



Australasian College
for Emergency Medicine

8-14 May
Wellness
Week REFLECT
RESTORE
RECOVER

#ACEMWellnessWeek

Take part in ACEM's Wellness Week 2022.

Planned activities will allow staff to reflect on what has been, and still is for many, a profoundly challenging time as we begin the journey to restore and recover.

Get involved

Download the ACEM Wellness Week Toolkit, where you can access social media images, posters, calendars and more. Download the resources for your department here:
acem.org.au/WellnessWeek2022

Don't forget to share your stories and thoughts in the lead up to and throughout the week across social media using the social media images/posters and #ACEMWellnessWeek.

Find out more at
acem.org.au/WellnessWeek2022

