### MATERNAL SMOKING IN PREGNANCY AND HOSPITAL USE UP TO 5 YEARS OF AGE IN A DATA LINKAGE BIRTH COHORT

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## Background

- Maternal smoking during pregnancy continue to be a global problem.<sup>1</sup>
  - Cross-sectional study of pregnant women in fifteen European countries reported that smoking prevalence ranged from 4.2% in Iceland to 18.9% in Croatia<sup>1</sup>
- In Australia 10.4% of women smoked during pregnancy in 2016<sup>2</sup>
- Health effects on children due to exposure during pregnancy

### Early term effects

 $\blacktriangleright$  Preterm delivery and decreased gestational age, low birth weight <sup>3</sup>

### Longer term effects

➤ Respiratory illness <sup>4</sup>, childhood obesity <sup>5</sup>, hyperactivity and inattentiveness <sup>6</sup>

 Children aged 0 to 4 years account for 14% (NSW) of Emergency department presentations<sup>7</sup>



# Maternal smoking during pregnancy and emergency department (ED) presentations and admissions through ED



• Most studies from 10 or more years ago



### Methods

➢ Participants were sourced from the Tasmanian Conception to Community (C2C) Study database



## **Outcome measures**

• Count of emergency department (ED) presentations at 1 year and 5 years

≻ Total

➢ Each disease category

28 major diagnostic block categories (diseases) of the Urgency Related Groups (URG) classification recategorized to 9 categories:

\*Poisoning and injuries

- \* Respiratory
- \* Digestive system
- \* Neuromuscular
- \* Blood and immune system
- \* Eyes, ear, nose and throat
- \* Reproductive and urological system
- \* Systemic and parasitic infections
- \* Psychosocial/other presentation







### Analysis

- Negative binomial regression analysis of count of ED presentations by maternal smoking status with covariates
- Multiple Imputation by Chained Equation (MICE) to estimate missing data on maternal smoking (10 imputations) with year of birth, birthweight, Index of Relative Socio-economic Disadvantage (IRSD) score, maternal age at birth and gestational age
- Purposeful model building
- Covariates infant sex, birth weight, gestational age, maternal alcohol consumption during pregnancy, maternal age at birth and IRSD score
- Poisoning and Injuries as negative control to account for any effect of residual confounding
- Stata version 15 (StataCorp, TX, USA).



## **Participant characteristics**

Participant characteristics	Not exposed N (Mean)	% (SD)	Exposed N (Mean)	% (SD)
Sex				
Male	13,765	78.9	3,675	21.1
Female	13,028	78.8	3,500	21.2
Birthweight mean (gram)	(3428.4)	(624)	(3126.3)	(660.3)
Birth weight				
Low birth weight (< 2500g)	1,618	62.5	969	37.5
Normal birthweight (>=2500g)	25,176	80.2	6,208	19.8
Gestational age				
Preterm (< 37 weeks)	2,399	71.1	977	28.9
Term (>=37 weeks)	24,395	79.7	6,201	20.3
Apgar score at five minutes				
Less than 7	595	73.6	214	26.4
Equal to or greater than 7	26,205	79.0	6,964	21.0

### **Participant characteristics**

Participant characteristics	Not exposed N (Mean)	% (SD)	Exposed N (Mean)	% (SD)
Maternal age at birth (years)	(29.7)	(5.7)	(26.2)	(5.9)
Socioeconomic advantage (Index of Relative Socio-economic Disadvantage score [IRSD score])				
Highly Disadvantaged	5,510	65.1	2,958	34.9
Moderately Disadvantaged	6,718	74.8	2,264	25.2
mildly Disadvantaged	7,070	84.7	1,276	15.3
Least Disadvantaged Maternal alcohol consumption during pregnancy	7,487	91.7	680	8.3
Yes	1,940	58.1	1,401	41.9
No	24,714	81.3	5,688	18.7

# Association between maternal smoking during pregnancy and total ED presentations and ED admissions



\* Adjusted for sex and socioeconomic position (IRSD score), region of residence and maternal age at birth

# Association between maternal smoking during pregnancy and ED presentations for various disease categories at 1 year



\* Adjusted for sex and socioeconomic position (IRSD score), region of residence and maternal age at birth

# Association between maternal smoking during pregnancy and ED presentations for various disease categories at 5 years



\* Adjusted for sex and socioeconomic position (IRSD score), region of residence and maternal age at birth

### **Strengths & Limitations**

- Strengths
  - > Statewide record on emergency department presentations
  - > All possible diseases categories rather than only respiratory illnesses
- Limitations
  - We could not discriminate between children exposed to maternal smoking during pregnancy and those who continue to be exposed during postnatal period and during childhood
  - Area level measures of socioeconomic position with individual level socioeconomic position <sup>8</sup>
    Good correlation



## Discussion

- Summary of findings
  - \* Respiratory
  - \* Eyes, ear, nose and throat
  - \* Systemic and parasitic infections
  - \* Psychosocial/other presentation
- Low birth weight and pre-term birth are also causally related to exposure to maternal smoking during pregnancy and to some disease conditions<sup>9</sup>
- Epigenetic modifications leading to immune system functioning suppression <sup>10, 11</sup>
- Interventions that reduce maternal smoking during pregnancy may likely have impact on rate of presentation of children under five years to ED



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