Break the chain of infection

Stopping COVID-19

Causative agent

Susceptible host
e.g. the elderly and immunocompromised

Reservoir
e.g. community

Mode of transmission
e.g. including direct physical contact and contaminated surfaces

Entry portal
e.g. mucous membranes

Exit portal
e.g. aerosols from coughing and sneezing
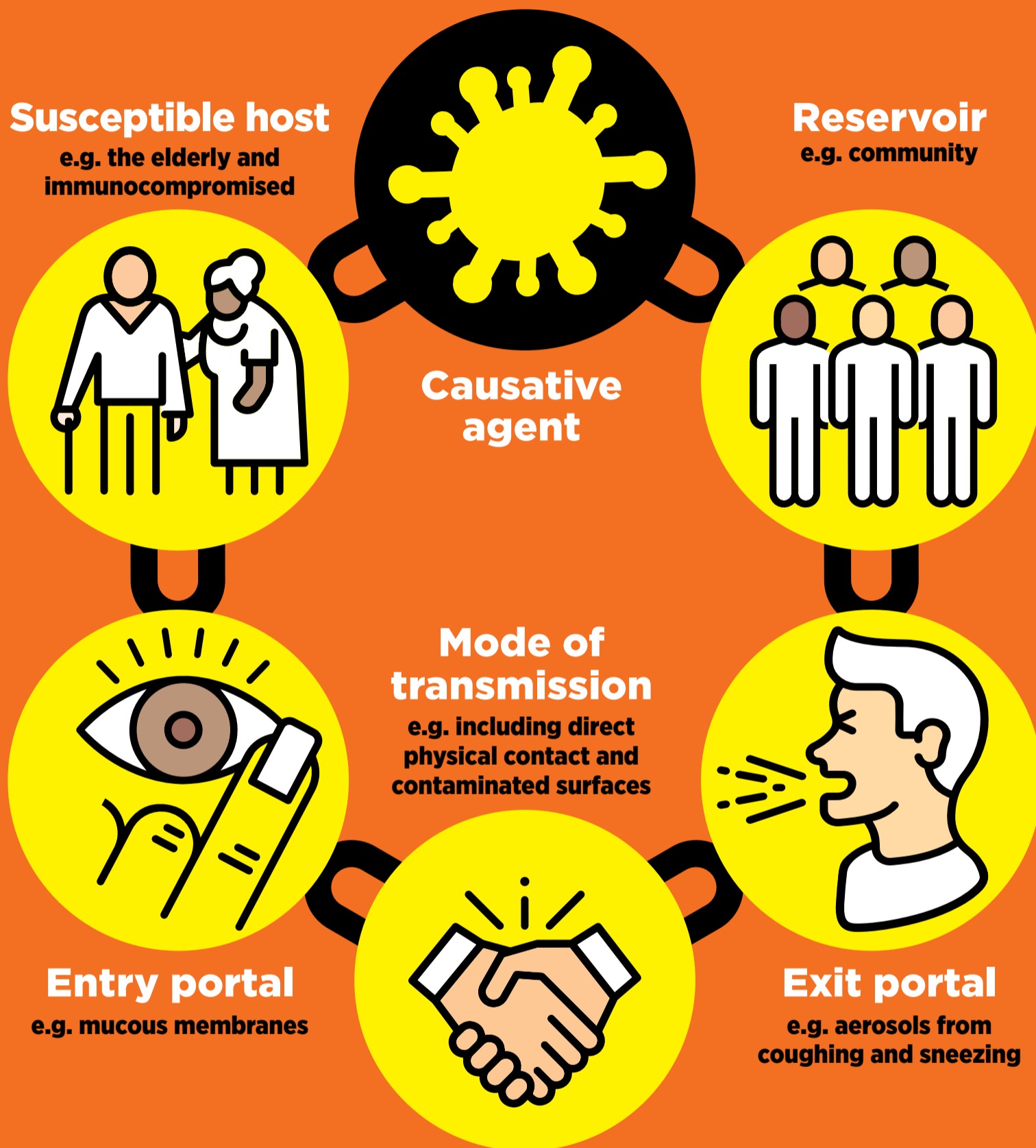
BREAK THE CHAIN BY:

WASHING your hands frequently
COVERING your coughs and sneezes with a tissue or your inner elbow
DISPOSING of used tissue in bin immediately
PRACTISING social distancing
USING personal protective equipment appropriately
CLEANING frequently touched surfaces

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AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE

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