

Start of Shift Briefing

1. Hello thanks for attending your shift.
2. Just double-checking nobody has a fever or URTI or gastroenteritis symptoms? Great to hear, let me know if you develop any?
3. **Hand hygiene** is our best protection against COVID-19 and many other infectious diseases and hospital acquired infections for your patients.

Remember

The 5 moments are hard to remember so just focus on **before and after** every clinical interaction with a patient or their surrounds.

Tell your patient “I am now using hand sanitiser to protect you from infections” on **every** patient encounter

Can everybody check they are naked below the elbow? Then double check all staff members have removed rings (plain wedding ring OK to leave on)

No clinical specimens should leave bedside without being bagged and hand hygiene being performed. Follow guideline for COVID specimens.

Clean your stethoscope, **phones** and any other equipment with microfiber cloth between every patient encounter and at start and end of your shift. No Lanyards at any time.

4. Social distancing is an important measure to reduce spread

No hand shakes with patients or relatives

Minimise non-essential relatives (maximum two people)

Cough, sneeze etiquette

Remind patients and their relatives of social distancing

5. Remember no food or drinks in clinical area

6. Please review the WHO (<https://ace.mn/WHO-PPE>) or your local procedure for the donning and doffing of PPE, watch the video and complete the self-assessment. You can't put PPE on unless you have done this. Remember the taking off of PPE is the highest risk time for the health care worker.

7. **All patients** you see this shift have a risk of being COVID-19 (or any other infectious disease) and hand hygiene is your most important defence. Every patient, every time, before and after.

8. If there is anyone who is concerned about their capacity to work today, or feels like they need a few minutes to chat about any concerns before we start the shift, stay behind and we can discuss.

