

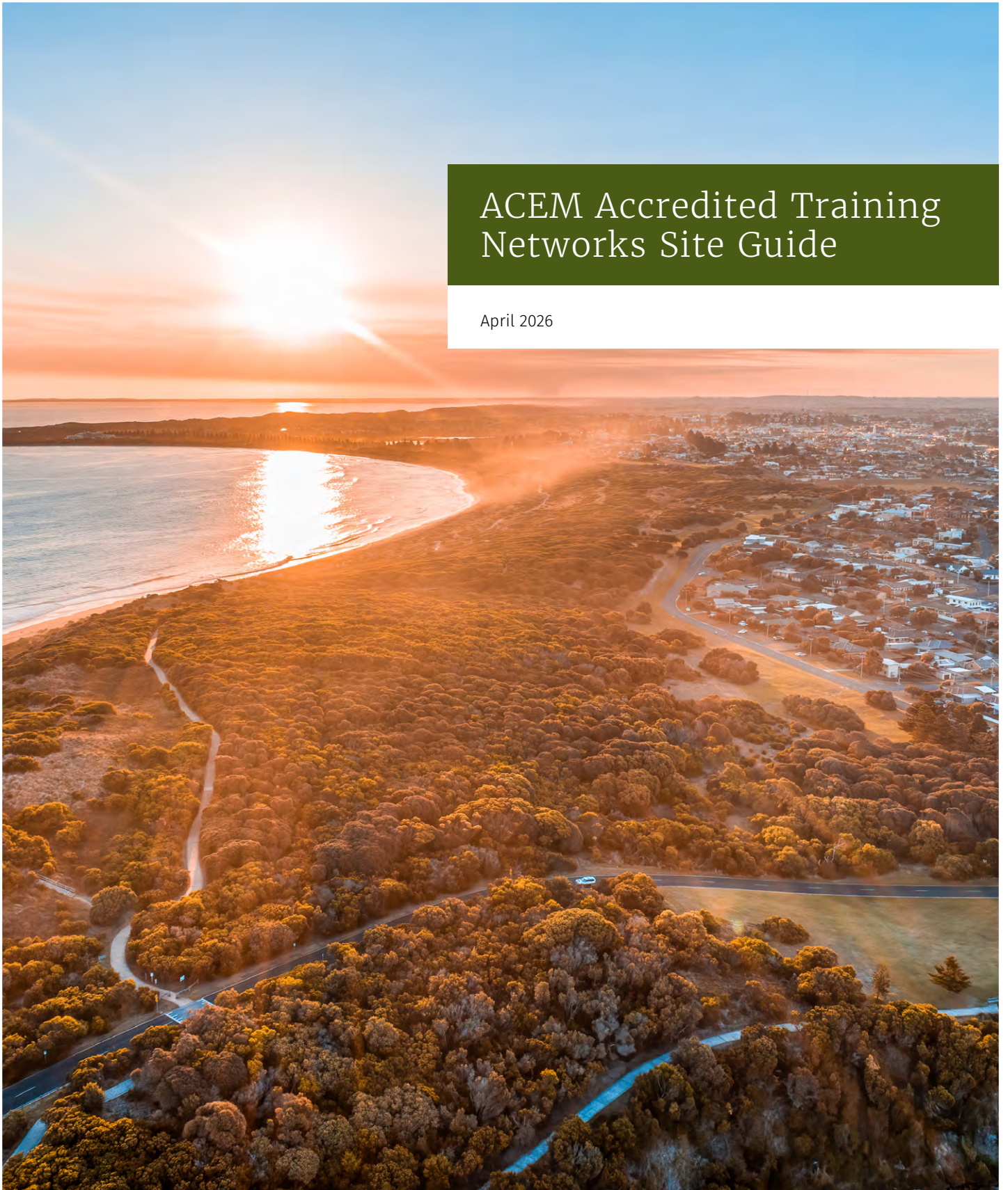


Australasian College for Emergency Medicine

acem.org.au

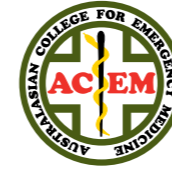
ACEM Accredited Training Networks Site Guide

April 2026



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The Australasian College for Emergency Medicine (ACEM) is the not-for-profit organisation responsible for training emergency physicians and advancement of professional standards in emergency medicine in Australia and Aotearoa New Zealand.

Our vision is to be the trusted authority for ensuring clinical, professional and training standards in the provision of quality, evidence-based, patient-centred emergency care.

Our mission is to promote excellence in the delivery of quality emergency care to all of our communities through our committed and expert members.

Acknowledgement

The Australasian College for Emergency Medicine (ACEM) acknowledges the Wurundjeri people of the Kulin Nation as the Traditional Custodians of the lands upon which our office is located. We pay our respects to ancestors and Elders, past, present and future, for they hold the memories, traditions, culture and hopes of Aboriginal and Torres Strait Islander peoples of Australia.

In recognition that we are a bi-national College, ACEM acknowledges Māori as tangata whenua and Te Tiriti o Waitangi partners in Aotearoa New Zealand.

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Please note that all opportunities listed under the 'training opportunities' section are accredited but may not be available for a term allocation. Availability and timing of rotations is subject to negotiation at the site level.

Trainees should confirm the length of training and available opportunities for non-ACEM training opportunities on their relevant college website.

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Background

The ACEM Accredited Training Networks (ATN) project is federally funded (2025-26) via the Flexible Approach to Training in Expanded Settings (FATES) funding stream. The objective of the project is to pilot two regional/rural accredited training networks which increase training time that can be undertaken rurally, extend the settings in which training can be undertaken and raise accreditation time at sites.

As of 2026, funding from the Victorian Department of Health via Victorian Medical Specialist Training allowed for the expansion of the project, establishing the North Central ATN in Victoria (NC VIC ATN).

The goal is that these integrated emergency medicine (EM) accredited training networks will provide a comprehensive training program experience which delivers safe, high-quality training that ultimately contributes to the development of a sustainable rural/regional EM workforce.

Each ATN enables completion of the full ACEM training program within the ATN, without the need for external placements.

ATNs differ from EM training networks as they also support rotation of trainees through ATN sites and work with unaccredited sites within the ATN footprint to prepare for and work towards accreditation.

By participating in this pilot, ACEM trainees receive tailored, flexible, and high-quality training across a variety of settings, equipping them for a diverse range of EM careers and ensuring they are prepared for independent practice. More specifically, the network aims to provide the following:

- + High-quality training across multiple sites
- + Consistency and equity in training standards
- + Hybrid and flexible learning models
- + Support in structured and flexible career pathways
- + Equitable resource allocation
- + Tailored career support and mentorship
- + Opportunities for professional development, training and growth
- + Valued regional and rural placements
- + Workforce and placement support

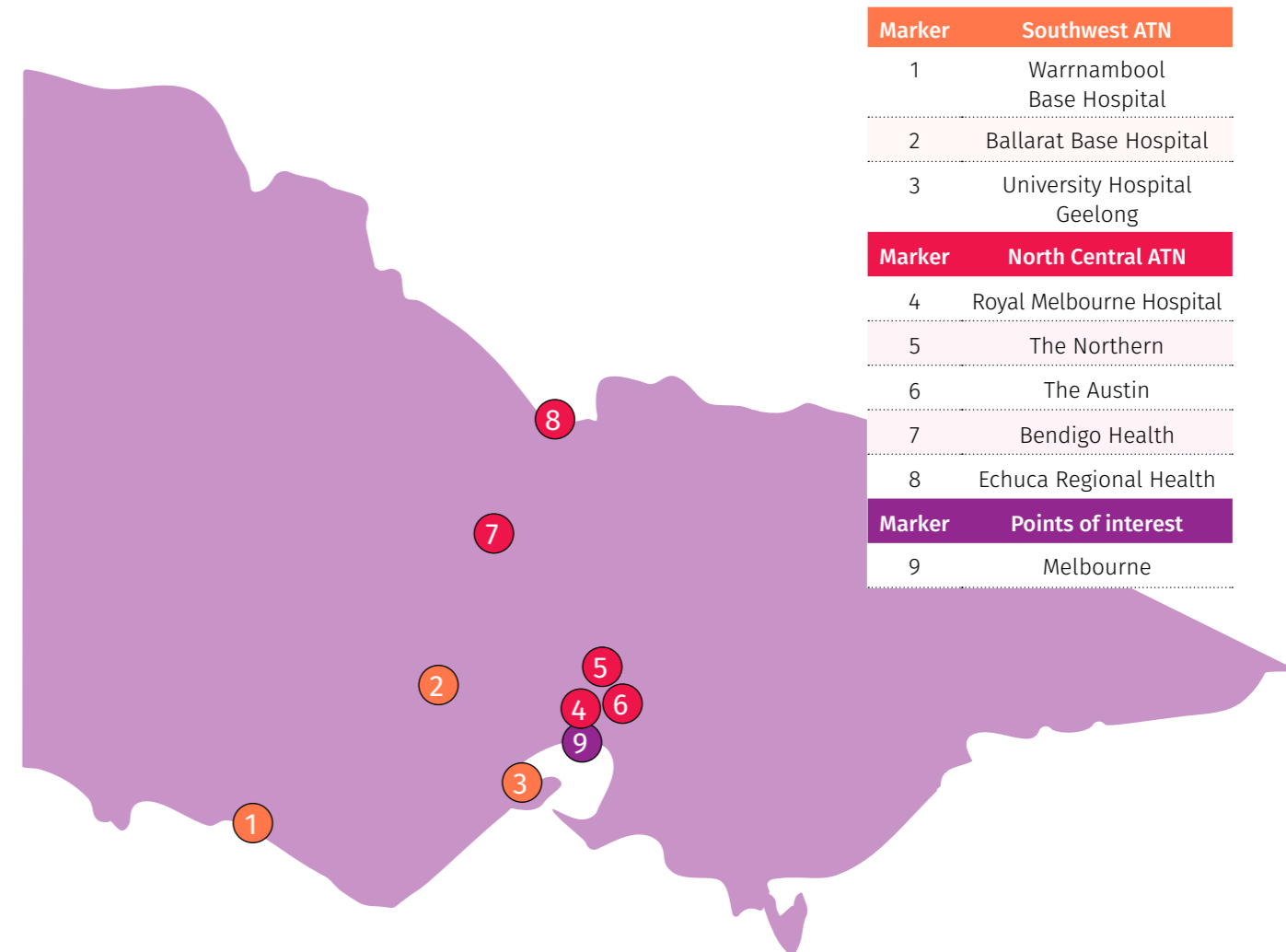
This resource provides information on the pilot sites that are currently part of our three ATNs across Victoria and New South Wales (NSW).

If you are interested in learning more about the ATN Pilot, or have any questions about a site, please get in touch with our project team.

Victoria



Locations of ACEM Accredited Training Network sites in Victoria



Marker	Southwest ATN
1	Warrnambool Base Hospital
2	Ballarat Base Hospital
3	University Hospital Geelong

Marker	North Central ATN
4	Royal Melbourne Hospital
5	The Northern
6	The Austin
7	Bendigo Health
8	Echuca Regional Health

Marker	Points of interest
9	Melbourne

Warrnambool Base Hospital

Warrnambool (VIC)

Residential population: ~35,500
Core catchment: Warrnambool, Moyne, Corangamite
MM Zone: 3
Delineation: Non-Major Referral
Accreditation Tier: 2
TS4 Accreditation: Core ED
Annual ED Presentations: 25,571
Annual CAT1 Presentations: 114
Annual CAT2 Presentations: 3791
Annual CAT3-5 Presentations: 21,666

Warrnambool Base Hospital

Part of South West Healthcare, Warrnambool Base Hospital is a large 212-bed hospital with a 24-hour ED and dedicated 10-bed paediatric unit. With a high presentation-to-trainee ratio, Warrnambool Hospital offers trainees a great opportunity for responsibility and independence while training. As a trainee, you will be supported by a highly experienced consultant team, which includes emergency specialists, GP anaesthetists and sports physicians, as well as experts in retrieval medicine, ultrasound, trauma, toxicology and research. For more information on Warrnambool Base Hospital, click [here](#). For more information on events and what's on in Warrnambool, click [here](#).

About Warrnambool

Warrnambool is a vibrant coastal city in south-west Victoria, about 260 kilometres from Melbourne. This stunning seaside city has a friendly, community-orientated vibe, a thriving food scene, and offers something for every trainee – from family-friendly to adventure seeker. Known for its beautiful beaches and rugged cliffs, Warrnambool is situated on the Great Ocean Road and offers access to outdoor adventures, including gorgeous hikes along scenic trails, whale watching and surfing. This picturesque destination offers a pristine location for trainees. For more information on what to do in Warrnambool, click [here](#).

Training opportunities

ACEM Emergency Medicine:
24 months (ACEM) | TS4 Accredited

**ACEM Paediatric Logbook/
Emergency (ACEM)**

Anaesthetics: 12 months (ANZCA)

Advanced Skills Training: Emergency
Medicine (ACRRM)

Basic Physician Training (Adjunct):
12 months (RACP)

Advanced Skills Training (ACRRM):
Paediatrics, Palliative Care, Mental
Health

Core Generalist Training (ACRRM)

Things to do around Warrnambool

Places to study

Hospital library
Warrnambool library
Deakin Sherwood Park Campus

Food and drink

Allee Espresso
Rough Diamond
Toto Town
The Kiosk
Pavillion cafe & bar
The Cally Hotel
Hotel Warrnambool
Bank St & Co (Port Fairy)
Farmer's Wife Cafe (Port Fairy)
Gregory's (Port Fairy)
Merrijig Inn (Port Fairy)
Yve (Port Fairy)
Blake's (Port Fairy)

Walks, biking and day trips

Foreshore Path
Thunder Point Path
Hopkins Falls
Port Fairy Rail Trail
Tower Hill
Dunkeld
Mud-Dadjug
Wurgarri
Great Ocean Walk
Cape Bridgewater
Bocara River
Lower Glenelg National Park

Activities

Deep Blue Hot Springs
Warrnambool tours (Whale watching)
Logan's Beach (Whale watching)
Warrnambool Breakwater
(Seal and Whale watching)

Two Mile Bay (Surfing)
Easter Reef (Surfing)
Coonawarra Wine Region

Events

Fresh Market Warrnambool
Port Fairy Folk Festival
Solstice Search Party
Koroit Irish Festival

Social

Warrnambool parkrun
Make & Meet
Warrnambool Chess Club
Cars and Coffee Warrnambool
For information on where to find
your closest AFL club, [click here](#).
For information on where to find
your closest cricket club, [click here](#).
For information on where to find
your closest netball club [click here](#).

Family

Lake Pertobe Adventure Playground
Warrnambool Wildlife Encounters
Warrnambool Botanic Gardens
Flagstaff Hill Maritime Village
Lighthouse Theatre

Wellness

Warrnambool 24/7 Gym & Fitness
Iron Armour Gym 24/7
BFT Warrnambool
Body Blitz Fitness Centre
AquaZone
Warrnambool Wellness Centre
For Rest-Thai Massage

Childcare

To find childcare options near you,
[click here](#).

Schools

To find public schools near you,
[click here](#).
To find private schools near you,
[click here](#).

Ballarat Base Hospital

Ballarat (VIC)

Residential population: ~118,000
Core catchment: Ballarat, Hepburn, Moorabool (part), Golden Plains (north)
MM Zone: 2
Delineation: Non-Major Referral
Accreditation Tier: 2
TS4 Accreditation: Core ED
Annual ED Presentations: 55,521
Annual CAT1 Presentations: 661
Annual CAT2 Presentations: 10,466
Annual CAT3-5 Presentations: 44,394

About Ballarat

Ballarat is a historic gold rush city located 90-minutes northwest of Melbourne. Boasting Victorian architecture, from its time as a gold mining hub in the 1850s, Ballarat is a delight of verdant gardens, natural wonders and fine food. Home to the nation's oldest regional art gallery, there's cultural festivals throughout the year that shine a light on the people that make the region what it is – a regional hub for health, education and tourism. Take in the open-air museum of Sovereign Hill, the picturesque Lake Wendouree or explore the Woookarung Regional Park where you can go hiking or cycling – all while keeping an eye out for kangaroos, echidnas or native birds. For more information on what to do in Ballarat, [click here](#). For more information on events and what's on in Ballarat, [click here](#).

Ballarat Base Hospital

Part of Grampians Health, Ballarat Base Hospital serves a diverse catchment of over 250,000 people. The ED has a separate adult and paediatric zone and includes three resuscitation bays, 20 standard bays, a 12-bed short stay unit, 12 bay ambulatory area and five bay fast-track area. At Ballarat Base Hospital, trainees can expect easy access to senior staff for on the floor supervision and WBAs and have little competition for access to critically ill patients and invasive procedures. For more information on Ballarat Base Hospital, [click here](#).

Training opportunities

Emergency Medicine: 24 months (ACEM) | TS4 Accredited

Paediatric Logbook/Emergency (ACEM)

Anaesthetics: Three months (ANZCA); Rural Generalist Anaesthesia (ANZCA)

Advanced Skills Training: Emergency Medicine (ACRRM)

Basic Physician Training (Principal): 24 months (RACP)

Advanced Skills Training (ACRRM): Paediatrics, Palliative Care

Core Generalist Training (ACRRM)

ICU (CICM): Limited General Training – Gen6, Rural

Things to do around Ballarat

Places to study

Federation University Mt Helen Campus

Australian Catholic University Ballarat Campus

Ballarat Library

Food and drink

Café Merkama

Gor Gai

Peasant

Mr Jones

Kazan central Asian kitchen

Saigon Noodle house

The Arch Fish and Chips

Dosa Hut

Roy Hammond

Grainery Lane

Itinerant Spirits

Renard

The Crypt

SIP Champagne Bar

Aunty Jacks

Hop Temple (Trivia nights)

Cubby Haus Brewing

Hotel Vera and Restaurant Babae

Johnnys

Fika Coffee Brewers

L'espresso

Yellow Espresso

Drive

Eclectic tastes

Walks, biking and day trips

Lake Wendouree

Union Jack

Mount Buninyong

Yarrowee Creek

Grampians National Park

Daylesford

Activities

Sovereign Hill

Art Gallery of Ballarat

Ballarat Lyric Opera Company

Pyrenees wine region

Ballarat wine region

Ballarat Wildlife Park

Ballarat Bird World

Victoria Park

Ballarat Botanical Gardens

Ballarat Tramway Museum

Events

Ballarat Begonia Festival

Bridge Mall Farmers Market

Ballarat International Foto Biennale

Social

Chess Club

Film Society

Book Club

Kadampa Meditation & Buddhism

For information on where to find your closest AFL club, [click here](#).

For information on where to find your closest cricket club, [click here](#).

For information on where to find your closest netball club [click here](#).

Wellness

Ballarat Aquatic and Lifestyle Centre

The Underground Movement

Fernwood Fitness

F45 Training Ballarat

Spartan's gym and supplements

Ballarat Wellness Centre

Thai Remedial Massage Ballarat

Childcare

To find childcare options near you, [click here](#).

Schools

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

University Hospital Geelong

Geelong (VIC)

Residential population: ~289,000
Core catchment: Greater Geelong, Surf Coast, Queenscliffe and regional referrals
MM Zone: 1
Delineation: Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED, Medical Education/Simulation
Annual ED Presentations: ~78,000
Annual CAT1 Presentations: ~1050
Annual CAT2 Presentations: ~15,000

About Geelong

Located just one hour south-west of Melbourne, Geelong is a rapidly growing city that boasts a lively waterfront, and burgeoning arts and cultural scene. Trainees in Geelong enjoy easy access to Melbourne, while having a laid-back lifestyle. Geelong is a stone's throw from the Great Ocean Road, and offers relaxing beaches where you can swim, surf, kayak or fish. There is also a passionate food and wine region that is home to award-winning restaurants and wineries to enjoy. At its heart is a strong sporting culture, from its AFL club – the Cats – to the multitude of amateur clubs, giving plenty of opportunity to develop connections in the area. For more information on what to do in Geelong, [click here](#). For more information on events and what's on in Geelong, [click here](#).

University Hospital Geelong

Part of Barwon Health, University Hospital Geelong is the only tertiary hospital outside of the Melbourne metropolitan area. With a growing population, University Geelong's mixed emergency department offers a dynamic patient and injury mix, with 30 per cent of presentations being paediatric. As a trainee coming to Geelong, you can expect access to all major specialties, except neurosurgery and transplant medicine, as well as a stimulating work environment due to the variety and acuity of conditions treated. Similarly, it is one of the few Victorian hospitals with Extracorporeal Membrane Oxygenation (ECMO) services, offering further learning opportunities. For more information on University Hospital Geelong, [click here](#).

Training opportunities

Emergency Medicine: 36 months (ACEM) | TS4 Accredited

Medical Education/Simulation: Six months (ACEM) | TS4 Accredited

Paediatric Logbook/Emergency (ACEM)

Anaesthetics: 36 months (ANZCA); Rural Generalist Anaesthesia (ANZCA)

Advanced Skills Training (ACRRM): Paediatrics. Palliative Care

ICU (CICM): General Training (Gen12), Cardio, AP(12)

Things to do around Geelong

Places to study

Deakin University Geelong Waterfront Campus
Geelong Regional Library

Food and drink

Archive Wine Bar
Piano Bar
Bean Squeeze
Untitled
Fishe's Torquay
Anh Chi Em
Kosaten
Osteria Fiorenza
Adamo

Beaches, Walks, Biking and Day Trips

Torquay
Queenscliff
Sorrento
Lorne
Warrnambool

Daylesford
Eastern Beach
Barwon Valley Park
Rippleside
Great Ocean Road
Bellarine Rail Trail
You Yangs Regional Park
Whites Beach
Ocean Grove Beach (Surfing)
Thirteenth Beach (Surfing)
Ocean Grove (Surfing)
Point Lonsdale (Surfing)
Barwon Heads River
Bells Beach
Armstrong Creek
Leopold
Bannockburn Water Park

Activities

Hot Air Balloon
Scuba Diving Queenscliff

Kardinia Pool
MoPA
Bounce
Wallington Adventure Park
Werribee Zoo
Bellarine Wineries
Barwon Valley Golf Club

Events

GHMBA Stadium
Torquay Cowrie Market
East Fruit Market
Cadel Evans Bike Race
Amy's Grand Fondo
Geelong Iron Man 70.3
Rip Curl Pro

Social

Geelong Chess Club
Eastern Park Bowling Club
Active Geelong
Melbourne Social Walks – Geelong Botanic Gardens
For information on where to find your closest AFL club, [click here](#).
For information on where to find your closest cricket club, [click here](#).
For information on where to find your closest netball club [click here](#).

Wellness

Baan Isaan Thai Spa and Massage
Coral Chinese Massage
Upstate Geelong Boxing and Reformer
Strong Geelong
VIBE Fitness Studios Geelong
Fit for Living
Fitstop Geelong
The Wellness Studio in Geelong
Leisurelink Aquatic & Recreation Centre

Childcare

To find childcare options near you, [click here](#).

Schools

To find public schools near you, [click here](#).
To find private schools near you, [click here](#).

Royal Melbourne Hospital

Parkville (VIC)

Residential population: ~8,200
Core Catchment: Inner metro + statewide referrals
MM Zone: 2
Delineation: Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED, Medical Admin/Safety and Quality
Annual ED Presentations: 135,851
Annual CAT1 Presentations: 1790
Annual CAT2 Presentations: 16,652
Annual CAT3-5 Presentations: 108,900

About Parkville

Melbourne is widely regarded as Australia's cultural heart – shaped by migration, a love of food and coffee, and a vibrant arts scene. In the city's southeast, Victorian terraces sit alongside modern high-rises, while laneways reveal some of the country's best dining. Expansive parks add space and balance to the inner city. Suburbs like Parkville offer a quieter character, home to the University of Melbourne and a major biomedical precinct of hospitals and research institutes. Sport is central to Melbourne's identity, with events like the Australian Open and Melbourne Cup, alongside festivals and live music sustaining year-round energy. For more information on what to do in Melbourne, [click here](#). For more information on events and what's on in Melbourne, [click here](#).

Royal Melbourne Hospital

For FACEM trainees, a term at The Royal Melbourne Hospital (RMH) is about as formative as it gets. RMH is one of the state's foremost tertiary referral centres – a busy, complex environment that handles the full spectrum of acute illness and injury. The emergency department is consistently one of the busiest in Victoria and one of only two adult major trauma centres in the state. That means exposure to critically injured patients and high-stakes referrals coming in from across Melbourne and regional Victoria. The ED has two trauma bays, seven resuscitation cubicles, 25 treatment cubicles, a 17-bed short stay unit, and a rooftop helipad. Sitting within the broader Parkville precinct, alongside the University of Melbourne and a number of research institutes, RMH also offers a genuine culture of teaching and research.

Training opportunities

ACEM Emergency Medicine: 36 months (ACEM) | TS4 Accredited

Medical Admin/Safety and Quality: Six months (ACEM) | TS4 Accredited

ICU (CICM): General Training – Gen24, Neuro, Cardio, Trauma

Anaesthetics: 36 months (ANZCA)

Basic Physician Training (Principal): 33 months (RACP)

Things to do around Parkville

Schools

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

Childcare

To find childcare options near you, [click here](#).

Study

Health Sciences Library
Flemington Library
North Melbourne Library
State Library Victoria
naarm ngarrgu Library
Library at The Dock
RMIT University Study Spaces
City Library
Kathleen Syme Library and Community Centre
Health Sciences Library RMH
Monash University Study Spaces
University of Melbourne Study Spaces

Food and drink

ST Cooper Cafe
Macchiato Cafe (Hospital - 24 hours)
Zouki cafe
Kintsugi Coffee
Carte Crepes
Little MylkBar (Vegan)
Cafe Tomi
Foodlab Kebab & Desserts
Jaspresso
Bear's Wine Bar
Albion Hotel
The Courthouse
Bobbie Peels
Whitebark Wine
Caretaker's Cottage
State of Grace
Eau De Vie Melbourne
Kirk's Wine Bar
Patricia Coffee Brewers
Little Rogue
Duke's Coffee Roasters

Brother Baba Budan
Cha Ching
Maha Restaurant
Palermo
Tipo 00
Rice Paper Scissors
Supernormal
MoVida
Stalactites

Walking, biking and day trips

Parkville Nature Sanctuary
Philip Island
Great Ocean Road
Yarra Valley
Mornington Peninsula
Daylesford and Macedon Ranges
Dandenong Ranges
Barwon Bluff
Beauchamp Falls
Stevenson Falls
Yarra River Discovery Walk
Albert Park Walking Track
Royal Botanic Gardens
Brighton Beach Boxes
Bellarine Rail Trail
Cape Schanck

Activities

Peninsula Hot Springs
Penguin Parade
St Kilda Pier
Melbourne Zoo
Werribee Open Range Zoo
Queen Victoria Market
South Melbourne Market
National Gallery Victoria
Melbourne Museum
Albert Park Golf Course
Moonlight Cinema
Shrine of Remembrance
Ice Bar Melbourne
Melbourne SkyDeck
Hot Air Balloon
Federation Square
Melbourne Cricket Ground (MCG) Tour
GoBoat

The Block Arcade

Events

Formula 1 Australia Grand Prix
Australian Open
Moomba Festival
St Kilda Festival
Firelight Festival
Comedy Festival
The Melbourne Royal Show
Melbourne International Film Festival
Antipodes Festival
AFL Grand Final
Melbourne Cup Carnival
Melbourne Food and Wine Festival
RISING Festival
Carols by Candlelight
New Years Eve Melbourne

Social

Humans of Melbourne Group
Melbourne Social Badminton
Comedy Club Lounge Meetup
Melbourne Social Networking
Melbourne Camping Enthusiasts
Melbourne Beer Gardens
Melbourne Table Tennis @ MSAC
Fun, Food and Friendship
For information on where to find your closest AFL club, [click here](#).
For information on where to find your closest cricket club, [click here](#).
For information on where to find your closest netball club [click here](#).

Wellness

Sensu Spa
Sense of Self (SOS)
Wellness Beauty & Head Spa
Botanica Wellness Spa and Clinic
M Kami Japanese Head Spa and Scalp Massage
Daydream Thai
Laurel Beauty and Spa
State Sport Centres - MSAC
Hawthorn Aquatic and Leisure Centre
St Kilda Sea Baths

The Northern

Epping (VIC)

Residential population: ~35,000
Core catchment: Hume, Whittlesea, Mitchell
MM Zone: 1
Delineation: Non-Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED, Paediatrics, Virtual Health
Annual ED Presentations: 117,788
Annual CAT1 Presentations: 1590
Annual CAT2 Presentations: 29,242
Annual CAT3-5 Presentations: 87,037

About Epping

Melbourne is widely regarded as Australia's cultural heart – shaped by migration, a love of food and coffee, and a vibrant arts scene. Expansive parks add space and balance to the inner city. Among the fastest-growing areas is the northern corridor, where suburbs like Epping have expanded rapidly over the past two decades due to sustained population growth. The region now supports a large, diverse community, with continued investment in transport, healthcare, and retail infrastructure reflecting both its current scale and ongoing development trajectory. For more information on what to do in Melbourne, click [here](#). For more information on events and what's on in Melbourne, click [here](#).

The Northern Hospital

The Northern Hospital offers something distinct from the inner-city teaching hospitals – sheer volume, and the kind of breadth that comes with serving a large, diverse and fast-growing catchment. The hospital is a 400-bed teaching facility with affiliations, including the University of Melbourne. Over 110,000 presentations a year move through the ED – adults and children, across the full range of acute medical, surgical, and trauma complaints – making it one of the busiest in Victoria. Clinicians work around the clock supported by a team of emergency physicians, nurses, and specialist services. The combination of high volume, clinical variety, and a community that keeps growing means the casemix rarely gets predictable – building confidence and capabilities.

Training opportunities

ACEM Emergency Medicine:
36 months (ACEM) | TS4 Accredited

**ACEM Paediatric Logbook/
Emergency (ACEM)**

Paediatrics: 12 months (ACEM) | TS4 Accredited

Toxicology: Three months (ACEM)

Virtual Health: Six months (ACEM) | TS4 Accredited

Anaesthetics: 24 months (ANZCA)

ICU (CICM): General Training – Gen12

Basic Physician Training (Principal):
33 months (RACP)

Things to do around Epping

Schools

To find public schools near you, click [here](#).

To find private schools near you, click [here](#).

Childcare

To find childcare options near you, click [here](#).

Study

Northern Centre for Health Education Research (NCHER)
Melbourne Polytechnic (Epping Campus)

Lalor Library
Mill Park Library
Craigieburn Library
State Library Victoria
naarm ngarrgu Library
Library at The Dock
RMIT University Study Spaces
City Library
Kathleen Syme Library and Community Centre
Monash University Study Spaces
University of Melbourne Study Spaces

Food and drink

Green Bag Espresso Bar (Hospital)
Henry's Cafe (Hospital)
Cafe Lelunar
Koffee Kult
Kenangan Coffee Epping VIC
Abruzzo Lab
Seoul Garden Korean BBQ & Hot Pot Buffet - Epping
The Greek Grill on High
VHM Bros Epping
Parantha King & Mehkhana
The Sporting Globe Bar & Grill
Plenty Valley
REPUBLIC TAVERN BREWPUB
Caretaker's Cottage
State of Grace
Eau De Vie Melbourne
Kirk's Wine Bar
Patricia Coffee Brewers
Little Rogue
Duke's Coffee Roasters

Brother Baba Budan
Cha Ching
Maha Restaurant
Palermo
Tipo 00
Rice Paper Scissors
Supernormal
MoVida
Stalactites

Walking, biking and day trips

Philip Island
Great Ocean Road
Yarra Valley
Mornington Peninsula
Daylesford and Macedon Ranges
Dandenong Ranges
Barwon Bluff
Beauchamp Falls
Stevenson Falls
Yarra River Discovery Walk
Albert Park Walking Track
Royal Botanic Gardens
Brighton Beach Boxes
Bellarine Rail Trail
Cape Schanck

Activities

Peninsula Hot Springs
Penguin Parade
St Kilda Pier
Melbourne Zoo
Werribee Open Range Zoo
Queen Victoria Market
South Melbourne Market
National Gallery Victoria
Melbourne Museum
Albert Park Golf Course
Moonlight Cinema
Shrine of Remembrance
Ice Bar Melbourne
Melbourne SkyDeck
Hot Air Balloon
Federation Square
Melbourne Cricket Ground (MCG)
Tour
GoBoat
The Block Arcade

Events

Formula 1 Australia Grand Prix
Australian Open
Moomba Festival
St Kilda Festival
Firelight Festival
Comedy Festival
The Melbourne Royal Show
Melbourne International Film Festival
Antipodes Festival
AFL Grand Final
Melbourne Cup Carnival
Melbourne Food and Wine Festival
RISING Festival
Carols by Candlelight
New Years Eve Melbourne

Social

Humans of Melbourne Group
Melbourne Social Badminton
Comedy Club Lounge Meetup
Melbourne Social Networking
Melbourne Camping Enthusiasts
Melbourne Beer Gardens
Melbourne Table Tennis @ MSAC
Fun, Food and Friendship
For information on where to find your closest AFL club, click [here](#).
For information on where to find your closest cricket club, click [here](#).
For information on where to find your closest netball club, click [here](#).

Wellness

BFT Epping
The Transform Gym
Elevate 24:7 Fitness
Y Japanese Head Spa
Sensu Spa
Sense of Self (SOS)
Wellness Beauty & Head Spa
Botanica Wellness Spa and Clinic
M Kami Japanese Head Spa and Scalp Massage
Daydream Thai
Laurel Beauty and Spa
State Sport Centres - MSAC
Hawthorn Aquatic and Leisure Centre
St Kilda Sea Baths

The Austin

Heidelberg (VIC)

Residential population: ~8000
Core Catchment: North-east metro (shared)
MM Zone: 1
Delineation: Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED, Medical Education/Simulation, Medical Admin/Safety and Quality, Toxicology
Annual ED Presentations: 88,411
Annual CAT1 Presentations: 774
Annual CAT2 Presentations: 22,545
Annual CAT3-5 Presentations: 65,092

About Heidelberg

Melbourne is a city of considerable depth and variety – recognised internationally for its food and coffee culture, its arts institutions, and a civic life shaped by successive waves of migration. Heidelberg, in Melbourne's northeast, is one such place. The suburb is perhaps better known for its medical precinct, centred on the Austin and Mercy hospital campuses, which together form one of Victoria's most significant concentrations of clinical and research activity. For more information on what to do in Melbourne, click [here](#). For more information on events and what's on in Melbourne, click [here](#).

The Austin

The Austin Hospital is a large tertiary referral centre – around 466 acute overnight beds at the Austin site alone, within a broader Austin Health network approaching 800. The ED reflects that scale, with close to 90,000 presentations a year. The department covers the full range: adults, paediatrics through a dedicated six-bed children's unit, and mental health, with a 24-bed Short Stay Unit supporting the kind of rapid assessment and early disposition that keeps a department of that volume functioning. The Austin hosts statewide specialist services – the Victorian Liver Transplant Unit, the Spinal Cord Service, the Respiratory Support Service, the Ventilation Weaning Unit, and the Toxicology Service among them. This means the casemix includes presentations that most hospitals simply don't see, and for anyone trying to develop as a clinician, that kind of exposure is difficult to replicate elsewhere.

Training opportunities

Emergency Medicine: 36 months (ACEM) | TS4 Accredited

Medical Education/Simulation: Six months (ACEM) | TS4 Accredited

Paediatric Logbook/Emergency (ACEM)

Medical Admin/Safety and Quality: Six months (ACEM) | TS4 Accredited

Research: Six months

Toxicology: Six months | TS4 Accredited

ICU (CICM): General Training – Gen24, Neuro, Cardio

Anaesthetics: 36 months (ANZCA)

Basic Physician Training (Principal): 33 months (RACP)

Things to do around Heidelberg

Schools

To find public schools near you, click [here](#).

To find private schools near you, click [here](#).

Childcare

To find childcare options near you, click [here](#).

Study

Austin Health Library
Ivanhoe Library and Cultural Hub
Rosanna Library
Melbourne Polytechnic - Heidelberg Campus
Health Sciences Library
State Library Victoria
naarm ngarrgu Library
Library at The Dock
RMIT University Study Spaces
City Library
Kathleen Syme Library and Community Centre
Health Sciences Library RMH
Monash University Study Spaces
University of Melbourne Study Spaces

Food and drink

Cafe Adamo (Hospital)
Plat Specialty Coffee
Hudsons Coffee
Superdays Coffee
Little Black Pig & Sons
Heritage Indian Restaurant
At The Kotz
Hecho en Mexico Heidelberg
The Old England Hotel
Sir Henry Barkly Hotel
Moon Dog World
Caretaker's Cottage
State of Grace
Eau De Vie Melbourne
Kirk's Wine Bar
Patricia Coffee Brewers
Little Rogue
Duke's Coffee Roasters
Brother Baba Budan
Cha Ching
Maha Restaurant

Palermo
Tipo 00
Rice Paper Scissors
Supernormal
MoVida
Stalactites

Walking, biking and day trips

Philip Island
Great Ocean Road
Yarra Valley
Mornington Peninsula
Daylesford and Macedon Ranges
Dandenong Ranges
Barwon Bluff
Beauchamp Falls
Stevenson Falls
Yarra River Discovery Walk
Albert Park Walking Track
Royal Botanic Gardens
Brighton Beach Boxes
Bellarine Rail Trail
Cape Schanck

Activities

Peninsula Hot Springs
Penguin Parade
St Kilda Pier
Melbourne Zoo
Werribee Open Range Zoo
Queen Victoria Market
South Melbourne Market
National Gallery Victoria
Melbourne Museum
Albert Park Golf Course
Moonlight Cinema
Shrine of Remembrance
Ice Bar Melbourne
Melbourne SkyDeck
Hot Air Balloon
Federation Square
Melbourne Cricket Ground (MCG)
Tour
GoBoat
The Block Arcade

Events

Formula 1 Australia Grand Prix
Australian Open
Moomba Festival

St Kilda Festival
Firelight Festival
Comedy Festival
The Melbourne Royal Show
Melbourne International Film Festival
Antipodes Festival
AFL Grand Final
Melbourne Cup Carnival
Melbourne Food and Wine Festival
RISING Festival
Carols by Candlelight
New Years Eve Melbourne

Social

Humans of Melbourne Group
Melbourne Social Badminton
Comedy Club Lounge Meetup
Melbourne Social Networking
Melbourne Camping Enthusiasts
Melbourne Beer Gardens
Melbourne Table Tennis @ MSAC
Fun, Food and Friendship
For information on where to find your closest AFL club, click [here](#).
For information on where to find your closest cricket club, click [here](#).
For information on where to find your closest netball club click [here](#).

Wellness

Urban Sanctuary Ivanhoe
Inner Outer Health
Endota Spa Northland
Ivanhoe Aquatic
Fernwood Fitness
Snap Fitness 24/7 Heidelberg
The Yard Gym
Hustle & Thrive, Heidelberg
Sensu Spa
Sense of Self (SOS)
Wellness Beauty & Head Spa
Botanica Wellness Spa and Clinic
M Kami Japanese Head Spa and Scalp Massage
Daydream Thai
Laurel Beauty and Spa
State Sport Centres - MSAC
Hawthorn Aquatic and Leisure Centre
St Kilda Sea Baths

Bendigo Health

Bendigo (VIC)

Residential population: ~126,000
Core Catchment: Loddon Campaspe and beyond
MM Zone: 2
Delineation: Non-Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED
Annual ED Presentations: 60,191
Annual CAT1 Presentations: 991
Annual CAT2 Presentations: 13,387
Annual CAT3-5 Presentations: 45,813

About Bendigo

Bendigo's origins are reflected in its streetscape, shaped by the wealth of the 1850s Victorian gold rush. Wide boulevards, ornate public buildings, and historic sites speak to the diverse communities who settled there. About 150 kilometres northwest of Melbourne, Bendigo has preserved this heritage while evolving beyond its past. The Bendigo Art Gallery has earned a strong national reputation, while the local food and wine scene continues to grow. The city retains a relaxed, community-oriented character. For more information on what to do in Bendigo, click [here](#). For more information on events and what's on in Bendigo, click [here](#).

Bendigo Health

Bendigo Health is a 778-bed tertiary referral centre drawing patients from across the Loddon Mallee, with an emergency department that handles around 60,000 presentations a year. The casemix reflects that catchment: acute medical and surgical presentations, trauma, paediatrics, and psychiatric emergencies, supported by onsite cancer care, operating theatres, and specialist services that are rarely available outside a metropolitan setting. For trainees, it offers the clinical breadth of regional practice without sacrificing subspecialty backup. What tends to distinguish Bendigo beyond the numbers, though, is the culture of the department itself. It has a reputation – consistently borne out by the people who train there – for being genuinely collegiate and trainee-focused, the kind of environment where practical teaching is taken seriously and psychological safety is more than a talking point.

Training opportunities

Emergency Medicine: 36 months (ACEM) | TS4 Accredited

Paediatrics: Six months (ACEM)

ICU (CICM): Limited General Training – Gen6, Rural

Anaesthetics: 24 months (ANZCA)

Basic Physician Training (Principal): 24 months (RACP)

Advanced Skills Training (ACRRM): Paediatrics, Palliative Care, Emergency Medicine

Core Generalist Training (ACRRM)

Things to do around Bendigo

Schools

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

Childcare

To find childcare options near you, [click here](#).

Study

[Bendigo Health Library](#)

[Bendigo Library](#)

[La Trobe University Bendigo Campus](#)

[Bendigo TAFE Campus](#)

Food and drink

[The Coffee Box \(Hospital\)](#)

[The Pantry - Mercure Bendigo Scaller](#)

[Percy and Percy](#)

[Fox & Giraffe](#)

[Old Green Bean](#)

[The Woodhouse Bar & Grill](#)

[Terrae](#)

[Ghosty's Diner](#)

[Alium Dining](#)

[Signature Dhaba](#)

[Ms Batterhams](#)

[Oya's Turkish Kitchen Take Away](#)

[Red Smoke Bendigo](#)

[Lake View Hotel Bendigo](#)

[The Dispensary Bar & Diner](#)

[Old Boundary Hotel](#)

[The Foundry](#)

[The McIvor Bendigo](#)

[Handle Bar](#)

Walking, biking and day trips

[O'keefe Rail Trail](#)

[Murray to Mountains Rail Trail](#)

[Murray River Adventure Trail](#)

[Five Mile Mountain Bike Trail](#)

[Philip Island](#)

[Great Ocean Road](#)

[Yarra Valley](#)

[Mornington Peninsula](#)

[Daylesford and Macedon Ranges](#)

[Dandenong Ranges](#)

[Barwon Bluff](#)

[Beauchamp Falls](#)

[Stevenson Falls](#)

[Yarra River Discovery Walk](#)

[Albert Park Walking Track](#)

[Royal Botanic Gardens](#)

[Brighton Beach Boxes](#)

[Bellarine Rail Trail](#)

[Cape Schanck](#)

Activities

[The Great Stupa of Universal Compassion](#)

[Sacred Heart Cathedral](#)

[Heathcote Wine Region](#)

[Rosalind Park](#)

[Bendigo Tramways](#)

[Bendigo Art Gallery](#)

[Central Deborah Gold Mine](#)

[Golden Dragon Museum](#)

[Bendigo Pottery](#)

[Strath Village Shopping Centre](#)

[Bendigo Showgrounds Market](#)

Events

[Bendigo Blues & Roots Music Festival](#)

[Bendigo Easter Festival](#)

[Bendigo Bloom Festival \(Spring\)](#)

[Bendigo Writers Festival](#)

[Strategem Grape Day Out](#)

[Bendigo National Swap Meet](#)

[Bendigo Queer Film Festival](#)

[Electric Wonderland](#)

Social

[Bendigo Bushwalking and Outdoor Club Inc.](#)

[Bendigo Gem Club](#)

[Bendigo Jazz Club Inc](#)

[Country Women's Association](#)

[Tabletop Roleplaying with Yo Bendigo](#)

[Bendigo Cake Decorating Club](#)

[Eaglehawk Community House](#)

For information on where to find your closest AFL club, [click here](#).

For information on where to find your closest cricket club, [click here](#).

For information on where to find your closest netball club [click here](#).

Wellness

[Snap Fitness 24/7 Bendigo](#)

[Silverback Strength Gym & Supplements](#)

[Fit Republic](#)

[Anytime Fitness Kennington](#)

[BFT Bendigo](#)

[Endota Spa Bendigo](#)

[Maytopia Organic Massage](#)

[Silk Day Spa](#)

[Refresh Day Spa & Remedial Clinic Bendigo](#)

[Bendigo East Aquatic Centre](#)

[Faith Leech Aquatic Centre](#)

Echuca Regional Health

Echuca (VIC)

Residential population: ~15,000
Core Catchment: Campaspe + cross-border NSW
MM Zone: 3
Delineation: Non-Major Referral
Accreditation Tier: 3
TS4 Accreditation: Core ED
Annual ED Presentations: 29,877
Annual CAT1 Presentations: 40
Annual CAT2 Presentations: 2918
Annual CAT3-5 Presentations: 26,919

About Echuca

Echuca occupies a distinctive place in Victoria's history. Sitting on the Murray River, it was among the busiest inland ports in nineteenth-century Australia, a hub built on the paddle steamer trade that once moved cargo along the river. That era is well preserved here – the old port precinct and its heritage vessels remain intact, giving it a tangible connection to its past. Now Echuca is better known as a destination: unhurried, scenic and well set up for visitors drawn to the river, history, and a food and wine scene that has matured considerably in recent years. For more information on what to do in Echuca, click [here](#). For more information on events and what's on in Echuca, click [here](#). The council also has a New Resident's Kit which can be accessed [here](#).

Echuca Regional Health

A term at Echuca Regional Health offers something that most metropolitan placements cannot – genuine breadth. ERH serves a catchment of around 52,000 people across the Campaspe and Murray regions, taking in communities on both sides of the Victorian and NSW border, and the 113-bed hospital carries the full weight of that responsibility. The emergency department is staffed by emergency doctors and critical-care trained nurses alongside a multidisciplinary team that includes mental health clinicians, social workers, and allied health. For EM doctors and trainees, the defining feature of regional practice tends to be the same wherever you go: patients arrive undifferentiated, resources are finite, and the clinician's judgment carries considerable weight.

Training opportunities

Emergency Medicine: 12 months (ACEM)

Basic Physician Training (Adjunct, Secondment) - Six months (RACP)

Advanced Skills Training (ACRRM): Emergency Medicine, Adult Internal Medicine

Core Generalist Training (ACRRM)

Things to do around Echuca

Schools

To find public schools near you, click [here](#).

To find private schools near you, click [here](#).

Childcare

To find childcare options near you, click [here](#).

Study

Campaspe Library
Bendigo TAFE - Echuca Campus
Echuca Regional Health Education Department

Food and drink

ERH Cafe (Hospital)
The Wren Courtyard
Gigi's on the esplanade
Old Port Cafe
The Sweet Meadow
Three Black Sheep
7 Beans Coffee Echuca
Johnny and Lyle
Westside Milkbar Take Away

Shamrock Hotel

Port 53
Opa Echuca
Sunago
Odd Captain Cafe & Bar
Echuca Workers
Junction Moama
The Social Wine Bar
Bar Lee.

Walking, biking and day trips

Gunbower National Park
Banyula Forest Loop
Echuca Scenic Trail
O'keefe Rail Trail
Murray to Mountains Rail Trail
Murray River Adventure Trail
Five Mile Mountain Bike Trail
Philip Island
Great Ocean Road
Yarra Valley
Mornington Peninsula
Daylesford and Macedon Ranges
Dandenong Ranges
Barwon Bluff
Beauchamp Falls

Steavenson Falls
Yarra River Discovery Walk
Albert Park Walking Track
Royal Botanic Gardens
Brighton Beach Boxes
Bellarine Rail Trail
Cape Schanck

Activities

Murray River Paddlestreamer
Port of Echuca Wharf
Twisted Science
Billabong Ranch
The Great Aussie Beer Shed & Heritage Farm Museum
Bike to Wineries Tour
Echuca Scavenger Hunt
Echuca Historical Society
Cactus Country
Echuca Farmers Market
Echuca Hopwood Garden Market
Rushworth Speedway
Echuca Moama Toy Library

Events

Southern 80 Waterski Race
Riverboats Music Festival
Winter Blues Festival
Steam Rally
Echuca Moama Wedding festival
Echuca Country Music Festival

Social

Echuca Racing Club
Echuca Country Music Club Inc
Breen Avenue Walking Track parkrun
Echuca Moama parkrun
Echuca District Netball Association
Echuca Lions Club
Inland Outrigger Canoe Club
Echuca Bowls Club
Moama Bowling Club
For information on where to find your closest AFL club, click [here](#).

For information on where to find your closest cricket club, click [here](#).

For information on where to find your closest netball club click [here](#).

Wellness

Next Level Echuca Moama
Snap Fitness 24/7 Echuca
BFT Echuca
Pilates 247 Echuca
Echuca War Memorial Aquatic Centre
Wickham's Martial Arts
Murray River Spa Retreat
Endota Spa Echuca
Mary Beauty and Spa

New South Wales

Locations of ACEM Accredited Training Network sites in New South Wales



Kempsey District Hospital

Kempsey (NSW)

Residential population: ~30,500
Core catchment: Kempsey
MM Zone: 4
Delineation: Non-Major Referral
Accreditation Tier: 3
TS4 Accreditation: Core ED, Ultrasound
Annual ED Presentations: 27,377
Annual CAT1 Presentations: 126
Annual CAT2 Presentations: 3441
Annual CAT3-5 Presentations: 23,810

About Kempsey

Kempsey is a scenic town on the Macleay River in the Mid North Coast region of NSW. Surrounded by national parks, beaches, and hinterlands, it serves as the hub of the Macleay Valley. The town has Indigenous heritage from the Dunghutti people, which is celebrated through local art and events. Nearby attractions like Crescent Head surf beach and Smoky Cape Lighthouse add to Kempsey's charm, offering a mix of outdoor adventure and cultural richness. For more information on what to do in Kempsey, click [here](#). For more information on events and what's on in Kempsey, click [here](#).

Kempsey District Hospital

Kempsey District Hospital has a newly upgraded mixed emergency department that captures a diverse catchment of patients, including a high proportion of Aboriginal Health and 30 per cent of presentations being paediatric. The emergency department includes 12 beds with large fast-track area to support on-site inpatient services of general medicine, maternity, and rehab. Trainees coming to Kempsey will have the opportunity to experience a complex and diverse injury mix while being supported by a dedicated and enthusiastic group of FACEMs. At Kempsey, there is a huge focus on teaching and supervision, with education days shared and run at Port Macquarie Base Hospital. For more information on Kempsey District Hospital, click [here](#).

Training opportunities

Emergency Medicine: 12 months (ACEM) | TS4 Accredited

Ultrasound: Three months (ACEM) | TS4 Accredited

Core Generalist Training (ACRRM)

Basic Physician Training (Adjunct, Secondment): Six months (RACP)

Things to do around Kempsey

Places to study

Country Universities Centre Macleay Valley
TAFE NSW – Kempsey
Kempsey Library

Food and drink

Kempsey Macleay RSL Club
Great Northern Hotel Kempsey
West Kempsey Hotel
South Kempsey Corner Store
Bucket Brewery
Lou's Cafe
Rosco's Cafe
Vault Cafe
Sherwood Estate
The Pantry at Netherby House
Tumblegum Bakehouse & Cafe
Sally's Café & Espresso Bar
Kempsey Bulk Health Foods
Fredo Pies

Walks, biking and day trips

Hat Head National Park
Crescent Head
Yarriabini Lookout
Carrai National Park
Willi Willi National Park
Hello Koalas Trail
Arakoon National Park
Kalatteenee Mountain Bike Trails
Killick Beach

Activities

Kempsey Heights Bowling Club
Riverside Movies
Kempsey Golf Club
Frederickton Golf Club
Gladstone Heritage Buildings
Kempsey Museum
MacLeay Valley Farm

Slim Dusty Centre
Crescent Head Mobile Library Van
Hat Head Bowling Club

Events

Macleay Youth Laneway Festival
Kempsey Riverside Markets
Macleay Valley Coast Gravity Enduro Series
Kempsey Night Markets
Mid North Coast Outdoor Show

Social

Kempsey RSL Informal Chess Club
Country Women's Association – Kempsey
Kempsey Walking Group
The Man Walk Kempsey (Dunghutti)

For information on where to find your closest AFL club, [click here](#).

For information on where to find your closest cricket club, [click here](#).

For information on where to find your closest netball club [click here](#).

Wellness

Finding Grace Wellness & Sustainability
Salt and Stone Massage Studio
Art Therapy Thai Massage
Fortify Your Health
Co-Op Fitness Centre
Kempsey McElhone Swimming Complex
Bersantai Medispa

Childcare

To find childcare options near you, [click here](#).

Schools

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

Tamworth Hospital

Tamworth (NSW)

Residential population: ~65,000
Core catchment: Tamworth regional
MM Zone: 3
Delineation: Non-Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED, Pre-Hospital and Retrieval
Annual ED Presentations: 42,268
Annual CAT1 Presentations: 212
Annual CAT2 Presentations: 6520
Annual CAT3-5 Presentations: 35,536

About Tamworth

Tamworth is the country music capital of Australia and home to one of the largest music events in the Southern Hemisphere – the Tamworth Country Music Festival. Featuring attractions like the Big Golden Guitar and Country Music Hall of Fame, it's got plenty of pull for musically-inclined trainees – but don't think it's a one-trick pony. Tamworth is home to a strong sporting culture, sweeping views and plenty of local produce. It also features scenic outdoor spots, national parks, and trails. With its mix of rural vibes and modern amenities, Tamworth is a great location for trainees looking to take the next step. For more information on what to do in Tamworth, click [here](#). For more information on events and what's on in Tamworth, click [here](#).

Tamworth Hospital

Tamworth Rural Referral Hospital's has a mixed ED, with a full age range of presentations and 25 per cent being paediatric. The combination of motor vehicles, farming industry and geography ensures a wide range of trauma and high acuity presentations. There is a local helicopter retrieval service and support to more than 15 GP-VMO run rural facilities. The ED also provides telephone and telehealth support to rural GP-VMOs in the surrounding towns. The ED includes 28 beds, two resuscitation bays, 10 acute beds, two mental health assessment rooms, a six-bed short stay unit, four-bed paediatric area and an Emergency Treatment Zone. For more information on Tamworth District Hospital, click [here](#).

Training opportunities

Emergency Medicine: 36 months (ACEM) | TS4 Accredited

Pre-Hospital and Retrieval: Six months (ACEM) | TS4 Accredited

Paediatric Logbook/Emergency (ACEM)

Anaesthetics: Six months (ANZCA); Rural Generalist Anaesthesia (ANZCA)

Advanced Skills Training: Emergency Medicine (ACRRM)

Basic Physician Training (Principal): 24 months (RACP)

Advanced Skills Training (ACRRM): Paediatrics

Core Generalist Training (ACRRM)

ICU (CICM): Limited General Training (G6), Rural

Things to do around Tamworth

Places to study

Tamworth Community College

University New England Tamworth

Tamworth Library

University of Newcastle Tamworth Education Centre

Food and drink

Hissy Fits

Hopscotch

Sonny's Bakery

LePruneau

Camp Grounds

Humble Espresso

The Bell House

The Welder's Dog

Bison Smokehouse

Walks, biking and day trips

Nundle

Uralla

Manilla

Gunnedah

Waterfall Way

Activities

Forum 6 Cinema

Escape Rooms Tamworth

South Tamworth Bowling Club

Manila Paragliding

Australian Equine and Livestock Events Centre

Events

Tamworth Country Music Festival

AgQuip Agricultural Festival

Great Nundle Dog Race

Gunnehdah Weeks of Speed Festival

Tamworth Community Saturday Markets

Tamworth Taste Festival

Social

Chess Tamworth

Tamworth Sporting Clubs

Tamworth Musical Society

For information on where to find your closest AFL club, [click here](#).

For information on where to find your closest cricket club, [click here](#).

For information on where to find your closest netball club [click here](#).

Wellness

360 Fitness Club

F45 Training Tamworth

Advance Fitness Tamworth

Home of Strength Tamworth

Urban Vogue Skin & Wellness Spa

Massage Land Tamworth

Tamworth Thai & Remedial Massage

Break Away Beauty

Childcare

To find childcare options near you, [click here](#).

School

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

Port Macquarie Base Hospital

Port Macquarie (NSW)

Residential population: ~87,000
Core catchment: Port Macquarie–Hastings
MM Zone: 3
Delineation: Non-Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED, Pre-Hospital and Retrieval
Annual ED Presentations: 52,487
Annual CAT1 Presentations: 480
Annual CAT2 Presentations: 6701
Annual CAT3-5 Presentations: 45,306

About Port Macquarie

Port Macquarie, a stunning coastal town nestled on the Mid North Coast of NSW, is celebrated for its beaches, wildlife and charming lifestyle. Sitting where the Hastings River meets the sea, it offers scenic waterfront views and access to fresh seafood at its many restaurants, cafes and pubs. Port Macquarie blends historical sites with modern amenities, a thriving arts scene inspired by the natural wonders and plenty of outdoor activities like surfing, whale watching, and scenic coastal walks to keep trainees busy. Surrounded by national parks, it's an ideal spot for both adventure and relaxation. For more information on what to do in Port Macquarie, click [here](#). For more information on events and what's on in Port Macquarie, click [here](#).

Port Macquarie Base Hospital

Port Macquarie Base Hospital is the main referral centre for Mid North Coast in New South Wales. The recently remodelled mixed emergency department has a diverse injury mix and patient profile, with 25 per cent of presentations being paediatric. There are two ultrasound machines located in the ED with formal ultrasound teaching. The ED also offers 24-hour lab services and CT and MRI provision. As a trainee coming to Port Macquarie, you can expect to be working closely with supportive and engaged specialists. For more information on Port Macquarie Hospital, click [here](#).

Training opportunities

Emergency Medicine: 36 months (ACEM) | TS4 Accredited

Paediatric Logbook/Emergency (ACEM)

Anaesthetics: 24 months (ANZCA)

Advanced Skills Training (ACRRM): Paediatrics

Core Generalist Training (ACRRM)

Basic Physician Training (Adjunct): 12 months (RACP)

ICU (CICM): Limited General Training (G6), Rural

Things to do around Port Macquarie

Places to study

Port Macquarie Port Mac Library
Charles Sturt University Library
TAFE NSW – Port Macquarie

Food and drink

Sandbox Port Macquarie
Coast Lighthouse Beach Cafe
Little Shack
Banks
Florence Jones
The Stunned Mullet
Chop n Chill
Port Macquarie Distillery
Birdrock Bar and Grill
Bar Florian

Walks, biking and day trips

Lighthouse beach
Lake Innes Nature Reserve
Flynn's Beach
Coastal walking track (Sea Acres National Park)
Limeburners Creek National Park

Hello Koalas Trail
Goolawah National Park
Crowdy Bay National Park
Diamond Head Beach and Loop Walk

Activities

Emerald Downs Golf Course
Port Macquarie Golf Club
Glasshouse Regional Art Gallery
Rawdon Island (Fishing)
Southern Breakwall (Fishing)
Dennis Bridge (Fishing)
Long Pint Vineyard & Art Gallery
Bago Maze & Wine
Epic Rides & Tours
Koala Conservation Hospital Port Mac
Sea Acres Rainforest Centre
Tracking Point Lighthouse
WildNets Adventures
Billabong Zoo
Port Macquarie Camel Safaris
Hastings River Horseriding
Jolly Nose Mountain Bike Park

Events

Real Food Local Produce Markets
Port Mac Art Society Market Bazaar
Uniting Church Markets
Port Mac Colour Frenzy Fun Walk
IRONMAN 70.3 Port Macquarie
Bottlebutt Bash Trail Run
Australian Waterski National Titles
Fox Superflow Jolly Nose
Mid North Coast Outdoor Show
Latin Fest
Summersalt Festival
Oyster and Prawn Festival

Social

Happy Feet Walkers
Heart Health Walking Groups
Sunrise Swimmer's
Port Macquarie Maroro Outrigger Canoe Club
Port City Bowling Club
Hastings River District Cricket Association
Port Macquarie Parkrun
Wauchope Parkrun
The Hastings Bonsai Group

For information on where to find your closest AFL club, [click here](#).

For information on where to find your closest cricket club, [click here](#).

For information on where to find your closest netball club [click here](#).

Wellness

Gold's Gym
Elev8tion Fitness
Amy Professional Massage
Port Macquarie Day Spa
Aqua Vitae Day Spa
Kanda Thai Massage
Port Massage Clinic
Port Mac War Memorial Olympic Pool
Restore Performance & Wellness Centre

Childcare

To find childcare options near you, [click here](#).

School

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

Calvary Mater Newcastle

Newcastle (NSW)

Residential population: ~169,000
Core catchment: Newcastle, Lake Macquarie
MM Zone: 1
Delineation: Major Referral
Accreditation Tier: 2
TS4 Accreditation: Core ED, Toxicology
Annual ED Presentations: 38,913
Annual CAT1 Presentations: 210
Annual CAT2 Presentations: 7382
Annual CAT3-5 Presentations: 31,321

About Newcastle

Newcastle offers up a quintessential coastal life to trainees and is only a two-hour drive from the bustling Sydney CBD. Sitting at the mouth of the Hunter River, two beautiful coastlines offer pristine beaches, adventurous trails and a chance to make a popular weekend getaway your year-round home. Australia's second-oldest city, Newcastle combines historic architecture with cafes, waterfront dining, and galleries. Highlights include Nobbys and Merewether beaches, the Honeysuckle Foreshore, and nearby escapes like the Hunter Valley. Newcastle offers urban energy and coastal wonder. For more information on what to do in Newcastle, click [here](#). For more information on events and what's on in Newcastle, click [here](#).

Calvary Mater Hospital

Calvary Mater Hospital is located just 5kms from the main Newcastle strip in Waratah. Providing care to a diverse range of patients, Calvary Mater has a strong focus on oncology and research, acting as the major cancer care centre for the Hunter New England Local Health District. In addition, as the only psychiatric emergency care centre in the area, Calvary Mater Hospital has a large predominance of mental health presentations. The hospital is also home to the largest toxicology database in the Southern Hemisphere, with a unique opportunity for registrars to (externally) apply for a toxicology registrar position. Calvary Mater's 24-hour ED includes a 14-bed acute unit, one-bed resus bay, five-bed fast-track area and 12-bed emergency short stay unit. The hospital also has an intensive care unit and extensive palliative care services. For more information on Calvary Mater Hospital, click [here](#).

Training opportunities

Emergency Medicine: 24 months (ACEM) | TS4 Accredited

Toxicology: Six months (ACEM) | TS4 Accredited

Basic Physician Training (Principal): 24 months (RACP)

ICU (CICM) Limited General Training (G6)

Things to do around Newcastle

Places to study

Newcastle Library
University of Newcastle Study Spaces
Newcastle University
TAFE NSW Newcastle

Food and drink

5 Sawyers
Bar Mellow
Coal and Cedar
Alfie's
Bar Sole
Bar Romeo
Bartholomews
Scratchleys
Bernies Bar
Blue Kahunas
Castle del Mar
Closed Bar
Earl Distillery
Granddad's Bar Experience
Estabar
Signal Box Newcastle
The Autumn Rooms
The Wickham Boat Shed
Antojitos Newcastle
Mr Sister Coffee
Good Brother Espresso Shop
The Press Book House
Equium Social
Xtraction Espresso

Walks, biking and day trips

Hawks Nest and Tea Gardens
Myall Lakes National Park
Avoca Beach
The Entrance
Hunter Valley
Warner's Bay
Watagans National Park
Yengo National Park
Bouddi National Park
Sugarloaf State Conservation Area
Glenrock Mountain Biking Trails
Fernleigh Track
Seal Rocks
Tomaree National Park
Hunter Wetlands National Park
Worimi National Park
Nelson Bay
Newcastle Memorial Walk
Bathers Way Walk
Glenrock State Conservation Area

Hunter Region Botanic Gardens
Blue Gum Hills Regional Park

Activities

Speers Point Park
Newcastle & The Hunter Wineries
Warners Bay Foreshore Reserve
Stockton Beach
Redhead Beach
Treetops Adventure Newcastle
Oakfield Ranch Camel Rides
Sand Dune Adventures Quad Tour
Whale Watching Newcastle
Blackbutt Reserve
King Edward Park
Fort Scratchley
Newcastle Beach
Newcastle Museum
Nobbys Head and Breakwall
The Bogey Hole
Chris Church Cathedral
Merewether Beach
Merewether Ocean Baths
Newcastle Ocean Baths
Adolphe Shipwreck
Go Karts Go
Horseshoe Beach
Civic Theatre Newcastle
Dudley Beach
Newcastle Art Gallery
Miss Porter's House
Dixon Park Beach
Escape Reality Escape Rooms
Beresfield Golf
Newcastle Golf Course
Charlestown Golf Club Driving Range
Shortland Waters Golf Club
Dobell House

Events

Newcastle Writers Festival
Newcastle Annual Wedding Expo
Newcastle Music Festival
The Olive Tree Market
Newcastle City Farmers Market
Homegrown Markets – Newcastle
Homegrown Markets – Speers Point
Glendale Farmers and Artisan Market
Sunday Markets
Newcastle Fringe Festival
Newcastle Food Month
Newcastle NewRun Festival
Mayfield Multicultural Festival
Urban Wine Walk Newcastle
Burton Automotive Newcastle Surfest

Port Stephen's Cup Race Day
Festival of Sweets and Treats
Sparke Helmore N'castle Triathlon

Social

Newcastle Bushwalking Club
N'castle Ramblers Bushwalking Club
Newcastle Walking and Social Club
Newcastle Walking Groups
Brazilian Samba Dance Class to Live Percussion
Newcastle Rugby League
Newcastle Film Society
Newcastle District Chess Association
Newcastle Basketball
Country Women's Association
Dance For Fun
Newcastle Astronomical Society
For information on where to find your closest AFL club, [click here](#).
For information on where to find your closest cricket club, [click here](#).
For information on where to find your closest netball club [click here](#).

Wellness

BFT Newcastle
Concrete Gym
Gym on King
Core Fitness Newcastle
Cornerstone Newcastle
The Movement Collective
The Gorilla Pit
The Self Care Sisterhood
Ronin Jiu Jitsu
Newcastle Leisure and Aquatic Centre
Viet Spa & Lash House
Eco Beauty Indulgence
Aura Thai Massage & Day Spa
Sojo Spa & Wellness
Lilly Victoria Beauty Indulgence
Bliss Beauty and Body
Wellbeing Massage Therapy
Feel & Heal
NewYou Massage
NuSport Aquatic Centre

Childcare

To find childcare options near you, [click here](#).

School

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

Maitland Hospital

Maitland (NSW)

Residential population: ~90,000
Core catchment: Maitland, Dungog
MM Zone: 1
Delineation: Non-Major Referral
Accreditation Tier: 2
TS4 Accreditation: Core ED, Medical Education/Simulation, Ultrasound
Annual ED Presentations: 56,643
Annual CAT1 Presentations: 310
Annual CAT2 Presentations: 13,281
Annual CAT3-5 Presentations: 43,052

About Maitland

Maitland, located two hours' drive from Sydney in the Lower Hunter Valley of NSW, is a lively city known for its rich history and thriving community. It combines a relaxed lifestyle with convenient access to essential services, quality education, and healthcare. With a blend of heritage charm and modern amenities, Maitland serves as a central hub for both residents and visitors in the region. For more information on what to do in Maitland, click [here](#). For more information on events and what's on in Maitland, click [here](#).

Maitland Hospital

Newly completed in 2022, Maitland hospital supports a genuine mixed emergency department with 20 per cent paediatric case load. The emergency department includes four ambulance bays, 18 acute beds, eight short stay beds, 10 fast-track assessment spaces, and five paediatric beds. At Maitland Hospital, you will be joining a growing cohort of young and experienced FACEMs. For more information on Maitland Hospital, click [here](#).

Training opportunities

Emergency Medicine: 24 months (ACEM) | TS4 Accredited

Medical Education/Simulation: Six months (ACEM) | TS4 Accredited

Ultrasound: Six months (ACEM) | TS4 Accredited

Paediatric Logbook/Emergency (ACEM)

Anaesthetics: 12 months (ANZCA); Rural Generalist Anaesthesia (ANZCA)

Advanced Skills Training: Emergency Medicine (ACRRM)

Advanced Skills Training (ACRRM): Palliative Care

ICU (CICM): Foundational Training

Things to do around Maitland

Places to study

Maitland Library
East Maitland Library
TAFE NSW Maitland

Food and drink

Teale Café and Catering
The Orange Tree
Seraphine Café
Vintage on Melbourne
Organic Feast Wholefoods Café
The Servants Quarters Tea Rooms
Blakeney's Pies
House of Roast
Black Label Espresso
Duke's Restaurant and Bar
Fratelli Roma
The Rigby
Beud Korean
Tre Viet Kitchen
Boydells Cellar Door and Restaurant
The Pourhouse

Walks, biking and day trips

Walka Water Works
Ashtonfield Yellow Track
Brown Arrow Track
Maitland Mountain Bike Trails
Riverside Walk
Pokolbin
Mount Royal National Park
Goulburn River National Park
Barrington Tops National Park
Watagans National Park
Werakata National Park

Activities

Maitland Park
Maitland Regional Art Gallery
Maitland Gaol
Mortels Sheepskin Factory
Morpeth Gallery
Morpeth Museum
Hunter Valley Bison
Balloon Aloft Hunter Valley

Wollombi Aboriginal Cultural Experience
Paterson Rail Motor Museum
Hunter Valley Wineries

Events

Earth Market
Maitland Community Markets
The Sunday Muster Artisan Markets
Burton Automotive Hunter Valley Steamfest
Altapac Show 'N' Shine
Maitland Running Festival
Hunter Valley Outdoor Show
Maitland Heritage Fest

Social

Stockland Green Hills Walkers
Man Walk Maitland
Maitland Chess Club
Maitland Music & Art Club

For information on where to find your closest AFL club, [click here](#).

For information on where to find your closest cricket club, [click here](#).

For information on where to find your closest netball club [click here](#).

Wellness

World Gym Maitland
Adam Prowse – Maitland Gym
F45 Training Greenhills Maitland
Cornerstone Hunter Valley
Maitland Aquatic Centre
East Maitland Aquatic Centre
Lauren's Lounge
City Cave Maitland
Butra Spa Thai Massage
Maitland Massage Therapy Centre

Childcare

To find childcare options near you, [click here](#).

School

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

John Hunter Hospital

Newcastle (NSW)

Residential population: ~169,000
Core catchment: Newcastle, Lake Macquarie, Port Stephens
MM Zone: 1
Delineation: Major Referral
Accreditation Tier: 1
TS4 Accreditation: Core ED, Medical Education/Simulation, Ultrasound
Annual ED Presentations: 84,227
Annual CAT1 Presentations: 1012
Annual CAT2 Presentations: 14,067
Annual CAT3-5 Presentations: 69,148

About Newcastle

Newcastle offers up a quintessential coastal life to trainees and is only a two-hour drive from the bustling Sydney CBD. Sitting at the mouth of the Hunter River, two beautiful coastlines offer pristine beaches, adventurous trails and a chance to make a popular weekend getaway your year-round home. Australia's second-oldest city, Newcastle combines historic architecture with modern cafes, waterfront dining, and galleries. Highlights include Nobbys and Merewether beaches, the bustling Honeysuckle Foreshore, and nearby escapes like the Hunter Valley wine region. Newcastle offers urban energy and coastal wonder. For more information on what to do in Newcastle, click [here](#). For more information on events and what's on in Newcastle, click [here](#).

John Hunter Hospital

John Hunter Hospital is a large metropolitan hospital with world class facilities and consultants. The hospital has a dedicated adult and paediatric ED, with the paediatric ED having 12 acute beds and one procedure room. Within the adult ED, there are five resuscitation bays, 27 acute beds, five fast-track beds, 10 fast-track chairs, one mental health room and eight short stay unit beds. For trainees coming to John Hunter, they can expect an exciting, fast-paced lifestyle and experience dealing with a wide range of cases. Trainees can also expect a high level of consultant support and can take advantage of the wide number of training and learning opportunities at the hospital. For more information on John Hunter Hospital, click [here](#).

Training opportunities

Emergency Medicine: 36 months (ACEM) | TS4 Accredited

Medical Admin/Safety and Quality: Three months (ACEM) | TS4 Accredited

Medical Education/Simulation: Three months (ACEM) | TS4 Accredited

Pre-Hospital and Retrieval: Six months (ACEM)

Associateship in Pre-Hospital and Retrieval Medicine Training: 12 months (ACEM)

Ultrasound: Three months (ACEM)

Paediatric Emergency Medicine: 12 months (ACEM)

Anaesthetics: 36 months (ANZCA)

Basic Physician Training (Principal): 33 months (RACP)

ICU (CICM): General Training (Gen24), Neuro, Cardio, Trauma, AP(6)

Things to do around Newcastle

Places to study

Newcastle Library
University of Newcastle Study Spaces
Newcastle University
TAFE NSW Newcastle

Food and drink

5 Sawyers
Bar Mellow
Coal and Cedar
Alfie's
Bar Sole
Bar Romeo
Bartholomews
Scratchleys
Bernies Bar
Blue Kahunas
Castle del Mar
Closed Bar
Earp Distillery
Granddad's Bar Experience
Estabar
Signal Box Newcastle
The Autumn Rooms
The Wickham Boat Shed
Antojitos Newcastle
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Yengo National Park
Bouddi National Park
Sugarloaf State Conservation Area
Glenrock Mountain Biking Trails
Fernleigh Track
Seal Rocks
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Sand Dune Adventures Quad Tour
Whale Watching Newcastle
Blackbutt Reserve
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Newcastle Beach
Newcastle Museum
Nobbys Head and Breakwall
The Bogey Hole
Chris Church Cathedral
Merewether Beach
Merewether Ocean Baths
Newcastle Ocean Baths
Adolphe Shipwreck
Go Karts Go
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Dudley Beach
Newcastle Art Gallery
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Newcastle Golf Course
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Shortland Waters Golf Club
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Newcastle Food Month
Newcastle NewRun Festival
Mayfield Multicultural Festival
Urban Wine Walk Newcastle
Burton Automotive Newcastle Surfest

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Festival of Sweets and Treats
Sparke Helmore N'castle Triathlon

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Newcastle Ramblers Bushwalking Club
Newcastle Walking and Social Club
Newcastle Walking Groups
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Newcastle Rugby League
Newcastle Film Society
Newcastle District Chess Association
Newcastle Basketball
Country Women's Association
Dance For Fun
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Aura Thai Massage & Day Spa
Sojo Spa & Wellness
Lilly Victoria Beauty Indulgence
Bliss Beauty and Body
Wellbeing Massage Therapy
Feel & Heal
NewYou Massage
NuSport Aquatic Centre

Childcare

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School

To find public schools near you, [click here](#).

To find private schools near you, [click here](#).

Belmont Hospital

Belmont (NSW)

Residential population: ~7800
Core catchment: Lake Macquarie (east/south), Newcastle (south-east fringe)
MM Zone: 1
Delineation: Non-Major Referral
Accreditation Tier: 3
TS4 Accreditation: N/A
Annual ED Presentations: 28,157
Annual CAT1 Presentations: 97
Annual CAT2 Presentations: 3783
Annual CAT3-5 Presentations: 24,277

About Belmont

Belmont is a picturesque lakeside suburb in the city of Lake Macquarie, about 20km from Newcastle. It sits on a sandy peninsula between the Tasman Sea to the east and Lake Macquarie to the west, giving it both lakefront and ocean access. Lake Macquarie offers natural beauty, outdoor recreation and calm lake-life, all while being close to city amenities. Outdoor fans will enjoy sailing and watersports, lakeside walks and great beaches. There are also local cafés, sailing clubs, spots to eat with views, and community events. For more information on what to do in Belmont and the Lake Macquarie area, [click here](#). For more information on events and what's on in the Lake Macquarie [click here](#).

Belmont Hospital

Part of HETI's Emergency Medicine 4 network, Belmont Hospital offers a dynamic and supportive environment for healthcare professionals who are passionate about delivering high-quality, patient-centred care. As a smaller hospital in a big area, you will be able to have the opportunity to work closely, usually 1:1, with our FACEM staff. Imagine being one of a few trainees with a FACEM at your side, with first priority for reductions, sedations, arterial lines and management of unwell patients. Come out of curiosity and you will want to stay because of the supportive culture and spectrum of clinical presentations. Your education and progression through training will be supported not only by the consultants and team you work with on a daily basis but also the established training program developed and provided through HNELHD.

Training opportunities

Emergency Medicine: 12 months (ACEM)

Advanced Skills Training: Emergency Medicine (ACRRM)

Things to do around Belmont

Places to study

Belmont Library
TAFE NSW
Newcastle Library
University of Newcastle Study Spaces
Newcastle University

Food and drink

Cafe Macquarie
Otter Thai
TINTA Belmont
Mischief Kitchen
Common circus
Gunyah Hotel
Belmont 16s Sailing Club
Salina
Crusoe's on the Lake
The Boat Shed Bar
Star Anise

Walks, biking and day trips

Fernleigh Track
Belmont Wetlands State Park
Redhead Beach
Naru Beach
Nine Mile Beach
Green Point Foreshore Reserve
Wallarah National Park
Blacksmiths beach
Circuit Walking Track
Leggy Point Loop Walking Track
Awaba Bay Foreshore Walk
Wangi Circuit Walking track

Activities

Belmont Baths
Watersports
Belmont Golf and Bowls
MAC yapang

Out and About adventures
Speers Point Park
Chipmunks Playland and Cafe

Events

Lake Mac Festival / LakeFest
Float Your Boat
Raffertys Coastal Run
Lake Mac Carols
Lake Mac Action Festival
Fernleigh 15
Living Smart Festival
SheSails Regatta
Lake Mac Sailing Regattas
Let's Fish Lake Mac

Social

For information on where to find your closest AFL club, [click here](#).
For information on where to find your closest cricket club, [click here](#).
For information on where to find your closest netball club [click here](#).

Wellness

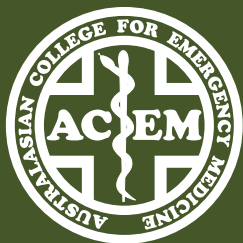
Plus Fitness 24/7 Belmont
Urth Fitness Belmont
Manny's Fitness
Form Health Club
Stepz Fitness Lake Macquarie
Lux Beauty & Spa
MELT Beauty and Massage
Lymph & Muscle Centre

Childcare

To find childcare options near you, [click here](#).

Schools

To find public schools near you, [click here](#).
To find private schools near you, [click here](#).



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