

• WELLNESS KIT •

SET UP YOUR ED WELLNESS PROGRAM

• THE IDEAS •

SET UP A MINDFULNESS PROGRAM



CONDUCT AN ED WELLNESS NEEDS ANALYSIS

SET UP AN ED WELLNESS GROUP



OPTIMISE ED TEAM CONNECTIONS



[HTTPS://BIT.LY/36PVT0H](https://bit.ly/36pvt0h)

ASSESS ED STAFF WELLBEING



ENSURE FOOD ACCESS 24/7

ENGAGE WITH ANIMAL THERAPY



ENGAGE WITH EMPLOYEE ASSISTANCE PROGRAM