



Australasian College for Emergency Medicine

Regional Wellbeing Champion

Position Description

1. Introduction

The Australasian College for Emergency Medicine (ACEM: the College) strives to represent and support members in their professional life in a manner that enables longevity of emergency medicine professionals and sustainability of the wider emergency medicine workforce by:

- developing and supporting activities that contribute to the wellbeing of doctors and other health professionals delivering emergency medical care; and
- determining and implementing methods to encourage doctors to commit to take care of their own health and wellbeing, and to support their colleagues.

2. Purpose

The purpose of the Regional Wellbeing Champion role is to optimise communication between the College, and its members and trainees in relation to the ACEM wellbeing initiatives.

3. Appointment and Tenure

3.1 Appointment Process

Suitably experienced members and trainees who are of good standing with the College and in active clinical practice (i.e., working at least one clinical shift per week, on average) may apply for appointment as a Regional Wellbeing Champion. Applications should be made using the applicable form together with all the information specified on that form.

A maximum of three (3) Regional Wellbeing Champions may, at the discretion of the Inclusion Committee, be formally appointed to the role in each regional jurisdiction. (i.e. Australian states and territories, and New Zealand.)

The Chair of the Inclusion Committee or delegated authority will consider the applications received and, in liaison with the relevant Regional Faculty Board Chair, formally appoint eligible FACEMs to the role.

3.2 Duration of Appointment

The initial tenure of individuals appointed to the role of Regional Wellbeing Champion will end when the incumbent informs the College in writing, or on 30 November 2021, being the end of the trial period associated with the role.

4. Responsibilities and Authority

The role of a Regional Wellbeing Champion relates to operational matters and does not have a strategic role.

Regional Wellbeing Champion

Position Description

4.1 Role and Responsibilities

The aim of this role is to facilitate and enhance communication between the College, and its members and trainees, regarding ACEM wellbeing initiatives.

The role of a Regional Wellbeing Champion is to work with ACEM staff to:

- promote ACEM initiatives that support wellbeing at a local, regional or national level via ACEM events and Faculty meetings;
- ensure appropriate reporting to and liaison with the relevant Regional Faculty Board;
- provide input into any review or development of College initiatives that support the wellbeing of its members and/or trainees; and
- review external wellbeing resources for substantiation, merit and relevance to the needs of emergency medicine physicians.

The role is **not** intended to:

- provide advice to individual members or trainees regarding the impact of wellbeing on their training, continuing professional development requirements or other College obligations.
- address issues regarding workforce wellbeing at an individual workplace.
- act as a media liaison for the College.

Induction and support for the role will be provided by ACEM Membership and Culture Unit staff.

5. Appointment Criteria

5.1 Essential

- a thorough understanding of the aims and initiatives of the College to support the wellbeing of its members and trainees.
- a demonstrated interest in the wellbeing of the emergency medicine workforce in Australia and New Zealand.
- interest and/or experience in College processes.

5.2 Desirable

- Experience in the implementation or management of initiative(s) that aim to enhance emergency medicine staff physical and mental wellbeing.

6. Document Review

Timeframe for review: at the conclusion of the trial period.

6.1 Responsibilities

Document authorisation: ACEM Board

Document implementation: Membership and Culture Manager

Document maintenance: Membership and Culture Manager

6.2 Revision History

Version	Date of Version	Pages revised / Brief Explanation of Revision
v1	Nov-2020	Approved by Board
v2	Apr-2021	Revisions to appointment process approved by Board