

Te Rautaki <u>Manaaki M</u>ana

Excellence in Emergency Care for Māori

MAY 2019 - APRIL 2022

CONSULTATION DOCUMENT





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Contents

Manaaki Mana: The name	2
The meaning behind the artwork	2
Our vision	3
Foreword	4
Executive summary	5
Our strategic context	7
Our strategic objectives	9
Our values	11
Measuring our success	12
Implementation Plan	13
Pae Ora: healthy futures for whānau	13
Mauri Ora: healthy individuals	15
Whānau Ora: healthy families	17
Wai Ora: healthy environments	19
Te Reo Māori Glossary	20



Manaaki Mana: The name

Manaaki Mana means the act of supporting, taking care of, giving hospitality to, protecting, looking out for, and showing respect, generosity and care for others. Mana literally means to be legal, effectual, binding, authoritative, and valid.

In this context Manaaki Mana does not adopt the formal and individual meanings of these Te Reo Māori words. Manaaki Mana has been gifted to ACEM by Dame Naida Glavish (Ngāti Whātua o Ōrākei) as a means to express the importance of the work Manaaki Mana is seeking to achieve and the gravitas required by those who take ownership in the work and the outcomes. ACEM would like to thank and acknowledge Dame Glavish for this whakaaro, and will ensure the true essence of this taonga is not lost as this work is implemented.

The meaning behind the artwork

Ngā Rau o Tāne Mahuta – The Leaves of Tāne Mahuta

Rain captured by a single leaf can nourish the pillars of Tāne Mahuta (God of the Forest) and the veins of Papatūānuku (the land, Earth Mother).

The pattern represents rain captured on a leaf and fed into the body of a tree to give it strength so that it may protect the younger shoots. The veins of Papatūānuku are the roots that nourish, care and give mauri to the life of Tāne Mahuta.



Our vision

We need to know where our strategy will lead us. Our moemoeā for Manaaki Mana is:

Emergency departments in Aotearoa New Zealand will embody Pae Ora, providing excellent, culturally safe care to Māori, in an environment where Māori patients, whānau and staff feel valued, and where leaders actively seek to eliminate inequities.

Foreword

Hutia te rito o te harakeke, ke whea te komako e ko He aha te mea nui o te ao, maku e ki atu He tangata, he tangata, he tangata.¹

We want to challenge Fellows, Trainees and all of the colleagues we work with on a day to day basis to embrace, encourage and advocate for the outcomes we are seeking to achieve by implementing Manaaki Mana. We cannot do this alone – the following whakataukī is an apt way to describe the Manaaki Mana journey ahead of us:

E hara I te to takitahi Engari he hoa taki tini.²

A personal note each from Simon Judkins and John Bonning will be included in final strategy.

Dr Simon Judkins

President
Australasian College for Emergency Medicine

Dr John Bonning

President-Elect
Australasian College for Emergency Medicine

Hutia te rito o te harakeke, Kei whea te komako e ko? Ki mai ki ahau; He aha te mea nui o Te Ao? Maku e ki atu, he tangata, he tangata, he tangata. If the heart of harakeke was removed, where will the bellbird sing? If I was asked, what was the most important thing in the world; I would be compelled to reply, It is people, it is people, it is people!

The proverb reflects the Māori reference to the harakeke plant as a whānau or family group. The outer leaves are the tupuna (ancestors); the inner leaves are the matua (parents); the most inner leaf is the rito or pepe (baby). Only the tupuna are cut as the matua are left to protect the pepe.

¹ A Harakeke Whakataukī (Proverb)

² A Whakataukī: Success is not the work of one, it is the work of many.

Executive summary

The Australasian College for Emergency Medicine (ACEM) is responsible for training emergency physicians and the advancement of professional standards in emergency medicine in Australia and Aotearoa New Zealand. As the peak organisation for emergency medicine in Australasia, ACEM has a significant interest in ensuring the highest standards of medical care for patients are maintained in emergency departments (EDs) across Australia and Aotearoa New Zealand.

ACEM's vision is to be the trusted authority for ensuring clinical, professional and training standards in the provision of quality, patient-focused emergency care. ACEM's mission is to promote excellence in the delivery of quality emergency care to the community through our committed and expert members.

Significant gains have been made over the last 30 years to improve health outcomes for Maori. Despite these gains, Māori continue to experience consistent and compelling disparities in health outcomes, exposure to the determinants of ill-health, lack of health system responsiveness and the under-representation of Māori in the health workforce. Māori have higher rates than non-Māori for many health conditions and chronic diseases, including cancer, diabetes, cardiovascular disease and asthma. Māori also experience higher disability rates.³

ACEM is committed to equitable health care for Māori and Aboriginal and Torres Strait Islander peoples of Aotearoa New Zealand and Australia. The concept of health equity recognises that groups of people differ in their ability to attain or maintain health. Consequently, equitable health outcomes may require different, and sometimes unequal, inputs to achieve the same result⁴. ACEM considers that cultural safety⁵ is integral to the provision of equitable care.

Manaaki Mana encompasses patients, whānau and staff. Our definition of health equity in Aotearoa New Zealand EDs is:

- Māori patients and whānau experience culturally safe services which meet their health equity needs
- ACEM provides culturally safe training and support to Māori trainees and Fellows
- Māori staff working in EDs experience a culturally safe working environment.

This strategy provides practical ways for health equity to be delivered for Māori in Aotearoa New Zealand EDs.

³ Ministry of Health. 2015. Tatau Kahukura: Māori Health Chart Book 2015 (3rd edition). Wellington: Ministry of Health.

⁴ Health Quality and Safety Commission New Zealand.

⁵ ACEM understands cultural safety to be the safe provision of health care as defined by patients and whānau who receive the health care service.

ACEM's Aotearoa New Zealand members convened a hui in March 2018 to explore the development of a strategy to address equity for Māori patients, their whānau and staff in Aotearoa New Zealand EDs. This was the beginning of a journey that has led to the development of this inaugural strategy for ACEM.

Manaaki Mana is the name of this Māori health strategy. It addresses priority areas identified through a process of extensive consultation and work with a wide range of stakeholders led by ACEM and its members.

Although Manaaki Mana was developed specifically for Aotearoa New Zealand, ACEM recognises that there is a large population of Māori resident in Australia. Australia-based ED clinical staff will also benefit from initiatives detailed in Manaaki Mana.

ACEM has drawn on *He Korowai Oranga*, Aotearoa New Zealand's Māori Health Strategy to inform the development of Manaaki Mana, for two reasons. Firstly He Korowai Oranga is a well established framework in the Aotearoa New Zealand health sector. Secondly, there are obvious synergies for ACEM because the pathways in He Korowai Oranga are enabling. The pathways are:

- **a.** Pae Ora healthy futures for whānau (overall aim)
- **b.** Whānau Ora healthy families
- **c. Wai Ora** healthy environments
- d. Mauri Ora healthy individuals.

Our approach to achieving Manaaki Mana is to align our goals and actions with these pathways, underpinned by Māori values which ACEM considers critical to effective implementation of the strategy.

Our implementation plan has 18 goals and a number of actions to support the goals. Some are the responsibility of ACEM's senior leadership, staff, Fellows and trainees. Others require collaboration with our Aotearoa New Zealand stakeholders – the Ministry of Health, District Health Boards, iwi and ultimately Māori patients and whānau using ED services across Aotearoa New Zealand. We can't do this work alone. We also acknowledge others in the Aotearoa New Zealand health sector that are well ahead of us and who we are keen to learn from.

What will success look like? There are a number of points in the roll out of Manaaki Mana where ACEM, our members and stakeholders will measure the performance of this strategy. Research is currently underway to inform these metrics and we will explore other options to assess and report our successes.⁶

At the heart of Manaaki Mana are people: everyone involved in the delivery of emergency medicine in Aotearoa New Zealand and Australia. If we focus on the goals and outcomes that Manaaki Mana is seeking to achieve, then the challenges can be overcome and the opportunities maximised, and we will be able to celebrate our Manaaki Mana achievements.

At the heart of Manaaki Mana are people: everyone involved in the delivery of emergency medicine in Aotearoa New Zealand and Australia.

⁶ Dr Elana Curtis at the University of Auckland is leading the Health Research Council-funded project Examining emergency department inequities: do they exist? The aim of the project is to investigate whether ethnic inequities exist in Aotearoa New Zealand EDs. If ethnic differences are found, this research will examine the potential explanations for these differences and whether the ED disparities are likely to contribute to Māori/non-Māori differences in clinical outcomes.



Our strategic context

Te Tiriti o Waitangi (the Treaty of Waitangi)

Te Tiriti o Waitangi is New Zealand's founding document and was signed in 1840 by representatives of Victoria, Queen of the United Kingdom and Ireland, and rangatira (chiefs) on 6 February 1840 at Waitangi. Leading up to and since the signing, Te Tiriti has been the source of much debate and controversy, and extensive jurisprudence has been developed as a result.

Aotearoa New Zealand courts of law have defined the principles of Te Tiriti o Waitangi as Participation, Protection and Partnership, which guide and inform the nature of the relationship between the Crown (the New Zealand Government) and Māori. While Te Tiriti o Waitangi represents a partnership between the Crown and Māori, there are 196 New Zealand Statutes which give effect to Te Tiriti o Waitangi.

Within this context, ACEM acknowledges the importance and significance of Te Tiriti o

Waitangi between the Crown and Māori. ACEM's board and leadership team will continue to explore how ACEM gives appropriate effect to Te Tiriti for and on behalf of ACEM's Fellows and trainees.

The College acknowledges and pays respects to Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of the lands collectively known as Australia. ACEM has established a Reconciliation Action Plan (RAP) to address health equity for Aboriginal and Torres Strait Islander peoples. Reconciliation is a process where Aboriginal and Torres Strait Islander peoples, non-Indigenous Australians and Australian governments forge a new relationship based on mutual understanding, recognition and respect. The RAP programme provides a framework for organisations to support the national reconciliation movement. Reconciliation Australia is the lead body for reconciliation in the nation, and oversees the RAP programme.

ACEM's role and responsibilities

ACEM is responsible for training emergency physicians and the advancement of professional standards in emergency medicine in Australia and Aotearoa New Zealand. The goals and actions in this strategy reflect where we can direct our influence:

- Initiatives within our Specialist Training and Continuous Professional Development programmes to ensure our emergency specialist workforce is culturally safe (including through Accreditation Standards, curriculum and training requirements and ongoing professional development)
- Enabling our members and ACEM staff to understand Te Ao Māori (Māori perspectives) through training and advocacy
- Supports for Māori trainees to remove barriers to entering and completing our FACEM Training Programme
- Prioritising the recruitment of more Māori trainees to serve the communities in which they work
- Advocacy to hospital leadership to support the implementation of the goals set out in Manaaki Mana.

Cultural safety is a life long journey. Our emergency specialist workforce needs to be confident in navigating Te Ao Māori. Our vision is that:

- Te Reo Māori is regularly practiced and used with our patients
- Tikanga Māori is incorporated into care for our patients and clinical staff
- Cultural competency and cultural safety training are embedded in the FACEM Training Programme, non-clinical time and ongoing professional development.

Partnership approach

ACEM will seek out mutual opportunities with partners to implement Manaaki Mana. There are numerous strategies in the Aotearoa New Zealand health system which mirror some of what Manaaki Mana is seeking to achieve. ACEM's opportunity and challenge is to identify those initiatives and to collaborate. The whakataukī, "E hara taku toa i te toa taki tahi, engari he toa taki tini" – "Success is not the work of one, it is the work of many" holds true.



Our strategic objectives

We have drawn on He Korowai Oranga, the Aotearoa New Zealand Māori Health Strategy, as a starting point for Manaaki Mana. He Korowai Oranga was launched in 2009 by Professor Mason Durie and is a well recognised Māori Health Strategy in the Aotearoa New Zealand health sector.

The Manaaki Mana Steering Group acknowledges that the He Korowai Oranga goals and what Manaaki Mana is seeking to achieve are closely aligned, and therefore adoption of these pathways, with some enhancements, was a sensible and pragmatic response.

The Manaaki Mana pathways are:

Pae Ora – healthy futures for whānau (overall aim)
Whānau Ora – healthy families
Wai Ora – healthy environments
Mauri Ora – healthy individuals.

PAE ORA | Futures

Whānaungatanga

10 Advocate for research in emergency departments that is relevant, safe and responsive to Māori

9. Establish mechanisms to evaluate Pae Ora achievements

8. Engage ACEM staff and members in understanding the significance of tikanga

Manaakitanga

7. Ensure appropriate oversight and implementation of the Manaaki Mana Strategy

MAURI ORA Individuals

- 11. Embed aroha and manaakitanga practices into patient care
- 12. Create a suite of resources for all emergency medicine trainees and Fellows to support culturally safe care in EDs
- 13. Ensure all trainees and Fellows working in Aotearoa New Zealand are provided with regular te Reo and tikanga training
- 14. Ensure ACEM's training programme has robust mechanisms in place to assess the cultural competency of trainees

WHĀNAU ORA Family

- 11. Embed aroha and manaakitanga practices into Emergency Care
- 12. Grow the Māori emergency medicine workforce to represent the communities they serve
- 13. Support and retain the Māori emergency medicine workforce

to progress shared Manaaki Mana goals

1. The vision for

stakeholders

Manaaki Mana is clearly

communicated to key

WAI ORA Environment

18. Emergency departments provide a welcoming physical environment that supports Pae Ora for patients, whānau and staff

3. Advocate for embedding Manaaki Mana in EDs

2. Develop partnerships

4. ED staff understand Te Tiriti principles and Manaaki Mana context

Whakamana

6. ACEM's senior office bearers understand the socio-political context within which the College operates in Aotearoa New Zealand

5. Governance entities at ACEM represent our commitment to Manaaki Mana

Tika/Pono

Aroha 10

Our values

The Manaaki Mana Steering Group considers these values critical to the successful implementation of Manaaki Mana in emergency departments throughout Aotearoa New Zealand. These inter-related values are at the core of Māori society, the Māori world view and whānau.

Manaakitanga

Behaviour that respects the mana of others as having equal or greater importance than one's own, through the expression of aroha, hospitality, generosity and mutual respect. In doing so, all parties are elevated and our status is enhanced, building unity through humility and the act of giving.

Whakamana

To give authority, self-determination, empower and validate others, values, principals and vision by living our values.

Tika and Pono

Tika and Pono: To be correct, true, loyal, upright, right, just, fair, accurate, appropriate, lawful, proper, valid.

Whānaungatanga

Underpins the social organisation of whānau, hapū, and iwi, and includes rights and reciprocal obligations consistent with being part of a collective. It is the principle which binds individuals to the wider group and affirms the value of the collective. Whānaungatanga is inter-dependence with each other and recognition that the people are our wealth.

Aroha

Translated it means love, in our context it encompasses compassion, kindness, all five senses, intellect. It is the absence of ego. In Te Ao Māori, aroha encompasses the breath of life and the creative force of the spirit, and it assumes that the universe is abundant and that there are more opportunities than people. It seeks and draws out the best in people, it rejects greed, aggression and ignorance and instead encourages actions that are generous.

Measuring our success

The Manaaki Mana Implementation Strategy Steering Group will report regularly to the ACEM Board on implementation of the strategy. ACEM will support the delivery of a research project that creates a set of measures to provide an annual snapshot of Māori health outcomes in the ED.

During the initial phase (years 1 – 2) of the strategy's roll out we will develop a body of evidence which will inform the tangible and intangible metrics to measure the strategy's effectiveness over time.

Implementation plan

Each action in this plan will be assigned to an ACEM department and given a timeframe for completion. We will report progress regularly on our website.

Pae Ora: healthy futures for whānau

GOAL	ACTIONS
ACEM's vision for Manaaki Mana is clearly communicated to key stakeholders	 Develop a set of ACEM Standards on Pae Ora for emergency departments in Aotearoa New Zealand. The standards will describe: What excellence in care looks like How to measure equitable care
Develop partnerships to progress shared Manaaki Mana goals	2.1 Contribute to Te Ohu Rata o Aotearoa New Zealand/Te ORA (Māori Medical Practitioners' Association) medical colleges advisory group
	2.2 Develop an engagement strategy to develop partnerships with key stakeholders
3. ACEM will advocate for embedding Manaaki Mana in EDs	3.1 Work with our stakeholders to integrate ACEM's policy submissions into health reform
	3.2 Provide media training to Māori Fellows and trainees to be our public advocates
	3.3 Communicate opportunities to Māori Fellows and trainees to present at relevant conferences
	3.4 Scope holding a bi-annual hui with our partners and stakeholders to progress our vision for Pae Ora
4. ED staff understand Te Tiriti principles and Manaaki Mana context	4.1 Advocate to District Health Board executives and Directors of Emergency Medicine the value of regular Te Tiriti o Waitangi training for all ED staff

GOAL	ACTIONS
5. Governance entities at ACEM represent our commitment to Manaaki Mana	5.1 Explore updating the ACEM Constitution to reflect a commitment to the principles of Te Tiriti o Waitangi and the United Nations Declaration on the Rights of Indigenous Peoples
	5.2 Explore establishing a Te Reo Māori name for ACEM
	5.3 Consider the appointment of a strategic Te Ao Māori adviser to the ACEM Board, Council of Education and Council for Advocacy, Practice and Partnerships
	5.4 Review the Terms of Reference for the ACEM Aotearoa New Zealand Faculty to ensure Māori representation
6. ACEM's senior office bearers understand the socio-political context within which the College operates in Aotearoa New Zealand	6.1 Provide Te Tiriti o Waitangi and tikanga training for ACEM's Board, Council of Education, Council of Advocacy, Practice and Partnerships, and the ACEM Executive Leadership Team
7. Ensure appropriate oversight and implementation of the Manaaki Mana Strategy	7.1 Establish a Manaaki Mana Implementation Steering Group to oversee the implementation of the Manaaki Mana Strategy
	7.2 Employ a policy/project manager at the Aotearoa New Zealand office to support the implementation of the Manaaki Mana Strategy
8. Engage ACEM staff and members in understanding the significance of tikanga	8.1 Develop an acknowledgement/mihi to open all College meetings that recognises tangata whenua and a commitment to Te Tiriti o Waitangi
	8.2 Ensure ACEM email signatures and ACEM website recognise tangata whenua and a commitment to Te Tiriti o Waitangi
	8.3 Ensure that a pōwhiri is conducted at appropriate College hui (e.g. Aotearoa New Zealand-based Annual Scientific Meetings, Winter Symposia and the annual Aotearoa New Zealand Faculty Conference)
9. Establish mechanisms to evaluate Pae Ora achievements	9.1 Support the delivery of a research project that creates a set of measures to provide an annual snapshot of Māori health outcomes in the ED
10. Advocate for research in emergency departments that is relevant, safe and responsive to Māori	10.1 Advocate for Emergency Department research and audits in Aotearoa New Zealand to include analysis of Māori health outcomes. Where inequities are uncovered, advocate for action plans to address inequities
	10.2 Advocate for researchers to utilise Kaupapa Māori values, and to liaise with local Māori Health research services

Mauri Ora: healthy individuals

GOAL ACTIONS

11. Embed aroha and manaakitanga practices into patient care

- 11.1 Run an ongoing advocacy campaign to encourage the everyday use of Te Reo in EDs:
 - Encourage all Fellows and trainees working in Aotearoa New Zealand to practice pronunciation and use Te Reo with patients
 - Focus campaign on DEMs and DEMTs to promote the use of Te Reo and to support regular Te Reo study for ACEM trainees and Fellows

Guidelines will be produced to support the campaign. ACEM can utilise Māori Language Commission resources, and promote Te Kupu o Te Wiki

11.2 Run an ongoing advocacy campaign to encourage best practice patient tikanga in the ED.

Tikanga:

- Taking the time to introduce yourself and form a connection with your patient
- Consideration of patient (and whānau) privacy needs, especially for kaumātua
- Avoiding sitting on tables, ensuring food is kept separate from bodily fluids, pillow and pillowcase protocols

Guidelines will be produced to support the campaign.

12. Create a suite of resources for all emergency medicine trainees and Fellows to support culturally safe care in EDs

12.1 Encourage EDs to review their practice based on the Ministry of Health's Literacy Framework, and advocate to EDs the benefits of workforce development in good health literacy practice

The Manaaki Mana Steering Group recommends that EDs are encouraged to provide:

- Patients with information about local Māori health providers to ensure they are aware of options for follow up support after their discharge
- Information and support service details about significant public health issues, like smoking, mental health (including suicide in young Māori), rheumatic heart disease, ischaemic heart disease and renal disease
- 12.2 Produce an e-learning resource for trainees, SIMGS and Fellows:

A culturally safe visit to the ED from the perspective of a Māori patient and their whānau. The resource can incorporate Te Reo, Māori history and Te Tiriti, understanding the impacts of colonisation and racism, confronting own bias, asking patients if they identify as Māori and their iwi affiliations, understanding health inequities/equity vs equality

 $\ensuremath{\mathsf{ACEM}}$ has the opportunity to produce an innovative, positive and engaging resource.

This resource could also be employed in the ACEM Emergency Medicine Certificate/Diploma programme.

GOAL ACTIONS

13. Ensure all trainees and Fellows working in Aotearoa New Zealand are provided with regular Te Reo and tikanga training

13.1 Review ACEM's **Accreditation Standards for Training Sites** to include provision of adequate time and resourcing for trainees and Fellows to attend Te Reo Māori and tikanga training

The Manaaki Mana Steering Group would like to see Māori trainees and Fellows be given flexibility to source their own Te Reo Māori and tikanga training and have these recognised as part of training/CPD

- 13.2 Include a component on teaching Māori Health and Cultural Safety in ACEM DEMT Workshops
- 13.3 Continue to advocate to DEMTS for teaching sessions and events to be held around Waitangi Day, Te Wiki o Te Reo Māori and Matariki
- 13.4 Partner with key stakeholders to ensure there are no barriers for trainees who wish to undertake ACEM's **Special Skills Placement in Aboriginal, Torres Strait Islander and Māori Health**
- 13.5 Support the implementation of mandatory cultural competency activities in the ACEM CPD programme
- 13.6 Work with the organising committees of the Annual Scientific Meetings, Winter Symposia and Faculty Conferences to ensure that Māori Health and Cultural Safety content is prominent in programmes
- 14. Ensure ACEM's training programme has robust mechanisms in place to assess the cultural competency of trainees
- 14.1 Scope hosting a workshop at the Leaders in Indigenous Medical Education (LIME) Connection VIII in November 2019 for medical colleges to explore ways to embed assessment in Māori health and cultural competency into the medical colleges' training programmes

Whānau Ora: healthy families

GOAL ACTIONS

- 15. Embed aroha and manaakitanga practices into Emergency Care
- 15.1 Advocate to DEMs the benefits of establishing a relationship with the Māori Health Unit to utilise their cultural expertise to support whānau and staff in the ED
- 16. Grow the Māori
 emergency medicine
 workforce to represent
 the communities
 they serve
- 16.1 Work with the ACEM Selection Subcommittee to consider Mātauranga Māori in the Selection into FACEM Training process
- 16.2 Establish targets for recruiting and retaining Māori doctors into the ACEM Training Programme
- 16.3 Host ACEM Foundation funded national hui or regional dinners to recruit house officers into emergency medicine
- 16.4 Establish a relationship with Te Oranga Māori Medical Practitioners Association to explore how ACEM can promote emergency medicine as a specialty to its membership
- 16.5 Host ACEM Foundation funded dinners or events at the Auckland and Otago University medical school orientations for new students
- 16.6 Explore linking with Te Ohu Rata o Aotearoa New Zealand/ Te ORA's (Māori Medical Practitioners' Association) outreach work with high schools to engage with students to consider medicine/ emergency medicine as a career
- 16.7 Explore how ACEM can use its website and social media to engage with students and doctors to promote emergency medicine as a career choice
- 16.8 Continue to sponsor the annual Te Ohu Rata o Aotearoa New Zealand/Te ORA (Māori Medical Practitioners' Association) Hui-ā-Tau and the biannual Pacific Region Indigenous Doctors Congress (PRIDoC)
- 16.9 Consider sponsorship of other conferences and grant opportunities that would increase the exposure of medical students and doctors to emergency medicine

GOAL ACTIONS

17. Support and retain the Māori emergency medicine workforce

17.1 Collaborate with ACEM Māori trainees and Fellows to establish a support network

This could be an informal mentoring/support/information network, and could also assist ACEM's Policy, Advocacy and Research Department on relevant submissions, consultations and policy work.

- 17.2 Based on feedback from trainees and Fellows, establish a mentoring model for Māori trainees and Fellows within ACEM's overarching mentoring programme
- 17.3 Ensure Māori trainees have opportunities to attend relevant hui and conferences (e.g. Te ORA Hui-ā-Tau, PRIDoC, ACEM Annual Scientific Meeting and Winter Symposium), and are aware of grant, award and scholarship opportunities
- 17.4 Consult with our current Māori trainees to understand how ACEM can best support them on their journey through the FACEM Training Programme, and implement their recommendations where practicable
- 17.5 Ensure ACEM staff in the Melbourne and Aotearoa New Zealand offices receive regular training in Te Reo Māori, Tikanga and Te Tiriti o Waitangi
- 17.6 Scope a Māori Leadership Pathway in Emergency Care for trainees and FACEMs in ACEM and more generally in medical education and advocacy

Wai Ora: healthy environments

GOAL ACTIONS

18. Emergency departments provide a welcoming physical environment that supports Pae Ora for patients, whānau and staff

- 18.1 Create a set of Tikanga Māori practical guidelines to assist EDs to make the ED a welcoming environment:
 - · How to establish a Te Reo Māori name for the ED
 - · How to commission bi-lingual signs and artworks
 - Guidance on whānau rooms and/or accommodating whānau in the ED
 - · Kaumātua requirements

Where there is an opportunity to design a new ED, provide guidance on partnering with local iwi to co-design the facility. ACEM will need to consider updating the ED Design guidelines in light of this recommendation. This could be written as Minimum/Good/Best levels such as seen in Te Ara Tika

- 18.2 Run an advocacy campaign to support the Tikanga Māori guidelines outlined in 17.1
- 18.3 Continue to promote the Al Spilman Award for Culturally Safe EDs to encourage and support EDs on their cultural safety journey
- 18.4 Produce and promote a video series showcasing recipients of the ACEM Al Spilman Award for Culturally Safe EDs
- 18.5 Continue to run an annual campaign celebrating Te Wiki o Te Reo Māori/Māori Language Week, encouraging and supporting the use of Te Reo Māori in the ED

Whāia te iti kahurangi, ki te tuohu koe Me he maunga teitei

Seek the treasure that you value most dearly If you bow your head, let it be to a lofty mountain

This whakataukī is about perserverance and endurance, refusing to let obstacles get in the way to achieve your goals.

Te Reo Māori Glossary

Aotearoa: originally the name for the North Island; now used as the Te Reo Māori name for New Zealand.

Aroha: translated it means love; in our context it encompasses compassion, kindness, all five senses and intellect. It is the absence of ego. In Te Ao Māori, aroha encompasses the breath of life and the creative force of the spirit, and it assumes that the universe is abundant, and that there are more opportunities than people. It seeks and draws out the best in people, it rejects greed, aggression and ignorance and instead encourages actions that are generous.

Hapū: kinship group, subtribe – section of a large kinship group and the primary political unit in traditional Māori society. It consisted of a number of whānau sharing descent from a common ancestor, usually being named after the ancestor, but sometimes from an important event in the group's history. A number of related hapū usually shared adjacent territories forming a looser tribal federation (iwi).

Hui: gathering, meeting, assembly, seminar, conference.

Hui-ā-Tau: annual meeting.

Iwi: extended kinship group, tribe, nation, people, nationality, race – often refers to a large group of people descended from a common ancestor and associated with a distinct territory.

Kaumātua: an elder, a person of status within the whānau.

Mana: prestige, authority, control, power, influence, status, spiritual power, charisma.

Manaaki: to support, take care of, give hospitality to, protect, look out for – show respect, generosity and care for others.

Manakitanga: behaviour that acknowledges the mana of others as having equal or greater importance than one's own, through the expression of aroha, hospitality, generosity and mutual respect. In doing so, all parties are elevated and our status is enhanced, building unity through humility and the act of giving.

Marae: the open area in front of the wharenui (main meeting house), where formal greetings and discussions take place. Often also used to include the complex of buildings around the marae.

Mātauranga Māori: Māori knowledge, wisdom, understanding.

Mauri Ora: healthy individuals.

Mihi: to greet, pay tribute, acknowledge, thank.

Moemoeā: vison or purpose

Pae Ora: healthy futures for whānau.

Pōwhiri: the custom of welcoming and hosting manuhiri (visitors). Even when you are not on a marae (for example in an office space or other meeting venues) protocols guide how pōwhiri should be conducted

Tangata whenua: often translated as First People of Aotearoa New Zealand. Tangata whenua literally means people of the land – those who have authority in a particular place. This is based on a deep relationship with that place, through births and ancestors' births.

Taonga: treasure – applied to anything considered to be of value including socially or culturally valuable objects, resources, phenomenon, ideas and techniques.

Te Ao Māori: Māori world, Māori world view.

Te Reo Māori (te Reo): the Māori language.

Te Tiriti o Waitangi: The Treaty of Waitangi.

Tika and Pono: to be correct, true, loyal, upright, right, just, fair, accurate, appropriate, lawful, proper, valid.

Tikanga: correct procedure, custom, habit, lore, method, manner, rule, way, code, meaning, plan, practice, convention, protocol – the customary system of values and practices that have developed over time and are deeply embedded in the social context.

Wai Ora: healthy environments.

Whakaaro: thought, opinion, plan, understanding, idea, intention, gift, conscience.

Whakamana: to give authority, self-determination, empower and validate others, values, principals and vision.

Whānau: extended family, family group, a familiar term of address to a number of people. Increasingly used to include friends who may not have kinship ties.

Whānau Ora: healthy families.

Whānaungatanga: underpins the social organisation of whānau, hapū, and iwi, and includes rights and reciprocal obligations consistent with being part of a collective. It is the principle which binds individuals to the wider group and affirms the value of the collective. Whānaungatanga is inter-dependence with each other and recognition that the people are our wealth.





