

# Mental Health in the Emergency Department

**SUMMIT**



**Melbourne** 16 October 2018



**08:00 Registration Opens** Welcome Tea and Coffee

**08:30 Opening**  
Welcome to Country

**08:50 Welcome from College Presidents**

**Dr Simon Judkins**, Australasian College for Emergency Medicine (ACEM)

**Dr Kym Jenkins**, Royal Australian and New Zealand College of Psychiatrists (RANZCP)

**09:00 Perspectives**

Lived Experience Perspective

**Fiona Nguyen**, Lived Experience Consultant, Victorian Mental Illness Awareness Council, Victoria

Emergency Department Perspective

**Professor Daniel Fatovich**, Emergency Physician, Royal Perth Hospital, Western Australia

09:25	Panel One	Panellists	Key Questions for Panel and Discussion
	<p><b>Mental Health and the Emergency Department Experience: Using and Working in the System</b></p> <p>Facilitator: <b>Sophie Scott</b>, National Medical Reporter, ABC</p> <p>Panel One provides context and builds an understanding of how mental health crises are managed in the Emergency Department from a range of different perspectives including clinicians, consumers and carers.</p>	<p><b>Renai Searle</b>, Project Coordinator, My Medicines and Me, Consumers of Mental Health WA Inc. (CoMHW), Western Australia</p> <p><b>Dr Stephen Gourley</b>, Deputy Chair, National Rural Health Alliance and Director Emergency Medicine, Alice Springs Hospital, Northern Territory</p> <p><b>Professor Eimear Muir-Cochrane</b>, President, Australian College of Mental Health Nurses (ACMHN) and Flinders University</p> <p><b>Debra Sobott</b>, Systems Advocate and Parent, Mental Health Matters 2, Western Australia</p> <p><b>Professor David Castle</b>, Professor of Psychiatry, St Vincent's Health and The University Melbourne, Victoria</p>	<p>When patients come to the Emergency Department with an acute mental health crisis, what do they need from the Emergency Department and the health care system more broadly?</p> <p>What can be done to better meet these service needs, in a more timely way?</p> <p>What are the most significant gaps in the current service system?</p> <p>What else can be done to improve the experience and outcomes for people seeking mental health support through the Emergency Department?</p>

**10:35 Morning Tea**

11:00	Panel Two	Panellists	Key Questions for Panel and Discussion
	<p><b>Meeting Clinical Needs in an Acute Mental Crisis</b></p> <p>Facilitator: <b>Dr Sue Ieraci</b>, Specialist Emergency Physician (FACEM) and Health System Consultant, New South Wales</p> <p>Panel Two identifies what people experiencing mental health crises require from an Emergency Department and will examine models for meeting these needs more effectively.</p>	<p><b>Dr Cameron Burrows</b>, Director of Emergency Medicine, Joondalup Health Campus, Western Australia</p> <p><b>Associate Professor Tim Wand</b>, Mental Health Nurse Practitioner, The University of Sydney, New South Wales</p> <p><b>Associate Professor Paul Preisz</b>, Acting Director, Emergency Medicine, St Vincent's Hospital Sydney, New South Wales</p> <p><b>Associate Professor Simon Stafrace</b>, Clinical Program Director, Alfred Mental and Addiction Health, Alfred Health, Victoria</p> <p><b>Dr Shalini Arunogiri</b>, Addiction Psychiatrist, Turning Point Eastern Health and Monash University, Victoria</p> <p><b>Dr Clare Skinner</b>, Director of Emergency Medicine, Hornsby, Kuring-gai Hospital, New South Wales</p> <p><b>Emma Bohmer</b>, Consumer Consultant, St Vincent's Hospital Melbourne, Victoria</p>	<p>When patients come to the Emergency Department with an acute mental health crisis, what do they need from the Emergency Department and the health care system more broadly?</p> <p>What can be done to better meet these service needs, in a more timely way?</p> <p>What can be done to provide alternative pathways that minimise Emergency Department presentations for people experiencing a mental health crisis?</p> <p>What existing services or programs are improving patient outcomes and experience?</p>

<b>12:10</b>	<b>Lunch</b>		
<b>13:00</b>	<b>Panel Three</b>	<b>Panellist</b>	<b>Key Questions for Panel and Discussion</b>
	<p><i>Interview with Dr Murray Wright, Chief Psychiatrist, NSW Ministry of Health, New South Wales</i></p> <p><b>Meeting Wider Needs in a Mental Health Crisis</b></p> <p>Facilitator: <b>Dr Sue Ieraci</b>, Specialist Emergency Physician (FACEM) and Health System Consultant, New South Wales</p> <p>Panel Three looks at new models of care that better meet patients' needs before or out of Emergency Departments.</p>	<p><b>Anthony Stratford</b>, Principal Advocate Lived Experience, Mind Australia, Victoria</p> <p><b>Dr Amanda Stafford</b>, Clinical Lead Royal Perth Hospital Homeless Team and Emergency Department Consultant, Royal Perth Hospital, Western Australia</p> <p><b>Associate Professor Ed Heffernan</b>, Director, Queensland Forensic Mental Health Services, Queensland</p> <p><b>Fran Timmins</b>, Director of Nursing in Mental Health, St Vincent's Hospital Melbourne, Victoria</p> <p><b>Kim Mulholland</b>, Founder, IvolveGen, Northern Territory</p>	<p>What can be done to provide alternative pathways that minimise Emergency Department presentations for people experiencing a mental health crisis?</p> <p>What existing services or programs are improving patient outcomes and experience?</p> <p>What should we measure in order to effect change?</p>
<b>14:00</b>	<b>Panel Four</b>	<b>Panellists</b>	<b>Key Questions for Panel and Discussion</b>
	<p><b>System Reform: Where to Invest?</b></p> <p>Facilitator: <b>Sophie Scott</b>, National Medical Reporter, ABC</p> <p>Panel Four sets out to explore how broader system issues might impact the ways in which Emergency Departments function and to start to explore and prioritise ideas for change.</p> <p><b>Policy Soapbox</b></p> <p>Participants from the Summit are invited to give 1-2 minute presentations about their ideas for policy change.</p>	<p><b>Panel 4: System Reform</b></p> <p><b>Professor Tarun Bastiampillai</b>, Professor Psychiatry, College of Medicine and Public Health, Flinders University, South Australia</p> <p><b>Professor Stephen Duckett</b>, Director, Health Program Grattan Institute, Victoria</p> <p><b>Connie Digolis</b>, Chief Executive Officer, Mental Health Council of Tasmania, Tasmania</p> <p><b>Dr John Allan</b>, Executive Director, Mental Health Alcohol and Other Drugs Branch, Queensland Health, Queensland</p> <p><b>Associate Professor Andrew Singer</b>, Principal Medical Adviser, Australian Government Department of Health, Australian Capital Territory</p>	<p>What is the role of governments at the state and Commonwealth level in supporting the required changes?</p> <p>What should we measure in order to effect change?</p>
<b>15:10</b>	<b>Afternoon Tea</b>		
<b>15:30</b>	<b>Next Steps – Key Priorities and Ways Forward</b>		
	<p>Facilitator: <b>Sophie Scott</b>, National Medical Reporter, ABC and <b>Ben Harris</b>, Policy Associate, Victoria University with <b>Dr Simon Judkins</b>, President, ACEM</p>		
<b>16:40</b>	<b>Close</b>		



**Associate Professor  
John Allan**  
@clinexcelqld

**Executive Director, Mental Health Alcohol and Other Drugs Branch, Queensland Health, Queensland**

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John completed his medical training and PhD in Queensland and psychiatry training in Adelaide.

John is the Executive Director of the Mental Health Alcohol and Other Drugs Branch in Queensland Health. He was previously the Chief Psychiatrist in both Queensland and New South Wales. He spent 20 years working in North Queensland where he developed a wide range of new mental health services. He is highly experienced in government policy, mental health legislation and service development.

His clinical interests include the mental health and wellbeing of Aboriginal and Torres Strait Islander people and comprehensive care for those with serious mental illness. His current research and policy interests focus on mental health reform, reducing restrictive practices, human rights, recovery oriented practice, and smoking reduction strategies.

John is the President-Elect of the Royal Australian and New Zealand College of Psychiatrists (RANZCP).



**Dr Shalini Arunogiri**  
@SARunogiri

**Addiction Psychiatrist, Turning Point Eastern Health and Monash University, Victoria**

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Shalini Arunogiri is a clinician researcher and Chair of the Binational Faculty of Addiction Psychiatry at the RANZCP. She works clinically as an addiction psychiatrist and is Clinical Lead at Turning Point State-wide Specialist Clinical Services (Eastern Health, Melbourne), a leading national alcohol and other drug treatment centre. Shalini is a Senior Lecturer at Monash University and teaches on the Masters of Addictive Behaviours course. Shalini is passionate about delivering better care for people with co-occurring substance use and mental health problems. Currently, she is completing a PhD on methamphetamine psychosis, work that has provided insight into the acute health burden of methamphetamine-related psychotic presentations and gaps in the treatment system for this – and other – dual diagnosis problems. Shalini writes for the Conversation and is active on social media (@SARunogiri).



**Dr Cameron Burrows**

**Director of Emergency Medicine, Joondalup Health Campus, Western Australia**

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Qualifying from Aberdeen Medical School in 1992, Cameron has travelled with medicine throughout the UK and Australia. Since taking on the positions of Deputy Director (2009) and Director of Emergency Medicine (2013), he has held a lead Psychiatry/ Emergency liaison role at Joondalup Health Campus. This role has required both local practise and system review and led to Cameron's involvement in the development of the Mental Health Observation Area (MHOA). MHOAs are run as dual Emergency Medicine/ Psychiatry governed units for the assessment and short stay management of the patients presenting to the emergency department with mental illness and behavioural disturbance.

**Ms Emma Bohmer**

**Consumer Consultant, St Vincent's Hospital Melbourne, Victoria**

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Emma has been active in the mental health recovery space for over 10 years, and using her own painful past to help others. Altogether, Emma has spent nine months seeking help in mental health inpatient settings. From these experiences, she has deep understanding of the isolation, psychic pain, despair and internalised shame that comes with struggling to find a pathway to recovery from mental illness. Emma strongly believes in the power of hope and human rights and is passionate about genuine recovery.

Emma is involved in systems advocacy and promoting the consumer perspective in mental health service delivery. Currently, Emma is Consumer Consultant at St Vincent's Hospital Melbourne, with extensive involvement in lived experience advisory groups and committees. She is also a Project Lead for St Vincent's LGBTIQ+ inclusivity in mental health and member of the Victorian Mental Health Interprofessional Leadership Network. Emma is a sought after as a public speaker.



**Professor Tarun Bastiampillai**

@Flinders

**Professor Psychiatry, College of Medicine and Public Health, Flinders University, South Australia**

Tarun Bastiampillai is an academic psychiatrist at Flinders University. Between 2015 and 2018, he served as the South Australian Department of Health's Executive Director for Mental Health Strategy. Tarun's academic interests include mental health services and emergency psychiatry research, and he has written extensively on psychiatric bed supply and demand.



**Professor David Castle**

@StVincentMelb

**Professor of Psychiatry, St Vincent's Health and The University Melbourne, Victoria**

David Castle is Chair of Psychiatry at St Vincent's Health and Professor of Psychiatry at The University of Melbourne. He has wide ranging clinical and research interests, encompassing schizophrenia and related disorders, bipolar disorder, cannabis abuse, OCD spectrum disorders and disorders of body image. David has a particular interest in how mental health services can best meet the needs of patients and families, and is deeply concerned about rising levels of substance abuse (notably ice) and how this fuels aggressive acts within emergency departments and mental health inpatient settings.



**Ms Connie Digolis**

@MHCTas

**Chief Executive Officer, Mental Health Council of Tasmania, Tasmania**

Connie Digolis is the Chief Executive Officer of the Mental Health Council of Tasmania (MHCT). Prior to this, Connie was Executive Officer for the National Stroke Foundation in Tasmania. Connie brings to her role a wealth of experience in community sector management, advocacy, health promotion and policy.

The MHCT is a member based peak body, representing and promoting the interests of community managed mental health services. The MHCT has a strong commitment to enabling better service access and outcomes for individuals, families and carers and communities.

Connie hopes to see a Tasmania that is forward thinking and innovative in the mental health sector. She looks forward to a time when Tasmania's mental health system can be referred to as an excellent example of person-centred, integrated care that provides the best mental health outcomes for all Tasmanians.



**Dr Stephen Duckett**

@stephenjduckett

**Director, Health Program, Grattan Institute, Victoria**

Stephen Duckett is Director of the Health Program at Grattan Institute. He has a reputation for creative, evidence-based innovation and reform, in areas ranging from the introduction of activity based funding for hospitals, to new systems of accountability for the safety of hospital care. An economist, he is a Fellow of both the Academy of the Social Sciences in Australia (FASSA) and the Australian Academy of Health and Medical Sciences (FAAHMS).





**Professor Daniel Fatovich**  
@CCREM2

**Emergency Physician, Royal Perth Hospital, Western Australia**

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Daniel Fatovich is a senior emergency physician at Royal Perth Hospital Emergency Department, and Professor of Emergency Medicine, The University of Western Australia. He is also Head of the Centre for Clinical Research in Emergency Medicine, one of several research centres within the Harry Perkins Institute of Medical Research. He was recently appointed as Director of Research for Royal Perth Hospital.



**Dr Stephen Gourley**  
@NRHAlliance

**Deputy Chair, National Rural Health Alliance and Director Emergency Medicine, Alice Springs Hospital, Northern Territory**

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Stephen is the Director of Emergency Medicine at Alice Springs Hospital and has a strong professional interest in health advocacy for disadvantaged and vulnerable groups in our community. This includes Indigenous health, the health of people living in rural and remote communities, drug and alcohol abuse, mental health and the underlying social determinants of health that form a large part of the challenges facing health care. Currently, Stephen is Chair of the Northern Territory Clinical Senate, Vice President of the Australian Medical Association Northern Territory and Deputy Chair of the National Rural Health Alliance. He uses these platforms to advocate for better health care outcomes for these communities. He is also a member of the Australasian College for Emergency Medicine's Council of Advocacy, Practice and Partnerships and is looking forward to this Summit providing a framework for producing real outcomes in improving the access and quality of care for all mental health patients, regardless of where they live.



**Mr Ben Harris**  
@AHPC\_VU

**Manager, National Policy and Strategy, Australian Health Policy Collaboration, Victoria University, Victoria**

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Ben Harris is Manager, National Policy and Strategy at the Australian Health Policy Collaboration. He has worked in health and social policy roles for state and Federal Governments, professional associations and a consumer organisation. Ben has extensive policy experience in workforce, health financing, population health, community services and disability reform. He is a strong strategic thinker and has sound understanding of government processes. Ben's most recent publication is Australia's Mental and Physical Health Tracker (August 2018).



**Dr Ed Heffernan**

**Director, Queensland Forensic Mental Health Services, Queensland**

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Ed Heffernan is the Director of Queensland Forensic Mental Health Services and Associate Professor in the School of Medicine at The University of Queensland. Ed has worked as a psychiatrist in the forensic mental health field for over two decades. He has led the development of mental health services to people in prisons, courts, watch houses and is now leading the mental health and police programs delivered by Queensland Health. He has significant experience in helping managing mental health crisis situations involving first responders and emergency and mental health services. Ed is currently leading a large research program looking at responses and outcomes to suicidal crisis situations.



**Dr Sue Ieraci**

@SueIeraci

**Specialist Emergency Physician and Health System Consultant, New South Wales**

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Sue Ieraci is an Australian trained Emergency Physician who worked in Canada early in her consultant career and learned that traditional work practices are not necessarily the most efficient. Since then, during a career spanning clinical work, management, medical regulation and College activities, Sue's emphasis has been on reviewing work practices to make them as efficient and patient focused as possible, while avoiding tasks that do not add value to patient care.

Several years ago, following a literature review and a local study, Sue developed a targeted system for medical assessment of mental health patients using history and physiological observations. This has been successfully used for some time at Bankstown Hospital Emergency Department and adapted for use elsewhere.



**Kym Jenkins**

@KymJenkins36

@RANZCP

**Royal Australian and New Zealand College of Psychiatrists President and Consultant Psychiatrist, Victoria**

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Kym Jenkins is the current President of the Royal Australian and New Zealand College of Psychiatrists (RANZCP). Kym has broad professional experience in medicine and psychiatry, encompassing clinical leadership, medical education, administrative and governance roles. Kym commenced her medical career initially in general practice before training in psychiatry, where she has worked in public psychiatry in adult acute and community settings, and consultation-liaison roles as well as in private practice. For nine years, Kym was the Medical Director of the Victorian Doctors' Health Program.



**Simon Judkins**

@acemonline

@JudkinsSimon

**President of the Australasian College for Emergency Medicine and Deputy Director Emergency Medicine, Austin Health, Victoria**

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Simon Judkins is President of the Australasian College for Emergency Medicine (ACEM), and Deputy Director of Emergency Medicine at Austin Health, where he has worked for 20 years. He is Chair of Choosing Wisely Australia's Choosing Wisely Committee and has great passion for health resource stewardship and sustainability.

Simon also works at Albury Health in New South Wales to better understand challenges in providing regional health care, and is a Board Member at Castlemaine Health in Victoria.

Simon is a great believer in Australia's public health system and the work ethos of specialist emergency physicians. He strongly advocates for equity and access to health care for all and addressing issues of diversity, gender equity, bullying and discrimination in his role as ACEM President. Simon's passion for equity and access has been pivotal in leading ACEM's advocacy to improve experiences for patients presenting to emergency departments seeking help for mental illness.



**Mr Kim Mulholland**

@IvolveGen

**Founder, IvolveGen, Northern Territory**

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An Aboriginal descendant of the Larrakia Nation and Yanyuwa Clan group of the Northern Territory, Kim Mulholland has lived a contrast between traditional Yanyuwa and contemporary Larrakia, granting him a unique insight and depth of understanding of the rich tapestry that is our modern Aboriginal Australia. Kim has a wealth of experience in community development and Aboriginal social and emotional wellbeing. He works from a unique integrative perspective, with deep respect drawing on lessons from his traditional cultural knowledge, and forging with principles in western paradigms of health.



**Professor Eimear Muir-Cochrane**

@muirce

**President of Australian College of Mental Health Nurses and Professor at Flinders University**

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Eimear Muir-Cochrane is Chair of Nursing (Mental Health) at Flinders University and President of the Australian College of Mental Health Nurses. Eimear has been researching and working in mental health education for over 30 years and is passionate about making a difference for people with mental health problems in care. Her research areas include the physical, mechanical and chemical restraint of psychiatric patients, the patient experience of care and ways of providing least restrictive care for people when they are acutely disturbed.



**Ms Fiona Nguyen**

**Lived Experience Consultant, Victorian Mental Illness Awareness Council, Victoria**

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Fiona Nguyen has been working for over five years in community mental health peer support. During this time, she has shared her personal lived experience recovery journey with over 15,000 people, including students, peers and others through various organisations. Fiona shares issues from her firsthand experiences of homelessness, domestic violence and mental illness. She also shares her experiences of using the public mental health system, presenting to emergency departments for psychiatric assessment, and being admitted into multiple mental health wards across Victoria.

Currently, Fiona is a consumer consultant with the University of Melbourne's Centre for Mental Health, lived experience representative with the Victoria Mental Illness Awareness Council and third party consultant with the Australasian College for Emergency Medicine, among other organisations. She also works one-on-one with consumers of mental health services, facilitates peer support groups and is a guest speaker with The Big Issue. In all of her roles, Fiona promotes hope and recovery, and strongly advocates for change in the current mental health system.



**Associate Professor Paul Preisz**

**Acting Director Emergency Medicine, St Vincent's Hospital Sydney, New South Wales**

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Paul Preisz is currently the Acting Director of St Vincent's Hospital Emergency Department, Sydney, Senior Lecturer in Emergency Medicine at the University of NSW, and Associate Professor and Discipline Leader in Emergency Medicine at the University of Notre Dame. Paul has a long term commitment to improving emergency care for patients with issues related to mental health, drugs and alcohol, homelessness and social disadvantage. In 2004 he developed the plans for the St Vincent's Psychiatric Emergency Care Centre and was Co-director of the unit when it first opened.

In 2011, Paul began developing the concept of the Psychiatric Alcohol and Non-prescription Drugs Assessment (PANDA) unit. Physical construction has now started with a complete rebuild of St Vincent's Hospital Emergency Department, including a new embedded facility for admission and management of behaviourally disturbed patients with medical issues, drug and alcohol issues and mental health problems, including involuntary patients.



**Ms Sophie Scott**

@sophiescott2

**National Medical Reporter, ABC**

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Award winning journalist, broadcaster and author Sophie Scott educates and inspires to enhance peoples' health and happiness. Having written two books and receiving numerous awards, Sophie is a highly respected health presenter. She's the ABC's National Medical Reporter, with stories appearing on ABC news, 7:30, and ABC radio and online.

Sophie has hosted and spoken at numerous events including the Research Australia Awards, Mayo Clinic Social Media Conference, RACP Conference and mental health and patient-centred events. She has authored two books, *Live a Longer life* and *Roadtesting Happiness*. Sophie's investigations have led to improvements in cosmetic surgery, genetic testing, and eating disorders.

Sophie is an Ambassador for Bowel Cancer and Pain Australia and an Australian Mental Health Prize Advisory Board member. Her most important job is being mother and step mum to four boys. Thousands regularly respond to her blog on health and happiness at [www.sophiescott.com.au](http://www.sophiescott.com.au). Follow Sophie on Twitter and Instagram @sophiescott2.





**Ms Renai Searle**

@CoMHWA\_

**Project Coordinator,  
My Medicines and Me,  
Consumers of Mental  
Health WA, Western  
Australia**

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Renai Searle is a passionate and engaging lived experience speaker from Perth, Western Australia. With humour, frankness and honesty she shares her experiences seeking crisis support in emergency departments. Renai's varied challenges include attempts to take her life, self-harming behaviours, Bipolar I and Obsessive Compulsive Disorder. Through her varied experiences, she explores the importance of community, connection and communication when in distress.

Renai is now living well and currently assisting people with lived experience to grow their communication and self-advocacy with their health professionals as the "My Medicines and Me" Project Coordinator at Consumers of Mental Health WA.



**Dr Andrew Singer, AM**

**Principal Medical Adviser,  
Australian Government  
Department of Health,  
Australian Capital Territory**

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Andrew Singer AM is a former President of the Australasian College for Emergency Medicine. He works clinically as a Senior Specialist in Emergency and Retrieval Medicine at the Canberra Health Service. Andrew is also Principal Medical Adviser in the Commonwealth Department of Health and Adjunct Associate Professor in the Australian National University Medical School.



**Dr Clare Skinner**

@claski H21

**Director of Emergency  
Medicine, Hornsby Ku-ring-  
gai Hospital, New South  
Wales**

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Clare Skinner is Director of Emergency Medicine at Hornsby Kuring-Gai Hospital in Sydney, New South Wales. Clare is a proud graduate of the local public school system and completed degrees in arts and science at the Australian National University before embarking on a medical degree at the University of Sydney.

Clare was a Junior Medical Officer at the Canberra Hospital before moving back to Sydney to undertake training in Emergency Medicine at Royal North Shore Hospital. Clare also completed a Masters of Public Health. Since attaining Fellowship in 2011, she has worked clinically across Northern Sydney and as Curriculum Advisor for the Sydney Medical School.

Clare is interested in improving workplace culture in Emergency Departments and hopes to achieve this by advocating for increased senior medical staffing, building positive relationships in and beyond the emergency department, providing excellent clinically orientated education, and through mentorship of trainees and Junior Medical Officers.



**Ms Debra Sobott**

**Systems Advocate and  
Parent, Mental Health  
Matters 2, Western Australia**

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Debra Sobott is the parent of a 43 year old son with a chronic mental health condition, who has been subjected to multiple emergency department admissions. She has been a systems advocate for 12 years, advocating at the chronic end of mental health, co-occurring alcohol and other drug use and criminal justice.

Debra was the Western Australian Carer Representative for the National Mental Health Consumer and Carer Forum for seven years. She has been a Steering Group member of the Mental Health Matters 2 Community Advocacy Group for seven years. Debra has also been the winner of the National Mental Health Commission's Good Outcomes Award. For six years, Debra has been a Member of the North Metropolitan Area Health (Mental Health) Seclusion and Restraint Working Group and is Chair of the Psychiatric Drug Action Group.



**Associate Professor  
Simon Stafrace**  
@SimonStafrace

**Clinical Program Director,  
Alfred Mental and Addiction  
Health, Alfred Health,  
Victoria**

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Simon Stafrace is a psychiatrist and the (Clinical) Program Director of Mental and Addiction Health at the Alfred Hospital in Melbourne's inner metropolitan south. Simon is also Clinical Adjunct Associate Professor at Monash University and board member of both Mental Health Victoria and Tandem Victoria, the respective peak bodies for mental health services and mental health carers in the state. In his role at Alfred Health, Simon leads a team that has been active in developing innovative approaches to mental health care in the emergency department. This has included the development of an integrated approach to the delivery of mental health and addiction services in the emergency department and general hospital. In 2018, the initiative was nominated for the Minister of Mental Health's Award for Excellence in supporting the mental health and well-being of Victorians.



**Dr Amanda Stafford**  
**Clinical Lead Royal Perth  
Hospital Homeless Team  
and Emergency Department  
Consultant, Royal Perth  
Hospital, Western Australia**

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Amanda Stafford is a Fellow of the Australasian College for Emergency Medicine working at Royal Perth Hospital (RPH). Her interest in emergency department mental health comes from her work with emergency department frequent presenters and homeless patients, as the half time Clinical Lead of the RPH Homeless Team. Within this marginalised group of patients, severe mental health issues are almost universal and trap people on the streets long term. Amanda is a strong advocate for changes to mental health service delivery, using current deficiencies for our homeless populations to drive mental health services to improve access and quality of care for the benefit of all patients.



**Mr Anthony C Stratford**  
@mindaustralia  
**Principal Advocate Lived  
Experience, Mind Australia  
Limited, Victoria**

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Anthony Stratford is the Principal Advocate Lived Experience and member of the Executive at Mind Australia. A Visiting Scholar at Yale University School of Medicine, Anthony is also Honorary Fellow in the Department of Psychiatry and Honorary Fellow in the Centre for Global and Cultural Mental Health at The University of Melbourne. Anthony is also an Expert Adviser to the World Health Organisation and Board Director of the USA based International Association of Peer Supporters.

In 2016, Anthony was appointed for three years as the inaugural Chair of the Advisory Council for the Mental Health Complaints Commissioner and in 2018, he was appointed as a member of the Mental Health Tribunal.

Anthony's work is strongly informed by his personal experience of mental ill-health and recovery.



**Ms Fran Timmins**  
@StVincentMelb

**Director of Nursing in  
Mental Health, St Vincent's  
Hospital Melbourne,  
Victoria**

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A mental health nurse for 40 years, Fran Timmins has experienced a broad range of initiatives and innovations in her career in NSW, Victoria and the UK with many years spent working in crisis response teams, both in the community and in emergency departments. Currently the Director of Nursing for Mental Health at St Vincent's Hospital Melbourne, Fran works with the team to keep the consumer at the centre of care and to improve access to services for those seeking assistance.

The need for innovation by those planning services led to the creation of the Safe Haven Café and embedding a Lived Experience Peer Worker in St Vincent's Hospital Melbourne.



**Associate Professor**

**Tim Wand**

@timwand

**Mental Health Nurse Practitioner, Royal Prince Alfred Hospital, New South Wales**

Tim Wand is an Associate Professor with the University of Sydney and nurse practitioner in mental health liaison, in the emergency department at Royal Prince Alfred Hospital (RPAH). Tim has worked in emergency mental health for 18 years and undertaken considerable research in this area. In collaboration with the RPAH Emergency Department team, Tim developed and evaluated a model of specialist mental health nursing care integrated within the emergency department team structure. He is the chief investigator for a multi-site study sponsored by the NSW Ministry of Health testing this model of care in divergent emergency department settings.



**Dr Murray Wright**

@NSWHealth

**Chief Psychiatrist, NSW Ministry of Health, New South Wales**

Murray Wright graduated from the University of Sydney Medical Faculty, completed his post graduate training in Psychiatry in South Eastern Sydney, and has worked in a range of metropolitan, rural and regional centres as a clinician. Over the last 15 years, Murray has held a range of leadership roles, including NSW Chief Psychiatrist since October 2014.

Murray’s clinical interests include consultation-liaison psychiatry, emergency psychiatry, psychiatric and substance misuse comorbidity, and psychiatric impairment among health professionals and police officers. In addition to his public sector roles, Murray has maintained a private practice since 1990.

Murray’s role as NSW Chief Psychiatrist includes oversight of quality and safety for mental health services, investigation and review of critical incidents associated with mental health services, and contribution to improvements in patient safety.

**Website**

The Mental Health in the Emergency Department Summit section of the ACEM website contains a wealth of resources and information, including extended interviews with panelists, resources, models of care and ACEM’s research into mental health access [block.acem.org.au/mental-health-summit](http://block.acem.org.au/mental-health-summit)

Program

Media Coverage and Advocacy

Information Reports on the Access Block

Who is attending the Summit

Resources:

- Alcohol and other drug related
- Beds
- Epidemiology
- Interventions and models of care
- Nursing
- Peer workforce
- Restrictive interventions
- Reports, guides and plans

**Wifi Password**

MHED2018

**App instructions**

**Summit App**

The audience is invited to answer and submit questions via the Summit App.

**How to join your event**

1. Open a browser on any laptop, tablet or smartphone
2. Go to slido.com
3. Enter the event code #MHED18



[acem.org.au](http://acem.org.au)

#mhed18  
@acemonline

For further information about this event contact:

**Shelley Cogger**

Policy Officer

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