

# Central Venous Access with Accelerated Seldinger Technique versus Modified Seldinger Technique



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# Disclosures



- Expired POWERWAND™ combination device kits were donated by Access Scientific for the express purpose to be used in this study; however, no other contributions were made. We approached Access Scientific to obtain the devices to conduct this study.
- No financial relationship with Access Scientific.



- Background
- Techniques
- Research and Outcomes
- Questions

# Background

- Air Force



- SAMMC

- San Antonio, TX
- Level 1 Trauma Center
- 85,000+ patients annually





# Central Access



- **Common Procedure**
  - Approximately 8% of hospitalized patients
- **Multiple indications**
  - Large volume fluid or blood product resuscitation
  - Administration of central acting medications
  - Multiple medications simultaneously
  - Trans venous pacing
  - Difficult peripheral access
- **Quick Story**

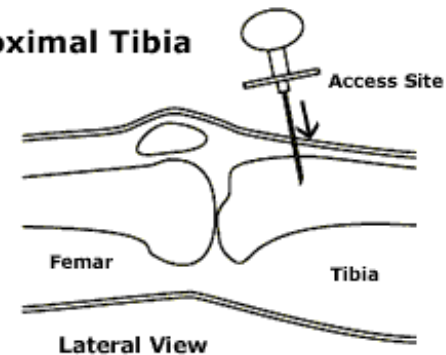


# What if there was a simpler/quicker way?

- Intra-osseous?

- Complications
- Slower Flow Rate
- Labs

Proximal Tibia



- Traditional Central Line

- Multiple steps/parts



# Midlines



- Usually used for extended dwelling lines.
- Self contained, all in one device.
- Equivalent and sometimes superior flow rate.





# Question



- Will the use of combination devices (midline/POWERWAND™) and the associated accelerated technique reduce the time of CVC placement?



VS

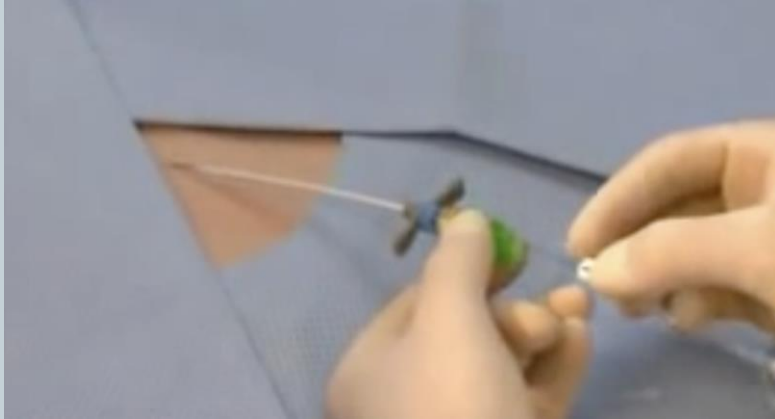


# What is Accelerated Seldinger Technique?



- Needle, guidewire, dilator, and sheath into one.
- The device needle is inserted into the target vein under ultrasound guidance and a flash is observed
- The internal guidewire is then advanced into the vein and snapped into the needle hub.
- Dilator collar is turned and the dilator and sheath are advanced
- The dilator hub is disengaged from the needle hub, and the guidewire, dilator, and needle are all removed as a single unit.

# Accelerated Seldinger Technique



# Modified Seldinger Technique



- Cannulating the vein (needle or angiocatheter) under ultrasound guidance.
- The guidewire is then inserted into the vein through the access needle or angiocatheter
- Removal of the needle or angiocatheter while controlling the guidewire.
- A small stab incision in the skin adjacent to the guidewire allows advancement of the dilator over the guidewire into the vein.
- The catheter is then threaded over the guidewire, and the guidewire is removed

# Research



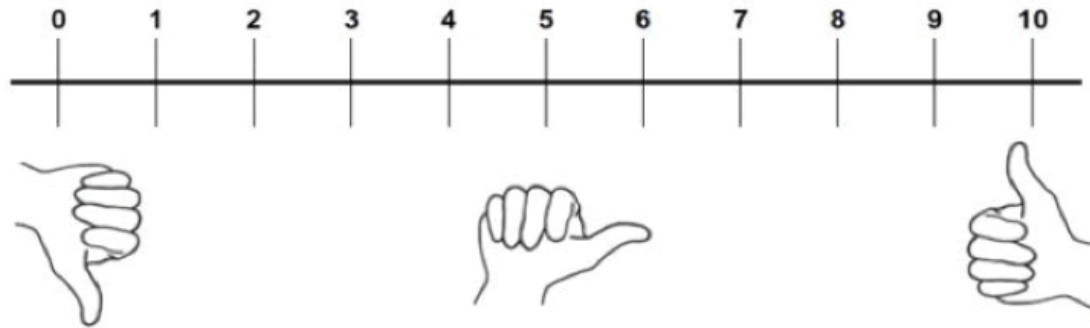
- We completed a two-arm randomized crossover study comparing the AST to the MST in a simulation setting.
- Subjects were randomized to perform either the MST (control arm) first followed by the AST (intervention arm), or vice versa.
- The subjects were observed for errors, timed, and completed a survey at the end.



# Survey



- Use of Visual Analog Scale
  - Satisfaction
  - Ease of Use





# Subject Population



| Breakdown of Subjects |    |        |      |                     |    |                                   |    |
|-----------------------|----|--------|------|---------------------|----|-----------------------------------|----|
| Sex                   |    | Age    |      | Level of Training   |    | Number of Performed Central Lines |    |
| Male                  | 25 | Median | 29   | Resident, PGY-1     | 13 | 0-10 Performed                    | 19 |
| Female                | 10 | Mean   | 30.7 | Resident, PGY-2     | 5  | 10-20 Performed                   | 4  |
|                       |    |        |      | Resident, PGY-3     | 9  | 20-30 Performed                   | 7  |
|                       |    |        |      | Physician Assistant | 6  | 30+ Performed                     | 5  |
|                       |    |        |      | Medical Student     | 1  |                                   |    |
|                       |    |        |      | Staff/Attending     | 1  |                                   |    |

# Errors



| Distribution of Errors  |                 |   |                 |
|---|-----------------|---|-----------------|
| MST   | Number of Error | AST   | Number of Error |
| Sterile Technique, Sterilized Site per Protocol                       | 0               | Sterile Technique, Sterilized Site per Protocol                       | 0               |
| Lidocaine Anesthetic Administered                                     | 4               | Lidocaine Anesthetic Administered                                     | 2               |
| U/S Guided Technique  | 4               | U/S Guided Technique  | 2               |
| Seldinger Technique (Needle advance until flash, wire through needle) | 1               | Seldinger Technique (Needle advance until flash, wire through needle) | 1               |
| Dilator over wire   |                 | Advance Sheath/dilator over wire                                      | 3               |
| Catheter over wire  | 2               | Remove dilator/needle/wire in one device                              | 3               |
| Remove wire   |                 | Catheter Placement  | 1               |
| Flush/Draw all ports  | 2               | Flush/Draw all ports  | 1               |
| Correct Vessel  | 4               | Correct Vessel  | 3               |
| TOTAL ERRORS  | 17              | TOTAL ERRORS  | 16              |

# Results



|   | Median |     | IQR |     | p-value |
|---|--------|-----|-----|-----|---------|
|   | AST    | MST | AST | MST |         |
| Time to Completion  | 69     | 119 | 56  | 73  | <.0001  |
| Ease of Use (Visual Analog Scale)   | 74     | 75  | 13  | 28  | 0.0456* |
| Satisfaction (Visual Analog Scale)  | 79     | 73  | 19  | 19  | 0.2603  |
| MST = Modified Seldinger Technique, AST = Accelerated Seldinger Technique |        |     |     |     |         |

# Results



- The AST was completed in significantly less time versus the MST.
- This reduction in time was seen regardless of experience level of the subjects.
- These devices and the AST were significantly easier to use, without increasing errors when compared to the MST

# Another tool...



- Time to and ease of access are crucial advantages of combination devices
  - In certain settings they may have limited utility.
- In the military setting offers a portable, quicker central access tool

# Questions?

