Boasting Victorian architecture, from its time as a gold mining hub in the 1850s, Ballarat is a delight of verdant gardens, natural wonders and fine food. Home to the nation’s oldest regional art gallery, there’s cultural festivals throughout the year that shine a light on the people that make the region what it is – a regional hub for health, education and tourism. Take in the open-air museum of Sovereign Hill, the picturesque Lake Wendouree or explore the Woookarung Regional Park where you can go hiking or cycling – all while keeping an eye out for kangaroos, echidnas or native birds. For more information on what to do in Ballarat, click [here](#). For more information on events and what’s on in Ballarat, click [here](#).

## Ballarat Base Hospital

Part of Grampians Health, Ballarat Base Hospital serves a diverse catchment of over 250,000 people. The ED has a separate adult and paediatric zone and includes three resuscitation bays, 20 standard bays, a 12-bed short stay unit, 12 bay ambulatory area and five bay fast-track area. At Ballarat Base Hospital, trainees can expect easy access to senior staff for on the floor supervision and WBAs and have little competition for access to critically ill patients and invasive procedures. For more information on Ballarat Base Hospital, click [here](#).

## Training opportunities

**Emergency Medicine:** 24 months (ACEM) | TS4 Accredited

**Paediatric Logbook/Emergency** (ACEM)

**Rural Generalist Paediatrics:** 12 months (RACGP)

**Anaesthetics:** Three months (ANZCA); Rural Generalist Anaesthesia (ANZCA)

**Advanced Specialised Training:** Emergency Medicine (ACRRM)

**ICU:** Six months (CICM)

## Things to do around Ballarat

### Places to study

Federation University Mt Helen Campus  
Australian Catholic University Ballarat Campus  
Ballarat Library

### Food and drink

Café Merkama  
Gor Gai  
Peasant  
Mr Jones  
Kazan central Asian kitchen  
Saigon Noodle house  
The Arch Fish and Chips  
Dosa Hut  
Roy Hammond  
Grainery Lane  
Itinerant Spirits  
Renard

The Crypt  
SIP Champagne Bar  
Aunty Jacks  
Hop Temple (Trivia nights)  
Cubby Haus Brewing  
Hotel Vera and Restaurant Babae  
Johnnys  
Fika Coffee Brewers  
L’espresso  
Yellow Espresso  
Drive  
Eclectic tastes

### Walks, biking and day trips

Lake Wendouree  
Union Jack  
Mount Buninyong  
Yarrowee Creek  
Grampians National Park  
Daylesford

## Activities

Sovereign Hill  
Art Gallery of Ballarat  
Ballarat Lyric Opera Company  
Pyrenees wine region  
Ballarat wine region  
Ballarat Wildlife Park  
Ballarat Bird World  
Victoria Park  
Ballarat Botanical Gardens  
Ballarat Tramway Museum

## Events

Ballarat Begonia Festival  
Bridge Mall Farmers Market  
Ballarat International Foto Biennale

## Social

Ballarat Football Netball League  
Ballarat Cricket Association  
Chess Club  
Film Society  
Book Club  
Kadampa Meditation & Buddhism

## Wellness

Ballarat Aquatic and Lifestyle Centre  
The Underground Movement  
Fernwood Fitness  
F45 Training Ballarat  
Spartan’s gym and supplements  
Ballarat Wellness Centre  
Thai Remedial Massage Ballarat

## Childcare

Journey Early Learning Sebastopol  
Jenny’s Early Learning Centre  
Ballarat North Early Learning Centre

## Schools

Ballarat Clarendon College (Secondary)  
Ballarat Grammar (Secondary)  
Loreto College (Secondary – girls)  
St Patrick’s College (Secondary – boys)  
Ballarat Clarendon College (Primary)  
Ballarat Grammar (Primary)  
St Francis Xavier Catholic (Primary)



# University Hospital Geelong

Geelong (VIC)

**Residential population:** ~289,000  
**MM Zone:** 1  
**Delineation:** Major Referral  
**Accreditation Tier:** 1  
**TS4 Accreditation:** Core ED, Medical Education/Simulation  
**Annual ED Presentations:** ~78,000  
**Annual CAT1 Presentations:** ~1050  
**Annual CAT2 Presentations:** ~15,000

## About Geelong

Located just one hour south-west of Melbourne, Geelong is a rapidly growing city that boasts a lively waterfront, and burgeoning arts and cultural scene. Trainees in Geelong enjoy easy access to Melbourne, while having a laid-back lifestyle. Geelong is a stone's throw from the Great Ocean Road, and offers relaxing beaches where you can swim, surf, kayak or fish. There is also a passionate food and wine region that is home to award-winning restaurants and wineries to enjoy. At its heart is a strong sporting culture, from its AFL club – the Cats – to the multitude of amateur clubs, giving plenty of opportunity to develop connections in the area. For more information on what to do in Geelong, click [here](#). For more information on events and what's on in Geelong, click [here](#).

## University Hospital Geelong

Part of Barwon Health, University Hospital Geelong is the only tertiary hospital outside of the Melbourne metropolitan area. With a growing population, University Geelong's mixed emergency department offers a dynamic patient and injury mix, with 30 per cent of presentations being paediatric. As a trainee coming to Geelong, you can expect access to all major specialties, except neurosurgery and transplant medicine, as well as a stimulating work environment due to the variety and acuity of conditions treated. Similarly, it is one of the few Victorian hospitals with Extracorporeal Membrane Oxygenation (ECMO) services, offering further learning opportunities. For more information on University Hospital Geelong, click [here](#).

## Training opportunities

**Emergency Medicine:** 36 months (ACEM) | TS4 Accredited

**Medical Education/Simulation:** Six months (ACEM) | TS4 Accredited

**Paediatric Logbook/Emergency** (ACEM)

**ICU:** Limited General Training (CICM)

**Anaesthetics:** 36 months (ANZCA); Rural Generalist Anaesthesia (ANZCA)

**Pain:** Level 1 (ANZCA)

**Acute Care ED:** Six months (RACP)

**Community Development:** Six months (RACP)

**General Paediatrics:** 12 months (RACP)

## Things to do around Geelong

### Places to study

Deakin University Geelong  
Waterfront Campus  
Geelong Regional Library

### Food and drink

Archive Wine Bar  
Piano Bar  
Bean Squeeze  
Untitled  
Fishe's Torquay  
Anh Chi Em  
Kosaten  
Osteria Fiorenza  
Adamo  
Café GO  
SouthAmerica Coffee Co.  
Sailor's rest  
Brae  
Jack Rabbit

### Beaches, Walks, Biking and Day Trips

Torquay  
Queenscliff  
Sorrento

Lorne  
Warrnambool  
Daylesford  
Eastern Beach  
Barwon Valley Park  
Rippleside  
Great Ocean Road  
Bellarine Rail Trail  
You Yangs Regional Park  
Whites Beach  
Ocean Grove Beach (Surfing)  
Thirteenth Beach (Surfing)  
Ocean Grove (Surfing)  
Point Lonsdale (Surfing)  
Barwon Heads River  
Bells Beach  
Armstrong Creek  
Leopold  
Bannockburn Water Park

### Activities

Hot Air Balloon  
Scuba Diving Queenscliff  
Kardinia Pool

MoPA  
Bounce  
Wallington Adventure Park  
Werribee Zoo  
Bellarine Wineries  
Barwon Valley Golf Club

### Events

GHMBA Stadium  
Torquay Cowrie Market  
East Fruit Market  
Cadel Evans Bike Race  
Amy's Grand Fondo  
Geelong Iron Man 70.3  
Rip Curl Pro

### Social

Geelong Chess Club  
Eastern Park Bowling Club  
Active Geelong  
Melbourne Social Walks – Geelong  
Botanic Gardens  
Geelong & District Football and Netball League  
Geelong Cricket Association

### Wellness

Baan Isaan Thai Spa and Massage  
Coral Chinese Massage  
Upstate Geelong Boxing and Reformer  
Strong Geelong  
VIBE Fitness Studios Geelong  
Fit for Living  
Fitstop Geelong  
The Wellness Studio in Geelong  
Leisurelink Aquatic & Recreation Centre  
**Childcare**  
The Hive Learning Centre Geelong  
Story House Early Learning Geelong  
All-Star Kids

### Schools

Geelong Grammar School (Secondary)  
The Geelong College (Secondary)  
Kardinia International College (Secondary)  
Geelong Grammar School (Primary)  
The Geelong College (Primary)  
Kardinia Int. College (Primary)



# New South Wales

## Locations of ACEM Accredited Training Network sites in New South Wales





# Kempsey District Hospital

Kempsey (NSW)

Residential population: ~30,500  
MM Zone: 4  
Delineation: Non-Major Referral  
Accreditation Tier: 3  
TS4 Accreditation: Core ED, Ultrasound  
Annual ED Presentations: ~27,500  
Annual CAT1 Presentations: ~160  
Annual CAT2 Presentations: ~3300

## About Kempsey

Kempsey is a scenic town on the Macleay River in the Mid North Coast region of NSW. Surrounded by national parks, beaches, and hinterlands, it serves as the hub of the Macleay Valley. The town has Indigenous heritage from the Dunghutti people, which is celebrated through local art and events. Nearby attractions like Crescent Head surf beach and Smoky Cape Lighthouse add to Kempsey’s charm, offering a mix of outdoor adventure and cultural richness. For more information on what to do in Kempsey, click [here](#). For more information on events and what’s on in Kempsey, click [here](#).

## Kempsey District Hospital

Kempsey District Hospital has a newly upgraded mixed emergency department that captures a diverse catchment of patients, including a high proportion of Aboriginal Health and 30 per cent of presentations being paediatric. The emergency department includes 12 beds with large fast-track area to support on-site inpatient services of general medicine, mental health, maternity, and rehab. Trainees coming to Kempsey will have the opportunity to experience a complex and diverse injury mix while being supported by a dedicated and enthusiastic group of FACEMs. At Kempsey, there is a huge focus on teaching and supervision, with education days shared and run at Port Macquarie Base Hospital. For more information on Kempsey District Hospital, click [here](#).

## Training opportunities

**Emergency Medicine:** 12 months (ACEM) | TS4 Accredited  
**Ultrasound:** Three months (ACEM) | TS4 Accredited

## Things to do around Kempsey

### Places to study

Country Universities Centre Macleay Valley  
TAFE NSW – Kempsey  
Kempsey Library

### Food and drink

Kempsey Macleay RSL Club  
Great Northern Hotel Kempsey  
West Kempsey Hotel  
South Kempsey Corner Store  
Bucket Brewery  
Lou’s Cafe  
Rossco’s Cafe  
Vault Cafe  
Sherwood Estate  
The Pantry at Netherby House  
Tumblegum Bakehouse & Cafe  
Sally’s Café & Espresso Bar  
Kempsey Bulk Health Foods  
Fredo Pies

### Walks, biking and day trips

Hat Head National Park  
Crescent Head  
Yarriabini Lookout  
Carrai National Park  
Willi Willi National Park  
Hello Koalas Trail  
Arakoon National Park  
Kalatteenee Mountain Bike Trails  
Killick Beach

### Activities

Kempsey Heights Bowling Club  
Riverside Movies  
Kempsey Golf Club  
Frederickton Golf Club  
Gladstone Heritage Buildings  
Kempsey Museum  
MacLeay Valley Farm

Slim Dusty Centre  
Crescent Head Mobile Library Van  
Hat Head Bowling Club

### Events

Macleay Youth Laneway Festival  
Kempsey Riverside Markets  
Macleay Valley Coast Gravity Enduro Series  
Kempsey Night Markets  
Mid North Coast Outdoor Show

### Social

Macleay Valley Cricket Association  
Macleay Netball Association  
Kempsey RSL Informal Chess Club  
Country Women’s Association – Kempsey  
Kempsey Walking Group  
The Man Walk Kempsey (Dunghutti)

### Wellness

Finding Grace Wellness & Sustainability  
Salt and Stone Massage Studio  
Art Therapy Thai Massage  
Fortify Your Health  
Co-Op Fitness Centre  
Kempsey McElhone Swimming Complex  
Bersantai Medispa

### Childcare

Goodstart Early Leaning West Kempsey  
Kempsey Family Day Care  
River Street Early Learning Centre

### Schools

St Joseph’s Catholic Primary School (primary)  
Aldavilla Primary School (primary)  
Crescent Head Public School (primary)  
Kempsey Adventist School (secondary)  
St Paul’s College Kempsey (secondary)  
Kempsey High School (secondary)



# Tamworth Rural Referral Hospital

Tamworth (NSW)

Residential population: ~65,000  
MM Zone: 3  
Delineation: Non-Major Referral  
Accreditation Tier: 1  
TS4 Accreditation: Core ED, Pre-Hospital and Retrieval  
Annual ED Presentations: ~45,000  
Annual CAT1 Presentations: ~190  
Annual CAT2 Presentations: ~5900

## About Tamworth

With its mix of rural vibes and modern amenities, Tamworth is a great location to live and work. For 50 weeks of the year, Tamworth is defined by a strong sporting culture, outdoor lifestyle, as well as community and arts. For 2 weeks of the year each January, it is totally transformed as host of one of the largest music events in the Southern Hemisphere – the Tamworth Country Music Festival, which is incredibly fun, even if you’re not a country music fan. For more information on what to do in Tamworth, click [here](#). For more information on events and what’s on in Tamworth, click [here](#).

## Tamworth Rural Referral Hospital

Tamworth Rural Referral Hospital (TRRH) has a mixed adult/paeds ED with approximately 45 000 presentations/year, approximately 28 per cent paediatric. There is a wide and interesting case-mix, with plenty of trauma and high acuity presentations. There is a local helicopter retrieval service and intensive care unit. TRRH is the receiving hospital for more than 15 GPVMO run rural facilities. The ED includes two resuscitation bays, ten acute beds, two negative pressure isolation beds, two mental health assessment rooms, a six-bed short stay unit, four-bed paediatric area and an Emergency Treatment Zone. For more information on Tamworth Rural Referral Hospital, click [here](#).

## Training opportunities

**Emergency Medicine:** 36 months (ACEM) | TS4 Accredited  
**Pre-Hospital and Retrieval:** Six months (ACEM) | TS4 Accredited  
**Paediatric Logbook/Emergency** (ACEM)  
**ICU:** Six months (General Training CICM)  
**Anaesthetics:** Six months (ANZCA); Rural Generalist Anaesthesia (ANZCA)  
**Advanced Specialised Training:** Emergency Medicine (ACRRM)

## Things to do around asdasd

### Places to study

Tamworth Community College  
University New England Tamworth  
Tamworth Library  
University of Newcastle Tamworth Education Centre

### Food and drink

Hissy Fits  
Hopscotch  
Sonny’s Bakery  
LePruneau  
Camp Grounds  
Humble Espresso  
The Bell House  
The Welder’s Dog  
Bison Smokehouse

### Walks, biking and day trips

Nundle  
Uralla  
Manilla  
Gunnedah  
Waterfall Way

### Activities

Forum 6 Cinema  
Escape Rooms Tamworth  
South Tamworth Bowling Club  
Manila Paragliding  
Australian Equine and Livestock Events Centre

### Events

Tamworth Country Music Festival  
AgQuip Agricultural Festival

Great Nundle Dog Race  
Gunnedah Weeks of Speed Festival  
Tamworth Community Saturday Markets  
Tamworth Taste Festival

### Social

Chess Tamworth  
Tamworth Netball  
Tamworth Sporting Clubs  
Tamworth Musical Society

### Wellness

360 Fitness Club  
F45 Training Tamworth  
Advance Fitness Tamworth  
Home of Strength Tamworth  
Urban Vogue Skin & Wellness Spa  
Massage Land Tamworth  
Tamworth Thai & Remedial Massage  
Break Away Beauty

### Childcare

Growing Mind Early Learning Centre  
Milestones Early Learning Centre  
Nurture One Tamworth Children’s Centre  
Goodstart Early Learning Tamworth – Brisbane Street  
Papilio Early Learning Centre Tamworth

### School

Calrossy Anglican School (primary)  
St Joseph’s Primary School (primary)  
St Nicholas’ Primary School (primary)  
Carinya Christian School Tamworth (secondary)  
McCarthy Catholic College (secondary)  
Calrossy Anglican School (secondary)



# Port Macquarie Base Hospital

Port Macquarie (NSW)

Residential population: ~87,000  
MM Zone: 3  
Delineation: Non-Major Referral  
Accreditation Tier: 1  
TS4 Accreditation: Core ED, Pre-Hospital and Retrieval  
Annual ED Presentations: ~53,000  
Annual CAT1 Presentations: ~47  
Annual CAT2 Presentations: ~66

## About Port Macquarie

Port Macquarie, a stunning coastal town nestled on the Mid North Coast of NSW, is celebrated for its beaches, wildlife and charming lifestyle. Sitting where the Hastings River meets the sea, it offers scenic waterfront views and access to fresh seafood at its many restaurants, cafes and pubs. Port Macquarie blends historical sites with modern amenities, a thriving arts scene inspired by the natural wonders and plenty of outdoor activities like surfing, whale watching, and scenic coastal walks to keep trainees busy. Surrounded by national parks, it's an ideal spot for both adventure and relaxation. For more information on what to do in Port Macquarie, click [here](#). For more information on events and what's on in Port Macquarie, click [here](#).

## Port Macquarie Base Hospital

Port Macquarie Base Hospital is the main referral centre for Mid North Coast in New South Wales. The recently remodelled mixed emergency department has a growing number of presentations with a diverse injury mix and patient profile — with 25 per cent of presentations being paediatric. There are two ultrasound machines located in the ED with formal ultrasound teaching. The ED also offers 24-hour lab services and CT and MRI provision. As a trainee coming to Port Macquarie, you can expect working closely with supportive and engaged specialists. You can also join the ED run club and hospital touch football team, both of which always welcome new members. For more information on Port Macquarie Hospital, click [here](#).

## Training opportunities

**Emergency Medicine:** 36 months (ACEM) | TS4 Accredited

**Paediatric Logbook/Emergency** (ACEM)

**ICU:** Limited General Training (G6) Rural

**Anaesthetics:** 24 months (ANZCA)

**General Paediatrics (Rural):** 12 months (RACP)

## Things to do around Port Macquarie

### Places to study

Port Macquarie Port Mac Library  
Charles Sturt University Library  
TAFE NSW – Port Macquarie

### Food and drink

Sandbox Port Macquarie  
Coast Lighthouse Beach Cafe  
Little Shack  
Banks  
Florence Jones  
The Stunned Mullet  
Chop n Chill  
Port Macquarie Distillery  
Birdrock Bar and Grill  
Bar Florian

### Walks, biking and day trips

Lighthouse beach  
Lake Innes Nature Reserve  
Flynn's Beach  
Coastal walking track (Sea Acres National Park)  
Limeburners Creek National Park

Hello Koalas Trail  
Goolawah National Park  
Crowdy Bay National Park  
Diamond Head Beach and Loop Walk

### Activities

Emerald Downs Golf Course  
Port Macquarie Golf Club  
Glasshouse Regional Art Gallery  
Rawdon Island (Fishing)  
Southern Breakwall (Fishing)  
Dennis Bridge (Fishing)  
Long Pint Vineyard & Art Gallery  
Bago Maze & Wine  
Epic Rides & Tours  
Koala Conservation Hospital Port Mac  
Sea Acres Rainforest Centre  
Tracking Point Lighthouse  
WildNets Adventures  
Billabong Zoo  
Port Macquarie Camel Safaris  
Hastings River Horseriding  
Jolly Nose Mountain Bike Park

## Events

Real Food Local Produce Markets  
Port Mac Art Society Market Bazaar  
Uniting Church Markets  
Port Mac Colour Frenzy Fun Walk  
IRONMAN 70.3 Port Macquarie  
Bottlebutt Bash Trail Run  
Australian Waterski National Titles  
Fox Superflow Jolly Nose  
Mid North Coast Outdoor Show  
Latin Fest  
Summersalt Festival  
Oyster and Prawn Festival

## Social

Happy Feet Walkers  
Heart Health Walking Groups  
Sunrise Swimmer's  
Port Macquarie Maroro Outrigger Canoe Club  
Port City Bowling Club  
Hastings Valley Netball Association  
Hastings River District Cricket Association  
Port Macquarie Seniors AFL Club  
Port Macquarie Parkrun  
Wauchope Parkrun  
The Hastings Bonsai Group

## Wellness

Gold's Gym  
Elev8tion Fitness  
Amy Professional Massage  
Port Macquarie Day Spa  
Aqua Vitae Day Spa  
Kanda Thai Massage  
Port Massage Clinic  
Port Mac War Memorial Olympic Pool  
Restore Performance & Wellness Centre

## Childcare

Smartland Early Learning Sovereign Hills  
Green Leaves Early Learning Port Macquarie  
Goodstart Port Macquarie  
St Joseph's Preschool and Long Day Care  
Portside Preschool and Long Day Care

## School

St Columba Anglican School (primary)  
St Peter's Primary School (primary)  
Laurieton Public School (primary)  
Heritage Christian School (Secondary)  
MacKillop College (Secondary)  
St Columba Anglican School (Secondary)



# Calvary Mater Newcastle

Newcastle (NSW)

**Residential population:** ~169,000  
**MM Zone:** 1  
**Delineation:** Major Referral  
**Accreditation Tier:** 2  
**TS4 Accreditation:** Core ED, Toxicology  
**Annual ED Presentations:** ~40,500  
**Annual CAT1 Presentations:** ~210  
**Annual CAT2 Presentations:** ~7200

## About Newcastle

Newcastle offers up a quintessential coastal life to trainees and is only a two-hour drive from the bustling Sydney CBD. Sitting at the mouth of the Hunter River, two beautiful coastlines offer pristine beaches, adventurous trails and a chance to make a popular weekend getaway your year-round home. Australia's second-oldest city, Newcastle combines historic architecture with cafes, waterfront dining, and galleries. Highlights include Nobbys and Merewether beaches, the Honeysuckle Foreshore, and nearby escapes like the Hunter Valley. Newcastle offers urban energy and coastal wonder. For more information on what to do in Newcastle, click [here](#). For more information on events and what's on in Newcastle, click [here](#).

## Calvary Mater Hospital

Calvary Mater Hospital is located just 5kms from the main Newcastle strip in Waratah. Providing care to a diverse range of patients, Calvary Mater has a strong focus on oncology and research, acting as the major cancer care centre for the Hunter New England Local Health District. In addition, as the only psychiatric emergency care centre in the area, Calvary Mater Hospital has a large predominance of mental health presentations. The hospital is also home to the largest toxicology database in the Southern Hemisphere, with a unique opportunity for registrars to (externally) apply for a toxicology registrar position. Calvary Mater's 24-hour ED includes a 14-bed acute unit, one-bed resus bay, five-bed fast-track area and 12-bed emergency short stay unit. The hospital also has an intensive care unit and extensive palliative care services. For more information on Calvary Mater Hospital, click [here](#).

## Training opportunities

**Emergency Medicine:** 24 months (ACEM) | TS4 Accredited

**Toxicology:** Six months (ACEM) | TS4 Accredited

**ICU:** Limited General Training G6 (CICM)

## Things to do around Newcastle

### Places to study

Newcastle Library  
University of Newcastle Study Spaces  
Newcastle University  
TAFE NSW Newcastle

### Food and drink

5 Sawyers  
Bar Mellow  
Coal and Cedar  
Alfie's  
Bar Sole  
Bar Romeo  
Bartholomews  
Scratchleys  
Bernies Bar  
Blue Kahunas  
Castle del Mar  
Closed Bar  
Earp Distillery  
Granddad's Bar Experience  
Estabar  
Signal Box Newcastle  
The Autumn Rooms  
The Wickham Boat Shed  
Antojitos Newcastle  
Mr Sister Coffee  
Good Brother Espresso Shop  
The Press Book House  
Equium Social  
Xtraction Espresso

### Walks, biking and day trips

Hawks Nest and Tea Gardens  
Myall Lakes National Park  
Avoca Beach  
The Entrance  
Hunter Valley  
Warner's Bay  
Watagans National Park  
Yengo National Park  
Bouddi National Park  
Sugarloaf State Conservation Area  
Glenrock Mountain Biking Trails  
Fernleigh Track  
Seal Rocks  
Tomaree National Park  
Hunter Wetlands National Park  
Worimi National Park  
Nelson Bay  
Newcastle Memorial Walk  
Bathers Way Walk  
Glenrock State Conservation Area  
Hunter Region Botanic Gardens  
Blue Gum Hills Regional Park

### Activities

Speers Point Park  
Newcastle & The Hunter Wineries  
Warners Bay Foreshore Reserve  
Stockton Beach  
Redhead Beach  
Treetops Adventure Newcastle  
Oakfield Ranch Camel Rides  
Sand Dune Adventures Quad Tour  
Whale Watching Newcastle  
Blackbutt Reserve  
King Edward Park  
Fort Scratchley  
Newcastle Beach  
Newcastle Museum  
Nobbys Head and Breakwall  
The Bogey Hole  
Chris Church Cathedral  
Merewether Beach  
Merewether Ocean Baths  
Newcastle Ocean Baths  
Adolphe Shipwreck  
Go Karts Go  
Horseshoe Beach  
Civic Theatre Newcastle  
Dudley Beach  
Newcastle Art Gallery  
Miss Porter's House  
Dixon Park Beach  
Escape Reality Escape Rooms  
Beresfield Golf  
Newcastle Golf Course  
Charlestown Golf Club Driving Range  
Shortland Waters Golf Club  
Dobell House

### Events

Newcastle Writers Festival  
Newcastle Annual Wedding Expo  
Newcastle Music Festival  
The Olive Tree Market  
Newcastle City Farmers Market  
Homegrown Markets – Newcastle  
Homegrown Markets – Speers Point  
Glendale Farmers and Artisan Market  
Sunday Markets  
Newcastle Fringe Festival  
Newcastle Food Month  
Newcastle NewRun Festival  
Mayfield Multicultural Festival  
Urban Wine Walk Newcastle  
Burton Automotive Newcastle Surfest  
Port Stephen's Cup Race Day  
Festival of Sweets and Treats  
Sparke Helmore N'castle Triathlon

### Social

Newcastle Bushwalking Club  
N'castle Ramblers Bushwalking Club  
Newcastle Walking and Social Club  
Newcastle Walking Groups  
Brazilian Samba Dance Class to Live Percussion  
Newcastle Netball Association  
Newcastle District Cricket Association  
Northern NSW Football  
Newcastle City Blues (Seniors)  
Newcastle Rugby League  
Newcastle Film Society  
Newcastle District Chess Association  
Newcastle Basketball  
Country Women's Association  
Dance For Fun  
Newcastle Astronomical Society

### Wellness

BFT Newcastle  
Concrete Gym  
Gym on King  
Core Fitness Newcastle  
Cornerstone Newcastle  
The Movement Collective  
The Gorilla Pit  
The Self Care Sisterhood  
Ronin Jiu Jitsu  
Newcastle Leisure and Aquatic Centre  
Viet Spa & Lash House  
Eco Beauty Indulgence  
Aura Thai Massage & Day Spa  
Sojo Spa & Wellness  
Lilly Victoria Beauty Indulgence  
Bliss Beauty and Body  
Wellbeing Massage Therapy  
Feel & Heal  
NewYou Massage  
NuSport Aquatic Centre

### Childcare

Little Kindy Broadmeadow  
Kindy Patch Maryland  
Goodstart Broadmeadow  
A Magical Time Children's Centre  
Creative Childcare Centre

### School

Merewether High School (secondary)  
Newcastle Grammar School (secondary)  
St Philip's Christian College (secondary)  
Newcastle Grammar School (primary)  
Charlestown South Public School (primary)  
St Philip's Christian Junior College (primary)



# Maitland Hospital

Maitland (NSW)

**Residential population:** ~90,000  
**MM Zone:** 1  
**Delineation:** Non-Major Referral  
**Accreditation Tier:** 2  
**TS4 Accreditation:** Core ED, Medical Education/Simulation, Ultrasound  
**Annual ED Presentations:** ~54,000  
**Annual CAT1 Presentations:** ~270  
**Annual CAT2 Presentations:** ~10,300

## About Maitland

Maitland, located two hours' drive from Sydney in the Lower Hunter Valley of NSW, is a lively city known for its rich history and thriving community. It combines a relaxed lifestyle with convenient access to essential services, quality education, and healthcare. With a blend of heritage charm and modern amenities, Maitland serves as a central hub for both residents and visitors in the region. For more information on what to do in Maitland, click [here](#). For more information on events and what's on in Maitland, click [here](#).

## Maitland Hospital

Newly completed in 2023, Maitland hospital supports a genuine mixed emergency department with 20 per cent paediatric case load. The emergency department includes four ambulance bays, 18 acute beds, eight short stay beds, 10 fast-track assessment spaces, and five paediatric beds. At Maitland Hospital, you will be joining a growing cohort of young and experienced FACEMs. For more information on Maitland Hospital, click [here](#).

## Training opportunities

**Emergency Medicine:** 24 months (ACEM) | TS4 Accredited

**Medical Education/Simulation:** Six months (ACEM) | TS4 Accredited

**Ultrasound:** Six months (ACEM) | TS4 Accredited

**Paediatric Logbook/Emergency** (ACEM)

**ICU:** Foundation Training (CICM)

**Anaesthetics:** 12 months (ANZCA); Rural Generalist Anaesthesia (ANZCA)

**General Paediatrics:** 12 months (RACP)

**Advanced Specialised Training:** Emergency Medicine (ACRRM)

## Things to do around Maitland

### Places to study

Maitland Library  
East Maitland Library  
TAFE NSW Maitland

### Food and drink

Teale Café and Catering  
The Orange Tree  
Seraphine Café  
Vintage on Melbourne  
Organic Feast Wholefoods Café  
The Servants Quarters Tea Rooms  
Blakeney's Pies  
House of Roast  
Black Label Espresso  
Duke's Restaurant and Bar  
Fratelli Roma  
The Rigby  
Beud Korean  
Tre Viet Kitchen  
Boydells Cellar Door and Restaurant  
The Pourhouse

### Walks, biking and day trips

Walka Water Works  
Ashtonfield Yellow Track  
Brown Arrow Track  
Maitland Mountain Bike Trails  
Riverside Walk  
Pokolbin  
Mount Royal National Park  
Goulburn River National Park  
Barrington Tops National Park  
Watagans National Park  
Werakata National Park

### Activities

Maitland Park  
Maitland Regional Art Gallery  
Maitland Gaol  
Mortels Sheepskin Factory  
Morpeth Gallery  
Morpeth Museum  
Hunter Valley Bison  
Balloon Aloft Hunter Valley

Wollombi Aboriginal Cultural Experience  
Paterson Rail Motor Museum  
Hunter Valley Wineries

### Events

Earth Market  
Maitland Community Markets  
The Sunday Muster Artisan Markets  
Burton Automotive Hunter Valley Steamfest  
Altapac Show 'N' Shine  
Maitland Running Festival  
Hunter Valley Outdoor Show  
Maitland Heritage Fest

### Social

Stockland Green Hills Walkers  
Man Walk Maitland  
Maitland Netball Association  
Maitland & District Cricket Association  
Maitland Saints AFL Club (Seniors)  
Maitland Chess Club  
Maitland Music & Art Club

### Wellness

World Gym Maitland  
Adam Prowse – Maitland Gym  
F45 Training Greenhills Maitland  
Cornerstone Hunter Valley  
Maitland Aquatic Centre  
East Maitland Aquatic Centre  
Lauren's Lounge  
City Cave Maitland  
Butra Spa Thai Massage  
Maitland Massage Therapy Centre

### Childcare

Story House Early Learning Maitland  
Kindy Patch Emmas  
Bright Beginnings Child Care  
Fieldsend ELC  
Busy Bees at Maitland

### School

Hunter Valley Grammar School (primary)  
St Joseph's Primary School (primary)  
St John the Baptist Primary School (primary)  
Hunter Valley Grammar School (secondary)  
Maitland Christian School (secondary)  
Linuwel School (secondary)



# John Hunter Hospital

Newcastle (NSW)

**Residential population:** ~169,000  
**MM Zone:** 1  
**Delineation:** Major Referral  
**Accreditation Tier:** 1  
**TS4 Accreditation:** Core ED, Medical Education/Simulation, Pre-Hospital and Retrieval, Ultrasound  
**Annual ED Presentations:** ~75,000  
**Annual CAT1 Presentations:** ~1080  
**Annual CAT2 Presentations:** ~14,500

## About Newcastle

Newcastle offers up a quintessential coastal life to trainees and is only a two-hour drive from the bustling Sydney CBD. Sitting at the mouth of the Hunter River, two beautiful coastlines offer pristine beaches, adventurous trails and a chance to make a popular weekend getaway your year-round home. Australia's second-oldest city, Newcastle combines historic architecture with modern cafes, waterfront dining, and galleries. Highlights include Nobbys and Merewether beaches, the bustling Honeysuckle Foreshore, and nearby escapes like the Hunter Valley wine region. Newcastle offers urban energy and coastal wonder. For more information on what to do in Newcastle, click [here](#). For more information on events and what's on in Newcastle, click [here](#).

## John Hunter Hospital

John Hunter Hospital is a large metropolitan hospital with world class facilities and consultants. The hospital has a dedicated adult and paediatric ED, with the paediatric ED having 12 acute beds and one procedure room. Within the adult ED, there are five resuscitation bays, 27 acute beds, five fast-track beds, 10 fast-track chairs, one mental health room and eight short stay unit beds. For trainees coming to John Hunter, they can expect an exciting, fast-paced lifestyle and experience dealing with a wide range of cases. Trainees can also expect a high level of consultant support and can take advantage of the wide number of training and learning opportunities at the hospital. For more information on John Hunter Hospital, click [here](#).

## Training opportunities

**Emergency Medicine:** 36 months (ACEM) | TS4 Accredited

**Medical Admin/Safety and Quality:** Three months (ACEM) | TS4 Accredited

**Medical Education/Simulation:** Three months (ACEM) | TS4 Accredited

**Pre-Hospital and Retrieval:** Six months (ACEM) | TS4 Accredited

**Associateship in Pre-Hospital and Retrieval Medicine Training:** 12 months (ACEM)

**Ultrasound:** Three months (ACEM)

**Paediatric Emergency Medicine:** 12 months (ACEM)

**ICU:** General Training, Neuro, Cardio, Trauma, AP6 (CICM)

**Anaesthetics:** 36 months (ANZCA)

## Things to do around Newcastle

### Places to study

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Newcastle University  
TAFE NSW Newcastle

### Food and drink

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Coal and Cedar  
Alfie's  
Bar Sole  
Bar Romeo  
Bartholomews  
Scratchleys  
Bernies Bar  
Blue Kahunas  
Castle del Mar  
Closed Bar  
Earp Distillery  
Granddad's Bar Experience  
Estabar  
Signal Box Newcastle  
The Autumn Rooms  
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Yengo National Park  
Bouddi National Park  
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Tomaree National Park  
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Worimi National Park  
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Redhead Beach  
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Sand Dune Adventures Quad Tour  
Whale Watching Newcastle  
Blackbutt Reserve  
King Edward Park  
Fort Scratchley  
Newcastle Beach  
Newcastle Museum  
Nobbys Head and Breakwall  
The Bogey Hole  
Chris Church Cathedral  
Merewether Beach  
Merewether Ocean Baths  
Newcastle Ocean Baths  
Adolphe Shipwreck  
Go Karts Go  
Horseshoe Beach  
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Viet Spa & Lash House  
Eco Beauty Indulgence  
Aura Thai Massage & Day Spa  
Sojo Spa & Wellness  
Lilly Victoria Beauty Indulgence  
Bliss Beauty and Body  
Wellbeing Massage Therapy  
Feel & Heal  
NewYou Massage  
NuSport Aquatic Centre

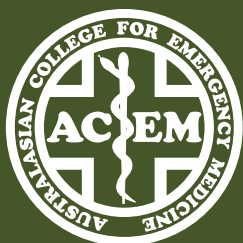
### Childcare

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St Philip's Christian Junior College (primary)





**Australasian College for Emergency Medicine**

34 Jeffcott St  
West Melbourne VIC 3003  
Australia  
+61 3 9320 0444  
[admin@acem.org.au](mailto:admin@acem.org.au)

**[acem.org.au](http://acem.org.au)**